

FEBRUARY

Emma's

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00 Rosary Service 11:00 Musical Moments 2:00 You and Me 3:00 For the Fun of Fit
2 Groundhog Day 10:30 Church Service 10:30 Stepping Out 2:00 Movie and Treat Groundhog Day 3:30 Brains and Banter	3 10:00 Bingo 11:00 You and Me 1:30 Musical Moments 2:30 SMART Exercises 3:30 This Month in History	4 9:30 Manicures 10:30 Horticultural Club 2:00 Express Yourself 3:30 Meditation	5 10:00 Music Jamboree 10:30 Catholic Mass 11:00 Walk with Heather 1:30 Exercises 3:30 Our Musical Past 6:15 Soothing Sensations	6 10:00 Circle of Friends 11:00 Bingo 2:00 You and Me 3:30 For the Fun of Fit 6:30 Reading Circle	7 10:00 Express Yourself 10:30 Musical Moments 1:30 Hymns Sing-a-Long 2:00 PAL Exercises 3:30 Brains and Banter	8 10:30 Circle of Friends 11:00 Colour me calm 2:00 You and Me 3:00 For the Fun of Fit
9 10:30 Church Service 10:30 Stepping Out 2:00 In the Kitchen 3:30 Brains and Banter	10 10:00 Bingo 11:00 You and Me 1:30 Musical Moments 2:30 SMART Exercises 3:30 For the Fun of Fit	11 9:30 Classical Connections 10:30 Horticultural Club 2:00 Rockway Collegiate Choir 3:30 Meditation	12 10:00 Music Jamboree 10:30 Lutheran Service 11:00 Walk With Heather 1:30 Exercises 3:30 Our Musical Past 6:15 Soothing Sensations	13 10:00 Circle of Friends 11:00 Bingo 2:00 You and Me 3:30 For the Fun of Fit	14 Valentine's Day 10:00 Express Yourself 10:30 Musical Moments 1:30 Hymns Sing-a-Long 2:00 Valentine's Dance/ John MacLean 3:30 Hot Chocolate Social	15 10:00 Bingo 11:00 Colour me calm 2:00 You and Me 3:00 KWCG Asian Club
16 10:30 Church Service 10:30 Stepping Out 2:00 Movie and Treat Mary Poppins 3:30 Brains and Banter	17 Family Day 10:00 Bingo 11:00 You and Me 1:30 Musical Moments 2:30 Exercises 3:30 For the Fun of Fit	18 9:30 Manicures 10:30 Horticultural Club 2:00 February Birthday Social 3:30 Meditation	19 10:00 Music Jamboree 10:00 For the Soul 11:00 Walk with Heather 1:30 Exercises 3:30 Our Musical Past 6:15 Soothing Sensations	20 10:00 Circle of Friends 11:00 Bingo 1:30 Winter Country Drive 3:30 For the Fun of Fit 6:30 Reading Circle	21 10:00 Express Yourself 10:30 Musical Moments 1:30 Hymns Sing-a-Long 2:00 PAL Exercises 3:30 Brains and Banter	22 10:00 Brains and Banter 11:00 Colour me calm 2:00 You and Me 3:00 For the Fun of Fit
23 10:30 Church Service 10:30 Stepping Out 2:00 In the Kitchen 3:30 Brains and Banter	24 10:00 Bingo 10:30 Protestant Communion 11:00 You and Me 1:30 Musical Moments 2:30 SMART Exercises 3:30 For the Fun of Fit	25 9:30 Classical Connections 10:30 Horticultural Club 10:00 Classical Connections 2:00 Jontu Elon 3:30 Meditation	26 Pink Shirt Day 10:00 Music Jamboree 10:00 For the Soul 11:00 Walk with Heather 1:30 Exercises 3:30 Our Musical Past 6:15 Soothing Sensations	27 10:00 Circle of Friends 11:00 Bingo 2:00 You and Me 3:30 For the Fun of Fit	28 10:00 Express Yourself 10:30 Musical Moments 1:30 Hymns Sing-a-Long 2:00 PAL Exercises 3:30 Cupcake Social	