# FEBRUARY

# Brant Calendar

Legend

CC- Community Center

FC- Fitness Center

MS- Main Street L- Library

TH- Town Hall

#### **Note/Announcement:**

Program's Subject to Change

#### **Residents Bill Of Rights**

23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						9:00 Neighborhood Time 10:30 Circle of Friends 2:00 Stepping Out 3:00 Brad Boland - TH	
<b>Groundhog Day</b> 9:00 Neighbourhood Time 10:30 Express Yourself 2:15 Church—TH 3:30 Circle of Friends	1:00 Neighborhood Time 2:00 Soothing Sensations 3:30 Brains and Banter 6:00 You and Me	9:00 Neighborhood Time 10:30 Musical Moments 2:00 Circle of Friends 3:30 For The Fun of Fit	9:00 Neighbourhood Time 10:30 For The Soul 1:00 Total Body Fitness 2:00 Stepping Out 2:30 Music Therapy 3:30 Brains and Banter	9:00 Neighbourhood Time 10:30 Circle of Friends 11:15 Fun & Fit 1:30 Spiritual Care 3:00 Horticulture Therapy 3:30 Express Yourself	9:00 Neighourhood Time 10:30 Circle of Friends 11:15 Line Dancing- FC 1:00 Art Therapy 4:00 You and Me	9:00 Neighbourhood Time 10:30 For The soul 2:00 Stepping Out 3:00 Ron Tansley-TH	
9:00 Neighbourhood Time 10:30 Express Yourself 2:15 Church—TH 3:30 Circle of Friends	1:00 Neighborhood Time 2:00 Soothing Sensations 3:30 Brains and Banter 6:00 You and Me	9:00 Neighborhood Time 10:30 Musical Moments 2:00 Circle of Friends 3:30 For The Fun of Fit	9:00 Neighbourhood Time 10:30 For The Soul 1:00 Total Body Fitness 2:00 Stepping Out 2:30 Music Therapy 3:30 In The Kitchen	9:00 Neighbourhood Time 10:30 Circle of Friends 11:15 Fun & Fit 1:30 Spiriutal Care 2:00 Stepping Out 3:30 Express Yourself	9:00 Neighbourhood Time 10:00 Stepping Out 1:00 Art Therapy 2:30 Soothing Sensations 3:30 For The Fun of Fit	9:00 Neighborhood Time 10:30 In The Kitchen-CC 2:00 Stepping Out 3:30 Musical Moments	
9:00 Neighbourhood Time 10:30 Express Yourself 2:15 Church—TH 3:30 Circle of Friends	17 Family Day 1:00 Neighborhood Time 2:00 Soothing Sensations 3:30 Brains and Banter 6:00 You and Me	9:00 Neighborhood Time 10:30 Musical Moments 2:00 Circle of Friends 3:30 For The Fun of Fit	9:00 Neighbourhood Time 10:30 For The Soul 1:00 Total Body Fitness 2:00 Stepping Out 2:30 Music Therapy 3:30 In The Kitchen	9:00 Neighbourhood Time 10:30 Circle of Friends 11:15 Fun & Fit 1:30 Spiritual Care 3:00 Horticulture Therapy 3:30 Express Yourself	9:00 Neighourhood Time 10:30 Circle of Friends 11:15 Line Dancing- FC 1:00 Art Therapy 2:00 Soothing Sensations 3:30 For The Fun of Fit	9:00 Neighbourhood Time 10:30 For The Soul 2:00 Stepping Out 3:0 Geri DeFoe- TH	
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# FEBRUARY

#### In The Kitchen

12- Brownies

15- Coffee and Tea

19- Ice Cream Sunday

26- Cupcakes

# **Pal Group Programs**

#### Tuesday

Group Fitness 1:45

### Thursday

Basketball 11:30 Yoga 1:45

### **Outings**

12- Scenic Drive

19- Nickel Brook

26- Piper's Arm Restuarant



#### Diner's Club

21- Fish and Chips from The Ruby

# Valentine's Day Social

Sign up for a lunch with entertainment for February 14th at 11:30AM in Town Hall. Reserve your seat by February 7th. Contact Christine.Gomisa@SchlegelVillages.com Donations accepted.

