

# FEBRUARY

Lasalle Neighbourhood

## Wisdom of the Elder Question Series

What lessons about love and relationships have you learned for a lasting connection with others?



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 10:00 Baking 11:00 Friendly Visits 2:00 Afternoon Tea & Snacks
<b>2 Groundhog Day</b> 10:00 On-Line Church 10:00 Room Visits 2:00 Painting Pals	<b>3</b> 9:30 Fitness Class 10:00 Room Visits 11:00 Music Therapy 2:00 Main Street Chats	<b>4</b> 10:30 Zumba (Chapel) 2:00 Cotton Candy Treats	<b>5</b> 11:00 Chapel Service 2:00 Resident Council (Chapel) 2:00 You Be the Judge 6:15 S'mores Social	<b>6</b> Main Street Shopping Today! 9:30 Fitness Class 10:30 Ceramics 2:00 Aqua Painting 3:15 Checkers 6:00 Cupid Floats & Sing-Song	<b>7</b> 10:00 Manicures 2:00 Reminiscing... 'The Beatles' 3:00 Music with Ernie	<b>8</b> 10:00 Armchair Travel 'France' 2:00 Crafty Creations & Potato Chips
<b>9</b> 10:00 SuperBowl BINGO 2:00 Afternoon Chats 3:00 Parkwood Gospel Church (Chapel)	<b>10</b> 9:30 Fitness Class 10:00 Room Visits 11:00 Music Therapy 2:00 Left, Centre & Right	<b>11</b>	<b>12</b> 10:00 You Be the Judge 11:00 Chapel Service 2:00 Parachute Game	<b>13</b> 9:30 Fitness Class 2:30 Name Game	<b>14 Valentine's Day</b> Valentine's Visits (10-11:30am) 10:00 Candy Lovers Dice Game 11:00 History of Valentines Day 2:00 Valentine's BINGO	<b>15</b> 10:00 Java Music Club 2:00 Crafty Creations
<b>16</b> 10:00 On-Line Church 10:00 Music & Massage 2:00 The Cat's Meow	<b>17 Family Day</b> 9:30 Fitness Class 11:00 Music Therapy 2:30 Music by John (Library)	<b>18</b> 8:00 Breakfast Bunch 10:30 Zumba (Chapel) 2:00 Catholic Mass (Chapel)	<b>19</b> 11:00 Chapel Service 2:00 Crafty Creations 3:15 History of Skiing 6:30 Pub Night (Chapel) with Crystal St Denis	<b>20</b> 9:30 Fitness Class 10:30 Ceramics 2:00 Celebration of Life 6:00 Cherry Pie & Trivia	<b>21</b> 10:00 Fun & Games 11:00 Morning Chats 2:00 In the Kitchen 'Heart Shaped Pizza'	<b>22</b> 10:00 Would You Rather 11:00 Morning Chats 2:00 Armchair Travel 'Columbia'
<b>23</b> 10:00 Balloon Tennis 11:00 History of Tootsie Roll 2:00 Banwell Church (Chapel)	<b>24</b> 9:30 Fitness Class 10:30 Chapel Music Service 2:00 Manicures 2:00 Food Committee (Chapel)	<b>25</b> 10:30 Zumba (Chapel) 2:00 Games & Cotton Candy on Main Street	<b>26 Pink Shirt Day</b> Heart Art Show on Main Street 11:00 Chapel Service 2:00 Main Street Chats	<b>27</b> 9:30 Fitness Class 2:00 Afternoon Mocktails 6:00 Evening FUN	<b>28</b> 10:00 Tea & Chats 2:00 BINGO	