# JANUARY

### EMMA'S NEIGHBOURHOOD

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Years Day 10:00 Music Jamboree 11:00 Walk With Heather 1:30 Exercises 3:30 Our Musical Past	10:00 Circle of Friends 10:30 Catholic Mass 11:00 Bingo 2:00 You and Me 3:30 For the Fun of Fit	3 10:00 Ladies Club 10:30 Musical Moments 2:00 PAL Exercises 3:30 Brains and Banter	10:00 Rosary Service 11:00 Musical Moments 2:00 You and Me 3:00 For the Fun of Fit
10:30 Church Service 10:30 Stepping Out 2:00 Movie and Popcorn 3:30 Brains and Banter	10:00 Bingo 11:00 You and Me 1:30 Musical Moments 2:30 SMART Exercises 3:30 For the Fun of Fit	9:30 Manicures 9:30 Horticultural Club 10:00 Classical Connections 11:00 In The Kitchen 2:00 Express Yourself 3:30 For the Soul	8 10:00 Music Jamboree 10:30 Lutheran Service 11:00 Walk with Heather 1:30 Exercises 3:30 Our Musical Past 6:15 Soothing Sensations	9 10:00 Circle of Friends 11:00 Bingo 2:00 You and Me 3:30 For the Fun of Fit	10:00 Ladies Club 10:30 Musical Moments 2:00 PAL Exercises 2:30 Celebration of Life Service 3:30 Brains and Banter	11 10:00 Bingo 11:00 Musical Moments 2:00 You and Me 3:00 For the Fun of Fit
10:30 Church Service 11:00 Stepping Out 2:00 In The Kitchen 3:30 Brains and Banter	13 10:00 Bingo 11:00 You and Me 1:30 Musical Moments 2:30 SMART Exercises	9:30 Manicures 9:30 Horticultural Club 10:00 Classical Connections 11:00 In The Kitchen 1:00 Express Yourself 2:00 Henry Winter	10:00 Music Jamboree 11:00 Walk with Heather 1:30 Exercises 2:00 Jim Young DR 3:30 Our Musical Past 6:15 Soothing Sensations	16 10:00 Circle of Friends 11:00 Bingo 2:00 January Birthday Social 3:30 For the Fun of Fit	10:00 Ladies Club 10:30 Musical Moments 2:00 PAL Exercises 3:30 Brains and Banter	18 10:00 Bingo 11:00 Musical Moments 2:00 You and Me 3:00 For the Fun of Fit
19 10:30 Church Service 10:30 Stepping Out 2:00 Movie and Popcorn 3:30 Brains and Banter	10:00 Bingo 11:00 You and Me 1:30 Musical Moments 2:30 SMART Exercises 3:30 For the Fun of Fit	9:30 Manicures 9:30 Horticultural Club 10:00 Classical Connections 11:00 In The Kitchen 2:30 Grand River Band 3:30 For the Soul	10:00 Music Jamboree 11:00 Walk with Heather 1:30 Exercises 3:30 Our Musical Past 6:15 Soothing Sensations	10:00 Circle of Friends 11:00 Bingo 2:00 You and Me 3:30 For the Fun of Fit	10:00 Ladies Club 10:30 Musical Moments 2:00 PAL Exercises 3:30 Brains and Banter	10:00 Bingo 11:00 Musical Moments 2:00 You and Me 3:00 Brains and Banter
10:30 Church Service 10:30 Stepping Out 2:00 In The Kitchen 3:30 Brains and Banter	10:00 Bingo 11:00 You and Me 1:30 Musical Moments 2:30 SMART Exercises	9:30 Manicures 9:30 Horticultural Club 10:00 Classical Connections 11:00 In The Kitchen 2:00 Express Yourself 3:30 For the Soul	29 Chinese New Year 10:00 Music Jamboree 11:00 Walk with Heather 1:30 Exercises 3:30 Our Musical Past 6:30 Paris and Ayr High School performance	10:00 Circle of Friends 10:00 Alzheimer's Chat 11:00 Bingo 2:00 You and Me 3:30 For the Fun of Fit	10:00 Ladies Club 10:30 Musical Moments 2:00 PAL Exercises 3:30 Brains and Banter	

## JANUARY

#### **Special Event**

Alzheimer's Chat 10:00pm John Sweeney

#### Clinics

#### Appointments need to be arranged

Ear and Hearing Clinic JAN 2nd Council Chambers

> Dental Clinic JAN 13th John Sweeney

Ear and Hearing Clinic JAN 16th Council Chambers

Ear and hearing Clinic JAN 30th Council Chambers

#### **Entertainment:**

Lynne and Rick JAN 8th 2:00pm (Egerton)- Living room

Henry Winter JAN 14th 2:00pm (Emma)- Living room

Jim Young JAN 15th 2:00pm Williamsburg Main Dining room

Grand River Band JAN 21st 2:30pm Williamsburg Main Dining room

Paris & Ayr JAN 29th 6:30pm Williamsburg Main Dining room

#### **Vendors**:

Nelly's Comfort Shoes JAN 23rd 11:00am-3:00pm Library Factory Shoe Kitchener JAN 3rd 10:00am-2:00pm Library