

# FEBRUARY

Bronte

### Legend

TH—Town Hall  
MS— Main Street  
L—Library  
CC--- Community Centre  
FT--Fitness Centre

### Residents Bill Of Rights

23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential

### Note/Announcement:

Programs subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 9:00 Neighborhood time 10:00 Art Therapy 10:30 Calendar delivery 11:15 Total Body Fitness 2:00 Stepping Out 3:00 Brad Boland Performs--TH
<b>2 Groundhog Day</b> 9:00 Neighborhood time 10:30 Circle of Friends 2:00 Church Service--TH 3:30 In the Kitchen	<b>3</b> 9:00 Neighborhood time 11:15 Fun and Fit 2:00 Stepping Out 2:30 Meditation w/ Elizabeth 3:30 Express yourself	<b>4</b> 9:00 Neighborhood time 10:30 Soothing Sensations 2:00 For the Fun of Fit 3:30 You and Me 6:00 Circle of Friends	<b>5</b> 10:30 Horticulture Therapy 1:00 Neighborhood time 2:00 Musical moments 3:00 Total Body Fitness 3:30 Brains and Banter 6:00 Circle of Friends	<b>6</b> 9:00 Neighborhood time 10:30 Circle of Friends 11:00 Spiritual Care 1:30 Music therapy 2:00 Stepping Out 3:30 In the Kitchen	<b>7</b> 9:00 Neighborhood time 10:30 For the Soul 11:15 Line Dancing--FC 2:00 Drum Fit 3:30 Men's Club	<b>8</b> 9:00 Neighborhood time 10:00 Art Therapy 10:30 Circle of Friends 11:15 Total Body Fitness 2:00 Soothing Sensations 3:00 Ron Tansley Performs--TH
<b>9</b> 9:00 Neighborhood time 10:30 Circle of Friends 2:00 Church Service--TH 3:30 In the Kitchen	<b>10</b> 9:00 Neighborhood time 10:00 Mother Goose--TH 2:00 Stepping Out 2:30 Meditation w/ Elizabeth 3:30 Express yourself	<b>11</b> Team Meeting 9:00 Neighborhood time 2:00 For the Fun of Fit 3:30 You and Me 6:00 Circle of Friends	<b>12</b> 10:30 Horticulture Therapy 1:00 Neighborhood time 2:00 Musical moments 3:00 Total Body Fitness 3:30 Brains and Banter 6:00 Circle of Friends	<b>13</b> 9:00 Neighborhood time 10:00 Spiritual Care 11:00 Music therapy 2:00 Stepping Out 3:30 For the Soul	<b>14 Valentine's Day</b> 9:00 Neighborhood time 10:30 Circle of Friends 2:30 Drum Fit 3:30 Men's Club	<b>15</b> 9:00 Neighborhood time 10:00 Art Therapy 10:30 Circle of Friends 11:15 Total Body Fitness 2:00 Stepping Out 3:00 Musical moments
<b>16</b> 9:00 Neighborhood time 10:30 Circle of Friends 2:00 Church Service--TH 3:30 In the Kitchen	<b>17 Family Day</b> 9:00 Neighborhood time 11:15 Fun and Fit 2:00 Stepping Out 2:30 Meditation w/ Elizabeth 3:30 Express yourself	<b>18</b> 9:00 Neighborhood time 10:30 Soothing Sensations 2:00 For the Fun of Fit 3:30 You and Me 6:00 Circle of Friends	<b>19</b> 10:30 Horticulture Therapy 1:00 Neighborhood time 2:00 Musical moments 3:00 Total Body Fitness 3:30 Brains and Banter 6:00 Circle of Friends	<b>20</b> 9:00 Neighborhood time 10:00 Spiritual Care 11:00 Music therapy 2:00 Stepping Out 3:30 In the Kitchen	<b>21</b> 9:00 Neighborhood time 10:30 For the Soul 11:15 Line Dancing--FC 12:00 Diner's Club--MS 2:00 Drum Fit 3:30 Men's Club	<b>22</b> 9:00 Neighborhood time 10:00 Art Therapy 10:30 Circle of Friends 11:15 Total Body Fitness 2:00 Soothing Sensations 3:00 Geri Defoe Performs--TH
<b>23</b> 9:00 Neighborhood time 10:30 Circle of Friends 2:00 Church Service--TH 3:30 In the Kitchen	<b>24</b> 9:00 Neighborhood time 11:15 Fun and Fit 2:00 Stepping Out 2:30 Meditation w/ Elizabeth 3:30 Express yourself	<b>25</b> 9:00 Neighborhood time 10:30 Soothing Sensations 2:00 For the Fun of Fit 3:30 You and Me 6:00 Celebration of Life	<b>26 Pink Shirt Day</b> 10:30 Horticulture Therapy 1:00 Neighborhood time 2:00 Musical moments 3:00 Total Body Fitness 3:30 Brains and Banter 6:00 Circle of Friends	<b>27</b> 9:00 Neighborhood time 10:00 Spiritual Care 11:00 Music therapy 2:00 Birthday Social--Appleby 3:00 Resident Council--CC 3:30 Stepping Out	<b>28</b> 9:00 Neighborhood time 10:30 For the Soul 11:15 Line Dancing--FC 2:00 Drum Fit 3:30 Men's Club	

# FEBRUARY

## **Diner's Club**

21- Fish and Chips from The Ruby

## **Valentine's Day Social**

Sign up for a lunch with entertainment for February 14th at 11:30AM in Town Hall. Reserve your seat by February 7th. Contact [Christine.Gomisa@SchlegelVillages.com](mailto:Christine.Gomisa@SchlegelVillages.com)  
Donations accepted.

## **Pal Group Programs**

### **Monday**

Sweat Squad 1:30

### **Tuesday**

Group Fitness 1:45

### **Thursday**

Basketball 11:30

Yoga 1:45

## **Outings**

12- Scenic Drive

19- Nickel Brook

26- Piper's Arm Restuarant

