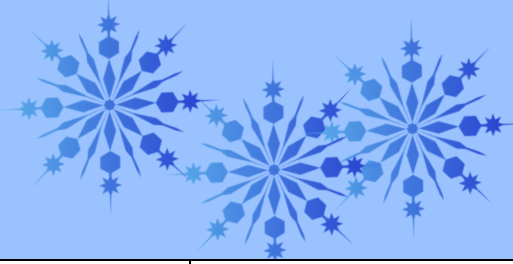


# January 2025

## Neighbourhood of Ailsa Craig



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Where Is The Program?</b></p> <p><b>C</b>—Chapel*      <b>TH</b>—Town Hall*      <b>MF</b>— Main Floor*  <b>TS</b>—Town Square*      <b>FE</b>—Front Entrance*      <b>HS</b>—Hobby Shop*  <b>BP</b>— Back Patio*      <b>FC</b>—Fitness Centre*      <b>L</b>— Library*  <b>JPL</b> — Jack Purcell Lounge      <b>ML</b> — Ailsa Craig Lobby</p> <p>* Indicated Arbour Trails Main Building  <b>NOTE:</b> Programs, their times, and locations are subject to change.</p>			<p>1            10:30 Docuseries: “Secrets of Historic Britain” TH            1:30 New Year’s Day Activity Booklet Pick-up HS            2:30 &amp; 7:30 Music on Wednesday: “Andre Rieu: New York Memories” TH</p> <p style="text-align: center;"><b>New Year’s Day</b></p>	<p>2            10:00 Chair Yoga FC            10:30 Bible Study C            11:00 VON Exercise JPL            3:45 DrumFIT FC            7:00 No Stress Bridge JPL            2:30 &amp; 7:30 Movie: “My Cousin Vinny” TH</p>	<p>3            10:30 Morning Stretches JPL            11:15 Betting Bingo! JPL            2:30 Corn Hole 4th FL  <b>Happy Hour:</b>            4:00 Happy Hour 3rd FL            4:20 Happy Hour 4th FL            7:15 Popcorn Pick-up TH            2:30 &amp; 7:30 Movie: “Herself” TH</p>	<p>4            10:30 Giant Crossword 2nd FL            2:00 Knitting Club 4th FL            2:30 Betting Bingo! JPL            2:30 Total Body Bootcamp FC            2:30 Saturday Series: “The Crown” TH            4:00 Singing Group JPL</p>
<p>5            10:15 Specialty Coffee Cart Drop-in TS            11:00 DrumFIT FC            2:00 Euchre JPL            2:15 Brain Game Puzzle Pick-up HS            3:00 Chapel Service C            4:00 Sunday TV Series: “Waiting for God” TH</p>	<p>6            10:30 Catholic Communion C            11:00 VON Exercise JPL            1:00 Hand Wax Therapy JPL            2:00 Book Club (December) 2nd FL  <b>2:30 Entertainment: “New Horizons Big Band” TH</b>            3:00 Better Balance JPL  <b>4:15 Bardō Guelph *RSVP on MF</b>            2:30 &amp; 7:30 Movie: “A Beautiful Mind” TH</p>	<p>7 <b>10:30-2 Cameron Cards TS</b>            10:30 Meeting of Minds Discussion Group TH            11:00 VON Exercise JPL            3:00 Praying the Rosary C            3:30 Stretch Class FC            7:30 Trivia Night HS            7:30 Senior Fireside Chat: “What is happiness and is it worthy of pursuit?” TH</p> <p style="text-align: center;"><b>Orthodox Christmas</b></p>	<p>8            10:30 Coffee &amp; Baileys 3rd FL            10:30 Docuseries: “Secrets of Historic Britain” TH            11:00 VON Exercise JPL            10:30 Men’s Conversation Connection C  <b>2:30 2025 Curling Event FC</b>            4:00 Jeopardy JPL            7:30 Music on Wednesday: “Julie Andrews” TH  <b>No Get Active Today</b></p>	<p>9            10:00 Chair Yoga FC            10:30 Bible Study C            10:30 Giant Crossword L            11:00 VON Exercise JPL            3:00 Gentle Exercises FC            