

FEBRUARY

Cumberland

Legend

C—Chapel
MS—Main Street
J,OA—Johnston Open Area

L—Library
D—Den
CC—Community Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Groundhog Day 10:30 Virtual Mass 11:00 Musical Moments 2:30 Neighbourhood Time 3:30 You & I	3 10:00 Soothing sensation 11:30 Balloon Tennis 2:30 In2I Fun 3:30 You & I	4 10:00 Horse Racing 11:00 express yourself 2:30 Bingo 3:45 Circle of friends 6:00 Board Games	5 10:00 For the Soul 10:45 Drum Fit 2:15 For the fun of it 3:30 Black History Month- Famous People	6 9:30 Music with Daiva 10:00 You & I 10:30 Bingo 2:30 Games & Fun 3:45 On the move	7 10:00 You & I 10:45 For the fun of it 1:30 Garden Club with jenny 2:30 Valentine day crafts 3:30 On the move 6:00 In2I Fun	8 10:00 Musical moments 11:00 Fun of Fit 2:00 Golden Oldies-MS 4:00 You & Me
9 10:00 Virtual Mass 11:00 Music Appreciation 2:30 Active games 3:30 Craft time	10 10:00 In the Kitchen 10:30 Catholic Mass 11:00 Active Games 1:30 Art with Glynnis 2:30 Name That Tune 3:30 You & I	11 10:00 Circle of friends 11:00 Express yourself 2:30 Bingo 3:45 On the move 6:00 Crafts social	12 10:00 You & I 10:30 Drum fit 11:00 For the Soul 3:00 Birthday Bash with Ryan - J 3:45 Color your world	13 9:30 Music with Daiva 10:00 Soothing sensations 10:45 Bingo 2:30 Black history month- Famous Movies 3:45 Express yourself	14 Valentine's Day 10:00 Stepping out 11:00 Brains & Banter 1:30 Garden Club with jenny 2:30 Valentines Social - MS 3:30 You & I 6:00 For the fun of it	15 10:00 Musical Moments 11:00 Neighbourhood Time 2:30 Bingo 3:30 Walk & Talk

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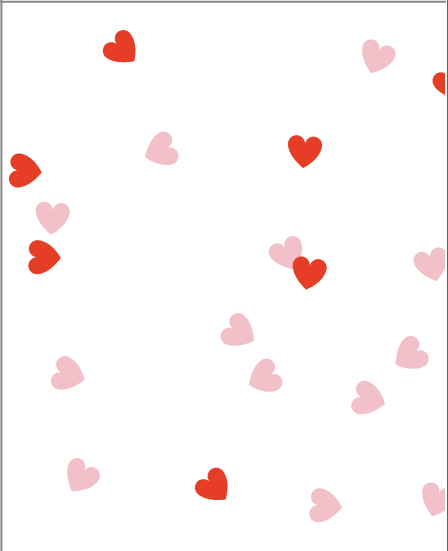
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 10:30 Virtual Mass 11:00 Musical Moments 2:30 For the Fun of Fit 3:30 You & I	17 Family Day 10:00 Soothing sensation 11:30 Active Games 2:30 Family Day Fun-MS 3:30 You & I	18 10:00 Musical Moments 2:30 Bingo 3:45 Circle of friends 6:00 Brains & Banter	19 10:00 Soothing sensation 10:45 Drum Fit 2:30 Black history month-Music 3:30 Circle of friends	20 9:30 Music with Daiva 10-12 games with High school students 10:30 Bingo 1:30-2:30 Black History Month Celebration 3:45 On the move	21 10:00 You & I 10:45 For the fun of it 1:30 Garden Club with jenny 2:30 Brains & Banter 3:30 On the move 6:00 In2I Fun	22 10:00 Music appreciation 2:30 Active Games 3:45 You & I
23 10:00 Virtual Mass 2:30 Active games 3:30 On the move	24 10:00 In the Kitchen 11:00 Active Games 1:30 Art with Glynnis 2:30 Name That Tune 3:30 You & I	25 10:00 Circle of friends 11:00 Active Games 2:30 Bingo 6:00 Brains & Banter	26 Pink Shirt Day 10:00 Soothing sensations 10:30 Residents Council 11:00 For the Soul 2:30 Drum Fit 3:30 Black History Month-Famous Places	27 9:30 Music with Daiva 10:00 Sensational Senses 10:45 Bingo 2:30 In2I Fun 3:45 Express yourself	28 10:00 You & I 10:30 Food Committee 1:30 Garden Club with jenny 2:30 Brains & Banter 3:30 On the move 6:00 In2I Fun	

Residents Bill of Rights:

1. Every resident has the right to be treated with courtesy and respect and in a way that fully recognizes the resident's inherent dignity, worth and individuality, regardless of their race, ancestry, place of origin, colour, ethnic origin, citizenship, creed, sex, sexual orientation, gender identity, gender expression, age, marital status, family status or disability.
2. Every resident has the right to have their lifestyle and choices respected.
3. Every resident has the right to have their participation in decision making respected.

upcoming events:

- Tuesday March 4th Pancake Tuesday
- Wednesday March 5th Ash Wednesday
- Monday March 10th & 31st Art with Glynnis
- Wednesday March 12th Birthday Party
- Thursday March 13th Celebration of life
- Friday March 14th Holi
- Monday March 17th St Patrick's Day