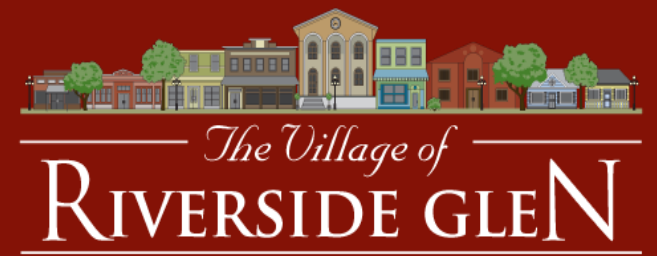




# NOVEMBER 2024

## Nichol Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Neighbourhood Coordinator:</b> Angela G</p> <p><b>Recreation:</b> Jaspreet &amp; Stephanie</p>					<p><b>1</b></p> <p>8:30 Breakfast 10:30 Hymn Sing 12:00 Lunch 2:00 Woodworking in Plant Room 2:00 Halloween Take Down 5:00 Dinner</p>	<p><b>2</b></p> <p>8:30 Breakfast 10:00 Diwali Story 11:00 Stepping Out 12:00 Lunch 2:00 Diwali Festival of Lights 5:00 Dinner</p>
<p><b>3</b></p> <p>8:30 Breakfast 11:00 Church (Erin) 12:00 Lunch 2:00 For the Fun of Fit 3:00 Soothing Sensations 5:00 Dinner</p>	<p><b>4</b></p> <p>8:30 Breakfast 10:00 Art with Sonal 11:00 Catholic Communion 12:00 Lunch 2:00 Plant Club 3:00 Tea Social 5:00 Dinner</p>	<p><b>5</b></p> <p>8:30 Breakfast 10:00 Friendly Visits 11:00 Move and Groove 12:00 Lunch 2:00 Express Yourself 5:00 Dinner</p>	<p><b>6</b></p> <p>8:30 Breakfast 10:30 Songbirds Choir (RH) 11:00 Move and Groove 12:00 Lunch 2:30 Baking 5:00 Dinner 6:30 Balloon Volleyball</p>	<p><b>7</b></p> <p>8:30 Breakfast 10:00 Neighbourhood Time 11:00 Balloon Volleyball 12:00 Lunch 1:00 Music with Danielle 1:1 2:00 For the Fun Of Fit 5:00 Dinner</p>	<p><b>8</b></p> <p>8:30 Breakfast 10:00 Neighbourhood Time 10:30 Catholic Mass 12:00 Lunch 2:00 Baking 3:00 Short Stories 5:00 Dinner</p>	<p><b>9</b></p> <p>8:30 Breakfast 10:00 Manicures 11:00 For the Fun of Fit 12:00 Lunch 2:00 Reading Club 2:00 Christmas Crafts 5:00 Dinner</p>
<p><b>10</b></p> <p>8:30 Breakfast 11:00 Church (Erin) 12:00 Lunch 2:00 Cooking Club (Plant Room) 5:00 Dinner</p>	<p><b>11 Remembrance Day</b></p> <p>8:30 Breakfast 10:00 Art with Sonal 10:45 Remembrance Day Service RH 12:00 Lunch 2:00 Plant Club 5:00 Dinner</p>	<p><b>12</b></p> <p>8:30 Breakfast 11:00 Christmas Decorating 11:00 Move and Groove 12:00 Lunch 1:30 Bunny Show (Café) 2:30 Resident Council 5:00 Dinner</p>	<p><b>13</b></p> <p>8:30 Breakfast 10:30 Songbirds Choir (LTC) 11:00 Move and Groove 12:00 Lunch 2:00 Christmas Decorating 5:00 Dinner 6:30 You &amp; Me</p>	<p><b>14</b></p> <p>8:30 Breakfast 10:00 Neighbourhood Time 11:00 Market Crafts 12:00 Lunch 1:00 Music with Danielle 2:00 Christmas Decorating 5:00 Dinner</p>	<p><b>15</b></p> <p>8:30 Breakfast 10:30 Hymn Sing 12:00 Lunch 2:00 Afternoon Movie 5:00 Dinner</p>	<p><b>16 Christmas Market 10-3</b></p> <p>8:30 Breakfast 12:00 Lunch 5:00 Dinner</p>
<p><b>17</b></p> <p>8:30 Breakfast 11:00 Church (Erin) 12:00 Lunch 2:00 Express Yourself 3:00 Stepping Out 5:00 Dinner</p>	<p><b>18</b></p> <p>8:30 Breakfast 10:00 Art with Sonal 11:00 Catholic Communion 12:00 Lunch 2:00 Plant Club 2:30 Food Committee 5:00 Dinner</p>	<p><b>19</b></p> <p>8:30 Breakfast 10:00 Neighbourhood Time 11:00 Move and Groove 12:00 Lunch 2:00 Cooking Club (Plant Room) 5:00 Dinner</p>	<p><b>20</b></p> <p>8:30 Breakfast 10:30 Songbirds Choir (RH) 11:00 Move and Groove 12:00 Lunch 2:00 Express Yourself 5:00 Dinner 6:30 Card Bingo</p>	<p><b>21</b></p> <p>8:30 Breakfast 10:00 Bird Visits 12:00 Lunch 1:00 Music with Danielle 1:1 2:00 For the Fun of Fit 5:00 Dinner</p>	<p><b>22</b></p> <p>8:30 Breakfast 10:30 Hymn Sing 12:00 Lunch 2:00 Birthday Social With Jim Young 5:00 Dinner</p>	<p><b>23</b></p> <p>8:30 Breakfast 12:00 Lunch 2:00 Reading Club 3:00 Soothing Sensations 5:00 Dinner 6:00 Manicures</p>
<p><b>24</b></p> <p>8:30 Breakfast 11:00 Church (Erin) 12:00 Lunch 2:00 Cooking Club (Plant Room) 5:00 Dinner 6:30 Movie and Munchies</p>	<p><b>25</b></p> <p>8:30 Breakfast 10:00 Art with Sonal 12:00 Lunch 2:00 Plant Club 3:00 For the Fun of Fit 5:00 Dinner 6:30 You and Me</p>	<p><b>26</b></p> <p>8:30 Breakfast 10:00 Circle of Friends 11:00 Move and Groove 12:00 Lunch 2:00 Brains and Banter 3:00 For the Soul 5:00 Dinner</p>	<p><b>27</b></p> <p>8:30 Breakfast 10:30 Songbirds Choir (LTC) 11:00 Move and Groove 12:00 Lunch 2:00 Express Yourself 5:00 Dinner 6:00 Winter Bingo</p>	<p><b>28</b></p> <p>8:30 Breakfast 10:00 Neighbourhood Time 10:30 Hand Massages 12:00 Lunch 2:30 Memorial Service 5:00 Dinner</p>	<p><b>29</b></p> <p>8:30 Breakfast 10:30 Hymn Sing 12:00 Lunch 2:00 Soothing Sensations 3:00 Tea Social 5:00 Dinner</p>	<p><b>30</b></p> <p>8:30 Breakfast 10:00 Neighbourhood Time 11:00 Express Yourself 12:00 Lunch 2:00 Stepping Out 3:00 50s Dance Party 5:00 Dinner</p>