3:45 DrumFIT FC            7:00 No Stress Bridge JPL            2:30 &amp; 7:30 Movie: “Our Souls at Night” TH</p>	<p>10            10:30 Morning Stretches JPL            11:15 Betting Bingo! JPL            2:30 Corn Hole 4th FL            2:30 Hand Therapy HS  <b>3:00 Resident Armchair Travel: Exploring the Virgin Islands with Morley Kipp TH</b>  <b>Happy Hour:</b>            4:00 Happy Hour 3rd FL            4:20 Happy Hour 4th FL            7:15 Popcorn Pick-up TH            2:30 &amp; 7:30 Movie: “The Peanut Butter Falcon” TH</p>	<p>11            10:15 Morning Smoothies TS            1:30 Short Stories Pick-up HS            2:00 Knitting Club 4th FL            2:30 Total Body Bootcamp FC            2:30 Saturday Series: “The Crown” TH            3:00 Happy Hour TS</p>
<p>12            10:15 Specialty Coffee TS            11:00 DrumFIT FC            2:00 Euchre JPL            2:15 Brain Game Puzzle Pick-up HS            3:00 Chapel Service C            3:45 Fellowship Café TS            4:00 Sunday TV Series: “Waiting for God” TH</p>	<p>13            10:30 Catholic Communion C            11:00 VON Exercise JPL            2:00 High Tea 2nd FL  <b>2:30 Movie Crew Meeting HS</b>            3:00 Better Balance JPL            4:00 Hand Therapy JPL            5:00 Happy Hour 2nd FL            2:30 &amp; 7:30 Movie: “A Woman in the Window” TH</p>	<p>14 <b>10-2 Creations Boutique HS</b>            10:30 Meeting of Minds Discussion Group TH            11:00 VON Exercise JPL            2:30 Film of Faith: “Healed by Grace 2” TH            7:30 Trivia Night HS            7:30 Senior Fireside Chat: “What is the line between justice and revenge?” TH</p>	<p>15            10:30 Coffee &amp; Baileys 3rd FL            10:30 Docuseries: “Secrets of Historic Britain” TH  <b>11:00 Tour of the Hope House *RSVP on MF</b>            11:00 VON Exercise JPL            2:45 Tea and Talks 2nd FL            3:00 Bookmobile FE            3:00 Get Active JPL            4:00 Jeopardy JPL            7:30 Classical Music: “Beethoven Piano Concerto” TH</p>	<p>16 <b>No Shopping Shuttle Today</b>            10:00 Chair Yoga FC            10:30 Bible Study C  <b>10:30 Grand Slam of Curling Event—Sign-up on the Main Floor &amp; to see further details!</b>            11:00 VON Exercise JPL            3:00 Gentle Exercises FC            3:45 DrumFIT! FC            7:00 No Stress Bridge JPL            2:30 &amp; 7:30 Movie: “High Society” TH</p>	<p>17            10:30 Morning Stretches JPL            11:15 Betting Bingo! JPL            2:30 Corn Hole 4th FL            2:30 Hand Therapy HS  <b>Happy Hour:</b>            4:00 Happy Hour 3rd FL            4:20 Happy Hour 4th FL            7:15 Popcorn Pick-up TH            2:30 &amp; 7:30 Movie: “Rescued by Ruby” TH</p>	<p>18            10:15 Morning Smoothies TS            10:30 Giant Crossword 2nd FL  <b>11:30 Lunch at Elora Mills Restaurant *RSVP on MF</b>            2:00 Knitting Club 4th FL            2:30 Betting Bingo! JPL            2:30 Total Body Bootcamp FC            2:30 Saturday Series: “The Crown” TH            4:00 Singing Group JPL</p>



