DECEMBER

Downey

Legend

Do - Downey Ha - Hagey

Jo - Johnston Ma - Matthews

Po - Pollock

Wr - Wright C - Chapel

CC - Community Centre

CY - Courtyard FC - Fitness Centre L - Library MS - Main Street RH - Retirement

Downey									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
9:30 Calendar Hang Up 10:00 For the Soul 11:00 Neighbourhood Time 2:00 Card Games 3:00 Music on Demand	10:00 Brain and Banter 11:00 Circle of friends (Pie Day Social) 2:30 Waterloo Chambers Choir (RH) 3:30 Green Thumbs 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	9:30 Rosary (C) 10:45 Art with Sonal 11:00 You and Me 2:00 Bingo (MS) 3:15 Tai Chi (FC) 3:30 Calendar Planning & Bill of Rights Meeting 6:00 Christmas Lights Tour 6:30 Devotions (C)	10:00 Contemplating Life with Mike (C) 2:00 Pub Afternoon (MS) 3:30 Stepping Out 3:30 Balance Class (FC) 6:30 Documentary & Popcorn (C)	9:30 Chapel Service (C) 10:30 Zumba (FC) 11:00 For the Fun of Fit 2:00 Travelling Cart (Hot Chocolate) 3:00 Brains and Banter 6:30 Active Games (MS)	9:30 Neighbourhood Time 10:30 Sit 'N Get Fit 11:00 You & Me 2:00 Bingo on Pollock 3:30 Active Games (FC) 6:30 Crafting Club (CC)	9:30 Neighbourhood Time 11:00 Brains and Banter 2:00 Family Games (MS) 3:15 You and Me			
9:30 The Perk 10:30 For The Soul 2:00 You and Me 3:00 Stepping Out	9:30 News and Views 10:30 In the Kitchen 2:00 Armchair travel 3:30 Green Thumbs 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	9:30 Rosary (C) 10:30 Village Updates (C) 10:45 Art with Sonal 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)	2-4pm Holiday Open House (MS) 3:30 Balance Class (FC) 6:30 Games Night (CC)	9:30 Chapel Service (C) 10:30 Circle of Frirends (Eggnog Social) 10:30 Zumba (FC) 1:30 Outing Van 3:00 You and Me 6:30 Active Games (MS)	9:30 Soothing Sensations 10:30 Sit 'N Get Fit 11:00 You and Me 2:00 Bingo on Downey 3:00 Musical Moments 3:30 Active Games (FC) 6:30 Crafting Club (CC)	9:30 You & Me 10:30 Travel the World 2:00 Entertainment (Wr) 3:30 Neighbourhood Time			
9:30 For the Soul 10:30 Music on Demand 2:00 Travelling Cart: Hot Chocolate 3:00 You & Me	8:30 Holiday Movie & Breakfast (RH Ruby) 9:30 Friendly Visits 11:00 Stepping Out 2:00 Circle of Friends 3:30 Green Thumbs 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	9:30 Rosary (C) 10:45 Art with Sonal 11:00 Stepping Out 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)	18 10:00 Contemplating Life with Mike (C) 2:00 In the Kitchen 3:00 Wisdom Wednesday 3:30 Balance Class (FC) 6:30 Games Night (CC)	9:30 Chapel Service (C) 10:30 Zumba (FC) 11:00 You and Me 2:00 Movie and Popcorn 2:00 Residents' Council (C) 3:00 Stepping out 6:30 Active Games (MS)	9:30 Neighbourhood Time 10:30 Sit 'N Get Fit 11:00 Soothing sensations 2:00 Holiday Dance Party (MS) 6:30 Crafting Club (CC)	21 First Day of Winter Dress in your Winter Wear! 9:30 Neighbourhood Time 11:00 Express Yourself Making Garlands 2:00 Entertainment (Do)			

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 The Perk 11:00 For the soul 2:00 Travelling Cart (General Store) 3:00 Soothing Sensations	9:30 Manicures & Nail Care 10:00 Gingerbread Houses (MS) 11:00 Card/Domino Games 2:00 You and Me 3:30 Green Thumbs 6:30 Game Show Trivia (CC)	10:00 Christmas Eve Chapel Service (C) 10:45 Art with Sonal 2:00 Christmas Eve Bingo (MS) 3:30 You & Me	Dress in your fun Holiday Wear 9:30 For the Fun of Fit 11:00 In the Kitchen 2:00 Food Committee (C) 2:00 Travelling Cart (Sundae) 3:00 Circle of Friends	Pajama Day Pajama Day! 9:30 Neighbourhood Time 10:30 Exercise with Sarah (FC) 11:00 You and Me 2:00 Card/ Domino Games 3:15 Movie and Popcorn	9:30 Tim Hortons Social 11:00 Brains and Banter 2:00 Bingo on Downey 6:30 Crafting Club (CC)	9:30 Neighbourhood Time 10:30 Holiday Craft 2:00 Entertainment (Jo)
9:30 For the Soul 10:30 Card Games 2:00 Balloon Volleyball 3:00 Circle of Friends	9:30 You and Me 11:00 Stepping Out 2:00 Deck Card Bingo 3:00 Express Yourself 6:30 Game Show Trivia (CC)	New Year's Eve Dress to Sparkle Day! 10:00 Year in Review 11:00 You & Me 2:00 New Year's Eve Karaoke Party (MS) 3:00 Brains & Banter				

Entertainment:

December 4th - Entertainment by Jeff Poolton on Main Street
December 14th - Entertainment with Dynamic Duo on Wright
December 21st - Entertainment with Kevin Coates on Downey
December 28th - Entertainment with Sheryl Walsh on Johnston

Outings:

December 3rd - Christmas Lights Tour December 12th - Walmart

Calendar Planning and Resident Bill of Rights

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings!

Hosted by your Recreation Team Member.

Your Recreation Team:

Full-Time - Pearl

Part-Time - Danica