JANUARY

HAYSVILLE NEIGHBOURHOOD

3:30 You & Me

Legend

W Rm- LTC Worship Rm

PHCC - Pinehaven CC LTC C - LTC Cafe

JS - John Sweeney Rm HS- Hobby Room

SB-Strasburg

AB- Aberdeen **RV-** Roseville

KD- Kingsdale SH- Sandhills

6:15 Movie Night

WD- Waldau

HV- Haysville

EBY - Eby T - Trussler NB - Newberry

ALZHEIMER'S AWARENESS MONTH

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			1 New Years Day 10:30 Exercises 11:15 Word Game 1:30 New Years Discussion 3:30 Tai Chi	11:00 Total Body Fitness 1:30 Plant Care 3:00 Walks & Talks 6:15 Movie Night	3 10:00 Exercises 11:00 Church 1:45 Trivia 3:00 Bowling	10:00 Java Music Club 11:00 IN2L 1:30 Craft 3:00 Short Stories	
10:00 Virtual Church 11:00 Exercises 1:30 Bingo 3:00 Book Club	10:00 Exercises 11:00 Nail Care 2:00 Kevin Coates (HV) 3:30 You & Me	10:00 Exercises 11:00 Horticulture 1:45 Music Therapy 3:00 Brains & Banter	8 10:30 Zumba 11:00 Crossword 1:30 For the Spirit 3:30 Tai Chi	9 11:00 Total Body Fitness 1:30 Plant Care 3:00 Walks & Talks 6:15 Tom Denomme (HV)	10:00 Exercises 11:00 Church 1:45 1:1 2:30 Movie: Our Universe 2:30 Memorial Service (RET DR)	11 10:00 Exercises 11:00 Brains & Banter 1:45 IN2L: Game 3:00 Music with Erin	
10:00 Virtual Church 11:00 Exercises 1:30 Crosswords 3:00 Walks & Talks	13 10:00 Exercises 11:00 Nail Care 2:00 Express Yourself 3:30 You & Me	14 Timbit Day 10:00 Exercises 11:00 Horticulture 1:45 Music Therapy 3:00 Brains & Banter	10:30 Zumba 11:00 Short Stories 1:30 For the Spirit 3:30 Tai Chi	11:00 Total Body Fitness 1:30 Plant Care 3:00 Express Yourself 6:15 Movie Night	17 10:00 Exercises 11:00 Church 1:45 IN2L: Game 3:00 You and Me	18 10:00 Java Music Club 11:15 News and Views 1:45 Arm Chair Travel : Hawaii	
19 World Religion Day 10:00 Virtual Church 10:30 Church with Royal (SH) 11:00 Exercises 1:30 Brains & Banter 3:00 Book Club:	9:45-11:30 Dollarama Outing 1:45 Nail Care 3:30 You & Me	21 National Hugging Day 10:00 Exercises 11:00 Horticulture 1:45 Music Therapy 3:00 Brains & Banter	10:30 Zumba 11:00 Letter Game 1:30 For the Spirit 3:30 Tai Chi	11:00 Total Body Fitness 1:30 Plant Care 3:00 Resident Meeting 6:15 Colour Me Calm	10:00 Exercises 11:00 Church 1:45 Fortune Cookie Making	10:00 Exercises 11:00 Mad-Libs Storytelling 1:45 Painting Snowbirds 3:00 Music with Erin	
10:00 Virtual Church 11:00 Exercises 1:30 Crosswords 3:00 Walks & Talks	10:00 Exercises 11:00 Nail Care 1:30 Resident Food Council (PHCC) 2:00 Express Yourself	10:00 Exercises 11:00 Horticulture 1:45 Music Therapy 3:00 Brains & Banter	29 Chinese New Year 10:30 Zumba 11:15 Hand out Fortune Cookies 1:30 For the Spirit 3:30 Tai Chi	10:15 Resident Council (PHCC) 11:00 Total Body Fitness 1:30 Plant Care 3:00 Chinese New Year Activity: Paper Lanterns	31 10:00 Exercises 11:00 Church 1:45 Trivia 3:00 Karaoke		

JANUARY

January Entertainment

Haysville Jan 6 2:00pm Kevin Coates

Sandhills Jan 6 3:30pm Kevin Coates

Roseville Jan 7 3:00pm Henry Winter

Kingsdale Jan 8 2:00 PEGTalks

Haysville Jan 9 6:15pm Tom Denomme

Strasburg Jan 10 2:00pm Erin Marie

Waldau Jan 10 3:30pm Erin Marie

Sandhills Jan 13 6:15pm Tom Denomme

Eby Jan 14 2:00pm Bob MacLean

Strasburg Jan 19 1:30pm Apostolic Hymn Sing

Aberdeen Jan 21 6:15pm Tom Denomme

Trussler Jan 22 2:00pm Lynne and Rick

Kingsdale Jan 22 3:30pm Lynne and Rick

Aberdeen Jan 23 2:00pm Dynamic Duo

Newberry Jan 23 3:30pm Dynamic Duo

Aberdeen Jan 25 2:00pm Sing Out: Beth & Cindy

Bus Outing

Please Keep in Mind all Outings are dependent on Weather.

Participants are selected by taking turns from our outing list to ensure fairness. If you would like to add your name to our future outing list, please let Recreation know!

Monday January 20th 9:45AM Dollarama Outing



Residents Celebrating Birthdays in January

January 2nd - Jose Vasquez January 12th - Ricardo Grandison January 24th - Johanna G Griffioen



Spiritual Events

Village Wide **Celebration of Life**: 2:30pm Friday January 10th, in the Retirement Dining Room to remember residents who died between September 1st and November 30th, 2024

Catholic Mass: 10:30am Thursday January 2nd in the Roseville Dining Room

Lutheran Communion: 10:30am Wednesday January 8th in the Pinehaven Community Centre

Protestant Communion: 10:30am Monday January 27th in the Pinehaven Community Centre.

Every Tuesday at 3:30pm there is a **Spiritual Arts** group which meets in the LTC Spiritual Space. This is particularly suited to those who miss having a 'higher level' discussion and are interested in creativity.

We will be performing a Purim Spiel which is a pantomime style play telling the story of the Book of Esther. The performance will be on Friday March 14th, but we will be having an information meeting on January 15th. Try outs and practices will follow.