# January 2025

## Neighbourhood of Ailsa Craig



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
19 10:15 Specialty Coffee TS 11:00 DrumFIT FC 2:00 Euchre JPL 2:15 Brain Game Puzzle Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café TS 4:00 Sunday TV Series: "Waiting for God" TH  <b>World Religion Day — see            the display outside the            chapel</b>	20 10:30 Catholic Communion C 11:00 VON Exercise JPL 2:00 High Tea 2nd FL 3:00 Better Balance JPL 4:00 Hand Therapy JPL 5:00 Happy Hour 2nd FL 2:30 & 7:30 Movie: "Crocodile Dundee" TH	21 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL <b>2:30 Winter Celebration of            Life TH</b> 7:30 Trivia Night HS 7:30 Senior Fireside Chat: "Should we abandon the first-past-the-post electoral sys- tem?" TH  <b>National Hugging Day</b>	22 10:30 Coffee & Bailey's 3rd FL 10:30 Docuseries: "Secrets of Historic Britain" TH 10:30 Men's Conversation Connection C 11:00 VON Exercise JPL 2:45 Tea and Talks 2nd FL 3:00 Get Active JPL 4:00 Jeopardy JPL <b>7:30 An Evening of Robbie            Burns with David Murray and            Katie Lammert TH</b>	23 10:00 Chair Yoga FC 10:30 Bible Study C 10:30 Giant Crossword L 11:00 VON Exercise JPL 2:30 Conversation Café JPL 3:00 Gentle Exercises FC 3:45 DrumFIT FC 7:00 No Stress Bridge JPL 2:30 & 7:30 Movie: "One Flew over the Cuckoo's Nest" TH	24 10:30 Morning Stretches JPL <b>12:00 York Road Kitchen &amp;            Chocolate Bar *RSVP on MF</b> 2:30 Hand Therapy HS 2:30 Corn Hole 4th FL ( <i>Resident            Run Today</i> ) <b>Happy Hour:</b> 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: "Top Gun Maverick" TH	25 10:15 Morning Smoothies TS 1:30 Short Stories Pick-up HS 2:00 Knitting Club 4th FL 2:30 Total Body Bootcamp FC 2:30 Saturday Series: "The Crown" TH <b>3:00 Robbie Burns Day Pub            TS</b>  <b>Robbie Burns Day</b>	
26 10:15 Specialty Coffee TS 11:00 DrumFIT FC 2:00 Euchre JPL 2:15 Brain Game Puzzle Pick-up HS 4:00 Sunday TV Series: "Waiting for God" TH	27 10:30 Catholic Communion C 11:00 VON Exercise JPL 2:00 High Tea 2nd FL 3:00 Better Balance JPL 4:00 Hand Therapy JPL 5:00 Happy Hour 2nd FL 2:30 & 7:30 Movie: "The Theory of Everything" TH	28 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 7:30 Trivia Night HS 7:30 Senior Fireside Chat: "Do newspapers have a viable fu- ture?" TH	29 10:30 Coffee & Baileys 3rd FL 10:30 Docuseries: "Secrets of Historic Britain" TH <b>11:00 Halibut House *RSVP on            MF</b> <b>2:30 Residents' Council Meet-            ing — Guest Speaker for Alz-            heimer Society            Waterloo Wellington TH</b> <b>3:30 Coffee Break Fundraiser            ft. music by Katie            Lammert TS</b> 2:45 Tea and Talks: Chinese New Years Tea Special 2nd FL 3:00 Bookmobile FE 3:00 Get Active JPL 4:00 Jeopardy JPL 7:30 Music on Wednesday: "Chords of the Chinese New Year" TH <b>Chinese New Year</b>	30 10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 3:00 Gentle Exercises FC 3:45 DrumFIT FC 7:00 No Stress Bridge JPL 2:30 & 7:30 Movie: "The Return of the Pink Panther" TH	31 10:30 Morning Stretches JPL 10:30 Communion Service with Guelph United Ministries C 11:15 Betting Bingo! JPL <b>2:30 Entertainment: "A            Record Day" TH</b> 2:30 Hand Therapy HS 2:30 Corn Hole 4th FL <b>Happy Birthday Hour:</b> 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: "Maria" TH		
<b>Where Is The Program?</b>  <b>C</b> —Chapel* <b>TH</b> —Town Hall* <b>MF</b> — Main Floor* <b>TS</b> —Town Square* <b>FE</b> —Front Entrance* <b>HS</b> —Hobby Shop* <b>BP</b> — Back Patio* <b>FC</b> —Fitness Centre* <b>L</b> — Library* <b>JPL</b> — Jack Purcell Lounge <b>ML</b> — Ailsa Craig Lobby  * Indicated Arbour Trails Main Building <b>NOTE:</b> Programs, their times, and locations are subject to change.			<b>Recreation Contact Information:</b>  arbourtrails.recreation@schlegelvillages.com (226)-251-3065 Extension 836				