# FEBRUARY

Eby

Legend <u>Legend</u>

Strasburg (SB) Waldau (WD) Aberdeen (AB) Newberry (NB)

Kingsdale (KD ) Eby (EB)

Roseville (RV) Ret. John Sweeney Rm (JS)

Sandhills (SH) Pinehaven Community Rm. (PC) Retirement Dining Rm (Ret. DR)

Ret. Hobby Rm (HB) R. Fireside Lounge (FS)

John Sweeney Rm (JS)

LTC Worship Rm (LTC WR)

R. Egerton (EG)

R. Williamsburg /Beckers (WB)

Pinehaven Community Rm (PC) R. Emma (EM)

	Sandnills (SH) Pinenaven Community Rm. (PC) Retirement Dining Rm (Ret. DR)					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:30 Rosary PC 11:00 Me and You 2:00 Brain and Banter 3:00 Bingo
2 Groundhog Day 10:00 TV Church 11:00 Puzzling 2:00 Express Yourself 3:00 Me and You	9:30 Horticulture 10:30 Bingo 2:00 Manicures 3:00 Brains and Banter	10:00 Worship Services 11:00 Calm Coloring 2:00 Active Games 3:30 Total Body Fitness	10:30 Catholic Comm. RV 2:00 Zumba 3:00 Music Therapy 4:00 Whiteboard Anagrams 6:30 Trivia Night	10:00 In the Kitchen 11:00 Walk and Talk 1:30 Outing: Conestoga Mall	7 10:00 Exercise 11:00 Stepping Out 2:00 Manicures 3:00 For the Spirit	8 10:00 In the Kitchen 11:00 Me and You 2:00 Card Games 3:00 Bingo
10:00 TV Church 11:00 Puzzling 2:00 Express Yourself 3:00 Me and You	9:30 Horticulture 10:30 Bingo 2:00 Manicures 3:00 Brains and Banter	11 Timbit Day 10:00 Worship Services 11:00 Word Searches 2:00 Active Games 3:30 Total Body Fitness	10:15 Exercise 11:00 Scattergories 2:00 Bowling 3:00 Music Therapy 4:00 Neighborhood Meeting 6:30 Movie and Popcorn	13 10:30 Exercise 2:00 Balloon Toss 3:00 Whiteboard Anagrams	14 Valentine's Day 10:00 Exercise 11:00 Valentine Day Craft 2:00 Valentine Social 3:00 For the Spirit	15 10:00 Exercise 11:00 Me and You 2:00 KWCG Asian Cultural Club Dancers 3:00 Bingo
16 10:00 TV Church 11:00 Puzzling 2:00 Express Yourself 3:00 Me and You	9:30 Horticulture 10:30 Bingo 2:00 Manicures 3:00 Ice Cream Social	10:00 Worship Services 11:00 Calm Coloring 2:00 Active Games 3:30 Total Body Fitness	19 Recreation in Training  10:30 Anglican Comm. (PCC) 2:00 Zumba 3:00 Music Therapy	10:00 In the Kitchen 11:00 Walk and Talk 2:00 White Board anagrams 3:00 Brains and Banter	10:00 Exercise 11:00 Brain and Banter 2:00 Manicures 3:00 For the Spirit	10:00 Painting 11:00 Stepping Out 2:00 Brains and Banter 3:00 Bingo
10:00 TV Church 11:00 Card Games 2:00 Express Yourself 3:00 Me and You	9:30 Horticulture 10:30 Bingo 1:15 Outing: Fairview Mall 1:45 Food Committee PC	10:00 Worship Services 11:00 Word Searches 2:00 Active Games 3:30Total Body Fitness	Pink Shirt Day 10:15 Exercise 11:00 Word Games 2:00 Bowling 3:00 Music Therapy 5:00 Ladies Diners Club 6:30 Movie and Popcorn	10:15 Resident Council 10:30 Exercise 2:00 Balloon Toss 3:00 Me and You	10:15 Exercise 11:00 Stepping Out 2:00 Entertainment: Leavin Tracks 3:00 For the Spirit 3:30 Manicures	

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#### **Entertainment For This Month:**

Haysville Mon Feb 3rd 2:00 Erin Marie Sandhills Mon Feb 3rd 3:30 Erin Marie Strasburg Fri Feb 7th 2:00 Bob MacLean Roseville Tues Feb 11th 3:30 Sheryl Walsh Retirement Dining Room Tues Feb 11th 2:00 Rockway Choir

Trussler Wed Feb 12th 2:00 Dynamic Duo Kingsdale Wed Feb 12th 3:30Dynamic Duo Sandhills Wed Feb 12th 2:00 PegTalks Feb 14th Valentine dance/party 2:00pm RH dining room

Feb 15th Sing Out with Beth and Cindy 2:00pm Strasburg

Feb 16th Apostolic Hymn Sing 1:30pm Strasburg

Aberdeen Thurs Feb 20th 2:00 Kevin Coates Newberry Thurs Feb 20th 3:30 Kevin Coates Waldau Fri Feb 21st 3:30 Paul Schalm

### Please sign up for outing with recreation team members asap:

6 Feb 1:30 to 4:30 Conestoga Mall 24 Feb 1:30 to 4:30 Fairview Mall



### Happy Birthday Dale W: Feb 23



Ramadan the ninth month of the Islamic calendar observed by Muslims worldwide as a month of fasting (sawm), prayer, reflection, and community. A commemoration of Muhammad's first revelation the annual observance of Ramadan is regarded as one of the Five Pillars of Islam and lasts twentynine to thirty days, from one sighting of the crescent moon to the next. Fasting from dawn to sunset is fard (obligatory) for all adult Muslims who are not acutely or chronically ill, travelling, elderly, breast-feeding, diabetic, or menstruating. The predawn meal is referred to as suhur, and the nightly feast that breaks the fast is called iftar. The spiritual rewards (thawab) of fasting are believed to be multiplied during Ramadan. Accordingly, during the hours of fasting Muslims refrain not only from food and drink, but also tobacco products, sexual relations, and sinful behavior, devoting themselves instead to salat (prayer) and study of the Quran.

We have set aside space in the Long-Term Care, Worship Space for those who would like a private place to pray. If you need anything else during this time, please let one of the Spiritual Care Leads know.

