

JANUARY

Pollock

Legend

Do - Downey
Ha - Hagey
Jo - Johnston
Ma - Matthews
Po - Pollock

Wr - Wright
C - Chapel
CC - Community Centre
CY - Courtyard
FC - Fitness Centre

L - Library
MS - Main Street
RH - Retirement

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Years Day 10:00 Traveling Cart 11:00 Calendar Hand-out 2:00 Bingo (MS)	2 9:30 Chapel Service (Po) 2:00 Green Thumbs 2:00 Brains and Banter 6:30 Active Games (MS)	3 9:00 Neighbourhood Time 2:00 Bingo on Pollock! 6:30 Crafting Club (CC)	4 Trivia Day 9:00 Neighborhood Time 2:00 Entertainment (Ma)
5 National Bird Day 10:00 For the Soul 2:00 Neighborhood Time	6 9:00 Neighborhood Time 2:00 Bingo (MS) 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	7 9:00 Van Outing 9:30 Rosary (C) 10:30 Sit N Get Fit with PAL 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)	8 9:30 Un-deck the Halls (Po) 1:15 Art with Sonal 2:00 Deer Hunt! 3:30 Balance Class (FC) 6:30 Games Night (CC)	9 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Green Thumbs 2:00 Brains and Banter 6:30 Active Games (MS)	10 2:00 Neighbourhood Time 3:30 Active Games (FC) 6:30 Crafting Club (CC)	11 9:00 Neighbourhood Time 11:00 Stepping Out 2:00 Entertainment (Po)
12 10:00 For the Soul 11:00 Soothing Sensations 2:00 Neighborhood Time	13 3:30 Total Body Fitness (FC) 2:00 Bingo (MS) 6:30 Games Show Trivia (CC)	14 Dress Your Pet Day 9:30 Rosary (C) 10:30 Sit N Get Fit with PAL 3:15 Tai Chi (FC)	15 9:00 Neighbourhood Time 10:00 Contemplating Life with Mike (C) 1:15 Art with Sonal 2:00 Active Games 3:30 Balance Class (FC) 6:30 Games Night (CC)	16 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Green Thumbs 2:00 Brains and Banter 6:30 Active Games (MS)	17 9:00 Neighbourhood Time 3:30 Active Games (FC) 1:30 Van Outing 6:30 Crafting Club (CC)	18 9:00 Neighborhood Time 2:00 Entertainment (MS)

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19 10:00 For the Soul 2:00 Neighborhood Time	20 9:00 Neighborhood Time 2:00 Express Yourself 3:30 Total Body Fitness (FC) 6:30 Games Show Trivia (CC)	21 9:00 Neighbourhood Time 9:30 Rosary (C) 10:30 Sit N Get Fit with PAL 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)	22 9:00 Neighbourhood Time 1:15 Art with Sonal 2:00 Food Committee (C) 2:00 Soothing Sensations 3:30 Balance Class (FC) 6:30 Games Night (CC)	23 9:30 Chapel Service (C) 10-11:30 Alzheimer's Coffee Break (MS) 10:30 Zumba (FC) 2:00 Green Thumbs 2:00 Resident's Council (C) 2:00 Soothing Sensations 6:30 Active Games (MS)	24 Compliment Day 2:00 Neighbourhood Time 3:30 Active Games (FC) 6:30 Crafting Club (CC)	25 9:00 Neighbourhood Time 11:00 Stepping Out 2:00 Entertainment (Wr)
26 10:00 For the Soul 11:00 Soothing Sensations 2:00 Movie & Popcorn 3:00 Hello Pollock!	27 2:00 Neighbourhood Time 3:00 Hello Pollock! 3:30 Total Body Fitness (FC) 6:30 Games Show Trivia (CC)	28 9:00 Neighbourhood Time 9:30 Rosary (C) 10:00 Meet the RIA (RH) 10:30 Sit N Get Fit with PAL 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)	29 9:00 Neighbourhood Time 1:15 Art with Sonal 2:00 Karaoke 3:30 Balance Class (FC) 6:30 Games Night (CC)	30 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Green Thumbs 2:00 Soothing Sensations 6:30 Active Games (MS)	31 9:00 Neighbourhood Time 3:30 Active Games (FC) 2:00 Bingo on Pollock! 6:30 Crafting Club (CC)	

Entertainment:

January 4th - Entertainment with R&S Country on Matthews
 January 11th - Entertainment with Henry Winter on Pollock
 January 18th - Entertainment with Fiddle Friends on Main Street
 January 25th - Entertainment with Kevin Coates on Wright

Outings:

January 7th - Conestoga Mall
 January 17th - Tim Hortons

Calendar Planning and Resident Bill of Rights

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings!
 Hosted by your Recreation Team Member.

Your Recreation Team:

Full-Time - Summit
 Part-Time - Sydney