

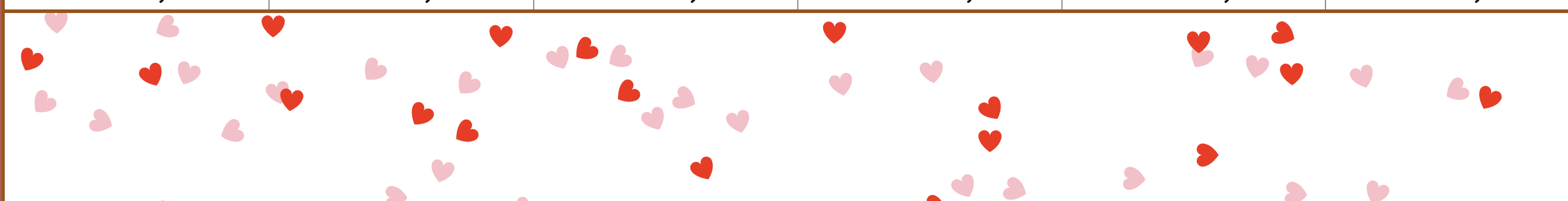

FEBRUARY

Appleby

Legend
 L- Library
 TH—Town Hall
 MS- Main Street
 CC- Community Center
 FC- Fitness Center

Residents Bill Of Rights
 23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential

Note/Announcement:
 Programs Subject To Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:00 Neighborhood Time 11:00 Circle of Friends 2:00 Total Body Fitness 2:00 Stepping Out 3:00 Brad Boland Performs-TH
2 Groundhog Day 9:00 Neighborhood Time 11:00 For the Fun of Fit 2:15 Church Service –TH 3:30 Circle of Friends	3 9:15 Fun & Fit 1:00 Neighborhood Time 1:00 Meditation-L 2:00 In the Kitchen-CK 3:30 Musical Moments 6:00 Circle of Friends	4 9:00 Neighborhood Time 1:00 Spiritual Care 2:00 Circle of Friends-CC 3:30 Soothing Sensations 6:00 Art Therapy	5 9:00 Neighborhood Time 11:00 Musical Moments 11:00 Total Body Fitness 1:30 Horticulture Therapy 2:00 Stepping Out 3:30 Express Yourself	6 9:00 Neighborhood Time 11:00 Music Therapy 2:00 In the Kitchen 3:30 Circle of Friends	7 10:00 Art Therapy 11:15 Line Dancing-FC 1:00 Neighborhood Time 2:00 Circle of Friends 3:30 Stepping Out 6:00 Brains and Banter	8 1:00 Neighborhood Time 2:00 Brains & Banter 3:00 Ron Tansley Performs-TH 6:00 Neighborhood Time
9 9:00 Neighborhood Time 11:00 For the Fun of Fit 2:15 Church Service –TH 3:30 Circle of Friends	10 9:15 Fun & Fit 10:00 Mother Goose 1:00 Neighborhood Time 1:00 Meditation-L 2:00 Express Yourself 3:30 Musical Moments	11 9:00 Neighborhood Time 1:00 Spiritual Care 2:00 Brains & Banter 3:30 Soothing Sensations 6:00 Art Therapy	12 9:00 Neighborhood Time 10:00 Jamboree 11:00 Total Body Fitness 1:30 Horticulture Therapy 2:00 Stepping Out 3:30 Express Yourself	13 9:00 Neighborhood Time 11:00 Musical Moments 2:00 In the Kitchen 3:30 Circle of Friends	14 Valentine's Day 10:00 Art Therapy 2:00 Circle of Friends 3:30 For the Fun of Fit 6:15 Stepping Out	15 9:00 Neighborhood Time 11:00 Circle of Friends 2:00 Total Body Fitness 3:00 Musical Moments 4:00 Stepping Out
16 9:00 Neighborhood Time 11:00 For the Fun of Fit 2:15 Church Service –TH 3:30 Circle of Friends	17 Family Day 9:15 Fun & Fit 1:00 Neighborhood Time 1:00 Meditation-L 2:00 In the Kitchen-CK 3:30 Musical Moments 6:00 Circle of Friends	18 9:00 Neighborhood Time 11:00 Brains & Banter 1:00 Spiritual Care 2:00 Circle of Friends 3:30 Soothing Sensations 6:00 Art Therapy	19 9:00 Neighborhood Time 10:00 Jamboree 11:00 Total Body Fitness 1:30 Horticulture Therapy 2:00 Brains & Banter 3:30 You & Me	20 9:00 Neighborhood Time 11:00 Musical Moments 2:00 In the Kitchen 3:30 Circle of Friends	21 10:00 Art Therapy 11:15 Line Dancing-FC 12:00 Diners Club Fish & Chips 2:00 Circle of Friends 3:30 Brains & Banter 6:00 Stepping Out	22 1:00 Neighborhood Time 2:00 Brains & Banter 3:00 Geri Defoe Performs-TH 6:00 Neighborhood Time
23 9:00 Neighborhood Time 11:00 For the Fun of Fit 2:15 Church Service –TH 3:30 Circle of Friends	24 9:15 Fun & Fit 11:00 Brains & Banter 1:00 Neighborhood Time 1:00 Meditation-L 2:00 Express Yourself 3:30 Musical Moments	25 9:00 Neighborhood Time 1:00 Spiritual Care 2:00 In the Kitchen 3:30 Circle of Friends 6:00 Art Therapy 6:00 Celebration of Life	26 Pink Shirt Day 9:00 Neighborhood Time 10:00 Jamboree 11:00 Total Body Fitness 1:30 Horticulture Therapy 3:00 Brains & Banter	27 9:00 Neighborhood Time 11:00 Musical Moments 2:00 Birthday Social 3:00 Resident Council 3:30 Soothing Sensations	28 10:00 Art Therapy 11:15 Line Dancing-FC 1:00 Neighborhood Time 2:00 Circle of Friends 3:30 Stepping Out 6:00 Brains and Banter	

FEBRUARY

In the Kitchen

- 17- Chocolate Chip Cookies
- 20- Smores Cookies Cups
- 25- Snickerdoodle Cookies

Socials

- 27- Birthday Social



Valentine's Day Social

Sign up for a lunch with entertainment for February 14th at 11:30AM in Town Hall. Reserve your seat by February 7th. Contact Christine.Gomisa@SchlegelVillages.com Donations accepted.

Special Events

- Jamboree every Wednesday morning
- 14-Valentine's Day Diner's Club

Pal Group Programs

Monday

Sweat Squad 1:30

Tuesday

Group Fitness 1:45

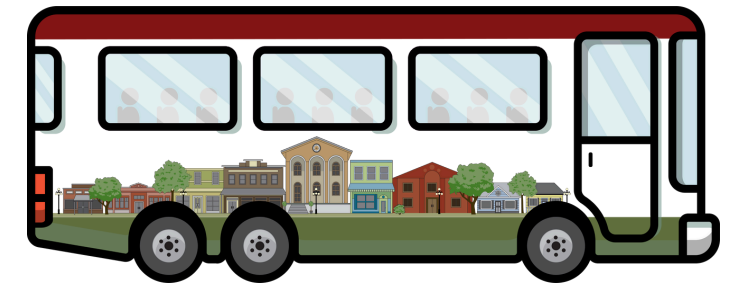
Thursday

Basketball 11:30

Yoga 1:45

Outings

- 12-Scenic Drive
- 19-Nickel Brook
- 26-Pipers Arms Lunch



Diner's Club

- 21-Ruby's Fish & Chips

