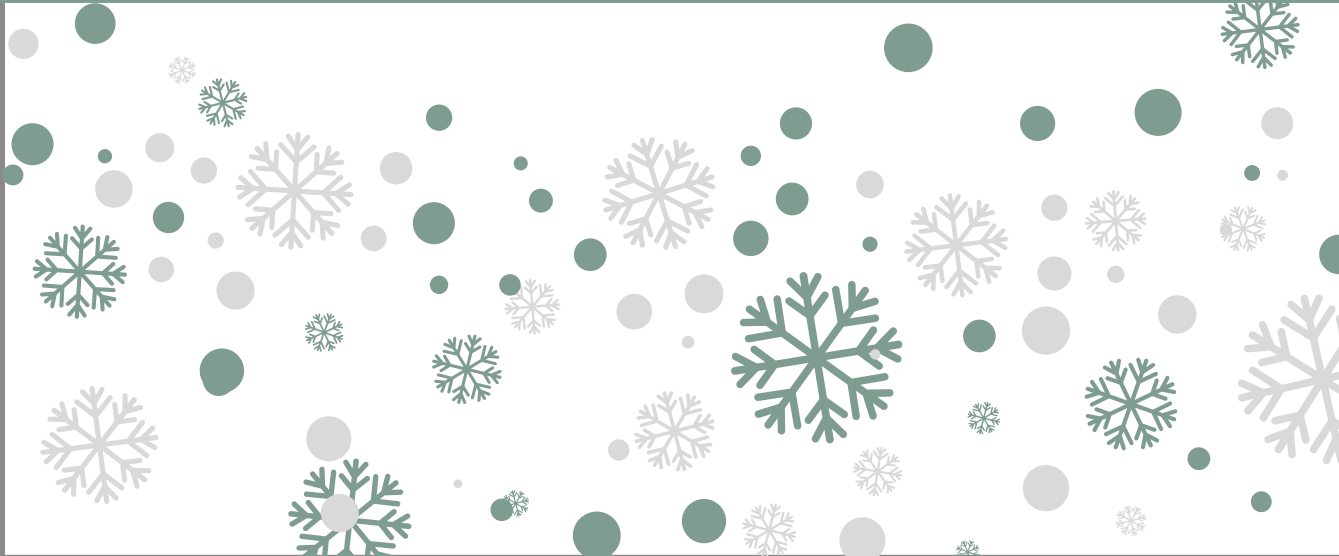


JANUARY

EMMA'S

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Years Day 08:30 Breakfast 09:30 Neighbourhood Time 11:00 Fitness 12:00 Lunch 02:00 Hymn sing with Bobo 02:30 Jackpot Bingo 05:00 Dinner	2 08:30 Breakfast 09:30 Neighbourhood Time 11:00 Fitness 12:00 Lunch 02:30 Express Yourself 03:30 Spa Treatments 05:00 Dinner	3 08:30 Breakfast 09:30 Neighbourhood Time 10:30 Musical Performance: Ada Ensemble - TS 12:00 Lunch 02:30 Bowling 03:30 BINGO 05:00 Dinner	4 08:30 Breakfast 09:30 Neighbourhood time 10:15 Circle of Friends 11:00 Fitness 12:00 Lunch 02:30 For the Fun of Fit 03:30 Circle of Friends 05:00 Dinner
5 08:30 Breakfast 09:30 Neighbourhood Time 10:30 Church Service 11:00 Fitness 12:00 Lunch 02:30 Brains and Banter 03:30 Express Yourself 05:00 Dinner	6 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Pictionary 03:30 It's Never 2 Late 05:00 Dinner	7 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Target Toss 03:30 BINGO 05:00 Dinner	8 08:30 Breakfast 12:00 Lunch 01:00 Neighborhood Time 02:00 Hymn Sing with Bobo 02:30 Circle of Friends 03:30 Java Music Club 05:00 Dinner 06:30 Stepping out	9 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Express Yourself 03:30 Spa Treatments 05:00 Dinner	10 08:30 Breakfast 09:30 Neighbourhood Time 11:00 Fitness 12:00 Lunch 02:30 Ball Toss 03:30 BINGO 05:00 Dinner	11 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Brains and Banter 03:30 Cafe Social 05:00 Dinner
12 08:30 Breakfast 09:30 In the Kitchen 10:30 Church Service 11:00 Fitness 12:00 Lunch 01:30 You and Me 03:30 Family Feud 5:00 Dinner	13 08:30 Breakfast 09:30 Neighbourhood Time 10:15 You and Me 11:00 Fitness 12:00 Lunch 02:30 Circle of Friends 03:30 Express Yourself 05:00 Dinner	14 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Bean Bag Toss 03:30 BINGO 05:00 Dinner	15 Disco Day 08:30 Breakfast 12:00 Lunch 01:00 Neighbourhood Time 02:00 Hymn sing with Bobo 02:30 Disco Day Concert with Gerri Dafoe - TS 05:00 Dinner 06:30 Stepping Out	16 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Express Yourself 03:30 Spa Treatments 05:00 Dinner	17 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Bowling 03:30 BINGO 05:00 Dinner	18 08:30 Breakfast 09:30 Neighbourhood Time 11:00 Fitness 12:00 Lunch 02:30 For the Fun of Fit 03:30 Circle of Friends 05:00 Dinner

JANUARY

EMMA'S

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 08:30 Breakfast 09:30 Neighbourhood Time 10:30 Church Service 11:00 Fitness 12:00 Lunch 02:30 Brains and Banter 03:30 Express Yourself 05:00 Dinner	20 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Pictionary 03:30 It's Never 2 Late 05:00 Dinner	21 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Target Toss 03:30 BINGO 05:00 Dinner	22 08:30 Breakfast 12:00 Lunch 01:00 Neighborhood Time 02:00 Hymn sing with Bobo 02:30 Circle of Friends 03:30 Java Music Club 06:30 Stepping Out	23 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Express Yourself 03:30 Spa Treatments 05:00 Dinner	24 08:30 Breakfast 09:30 Neighbourhood Time 11:00 Fitness 12:00 Lunch 02:30 Ball Toss 03:30 BINGO 05:00 Dinner	25 Robbie Burns Day 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Robbie Burns Celebration - TS 04:00 Cafe Social 05:00 Dinner
26 08:30 Breakfast 09:30 In the Kitchen 10:30 Church Service 11:00 Fitness 12:00 Lunch 01:30 You and Me 03:30 Family Feud 05:00 Dinner	27 08:30 Breakfast 09:30 Neighbourhood Time 10:15 You and Me 11:00 Fitness 12:00 Lunch 02:30 Birthday Celebration with Vili V 05:00 Dinner	28 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Bean Bag Toss 03:30 BINGO 05:00 Dinner	29 Chinese New Year 08:30 Breakfast 12:00 Lunch 01:00 Neighborhood Time 02:00 Hymn sing with Bobo 02:30 Circle of Friends 03:30 Java Music Club 05:00 Dinner 06:30 Stepping Out	30 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Express Yourself 03:30 Spa Treatments 05:00 Dinner	31 08:30 Breakfast 09:30 Neighborhood Time 11:00 Fitness 12:00 Lunch 02:30 Bowling 03:30 BINGO 05:00 Dinner	

Outings:

6th & 20th - Walmart

10th - Royal Ontario Museum (R.O.M)

11th - Brunch at the Old Mill

13th & 27th - Lawrence Square

16th - Grand Slam Curling Tournament

Sign up in the Village Office or speak to the Recreation team member