

Essex

JANUARY

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			New Year's Day 1 Calendar Distribution New Year Predictions Surprise Program Neighbourhood 1:1 Time Shut the Box Game	2 1:1 Horoscopes with Kristy Neighbourhood 1:1 Time Ice Fishing Fun Facts about January National Lampoon's Christmas Monopoly	3 Kristy is here Morning Check Ins 9:30 am Chair Pilates 10:30 am Village Choir Finish the Line Neighbourhood 1:1 Time	4 Shelby is here Happy Birthday Becky Morning Catch up Short Stories 1:1 Visit's 2:30 Entertainment in Chapel
5 Shelby is Here IN2L Church Service Self Care Sunday (Mani's) Neighbourhood 1:1 Time Fun & Games on Mainstreet	6 Epiphany 9:30 Fitness with PAL IN2L RC Mass Neighbourhood 1:1 Time 1:30 The Gathering Target Throw	7 Kristy is Here Morning Stretches Coloring Club 10:00 Anglican Service 1:30 Music with Joe 3:00 Church On Harrow 6:00 The Garden Club	8 9:30 Fitness with PAL Let's Meet our student with a cup of Cozy Ten Crazy Facts about our student Can Toss 3:00 Zumba	9 Shelby is Here 1:1 Horoscopes 10:30 Bible study 1:30 Crochet Club Giant Crossword	10 9:30 Morning Stretches 10:30 Catholic Service Neighbourhood 1:1 Time 1:30 Bingo With Harrow 3:00 Where in the World 6:00 Games with Harrow	11 Kristy is here 9:30 Morning Movement Express Yourself (Canvas Art) Neighbourhood 1:1 Time 2:30 Entertainment in Chapel
12 Kristy is Here Sunday Morning Stretches IN2L Live Stream RC Mass Self Care Sunday (Mani's) Neighbourhood 1:1 Time 1:30 Bingo with Kingsville in Community Center	13 Shelby in at Noon 9:30 Fitness with PAL 1:1 Visit's 1:30 The Gathering Family feud Card Games	14 Moring Check Ins Mindful Movement Dog Sled Races Neighbourhood 1:1 Time 1:30 Music with Joe 3:00 Church on Harrow 6:00 The Garden Club	15 9:30 Fitness with PAL Taking down Christmas Neighbourhood 1:1 Time 3:00 Zumba 6:00 Parkwood Service	16 Horoscopes with Shelby 10:30 Bible Study 1:30 Crochet Club The History of the Fig Newton Neighbourhood 1:1 Time 6:00 Rock in Bowl	17 Kristy is here Morning Check Ins 9:30 Chair Yoga 10:30 Village Choir 2:30 Cookie Social Photo Lotto Game Neighbourhood 1:1 Time	18 Shelby is here Morning Catch Up Short Stories 1:1 Visit's 2:30 Entertainment in Chapel
19 Shelby is Here Manicure's In2l Church Fun & Games on Mainstreet	20 9:30 Fitness with PAL Neighbourhood 1:1 Time 1:15 Rec Outing 1:30 The Gathering	21 Kristy is Here Happy Birthday Maria P. 9:30 Drum Fit Grocery List Bingo 11:00 Book Club 1:30 Music with Joe 3:00 Church on Essex 6:00 The Garden Club	22 9:30 Fitness with PAL In the Kitchen Neighbourhood 1:1 Time 1:15 Food and Resident Council 3:00 Zumba in Chapel 6:00 Pub Night	23 Shelby is Here 1:1 Horoscopes 10:30 Bible Study 1:30 Crochet Club Jeopardy	24 Morning Check Ins Morning Movement 1:30 Bingo With Harrow Neighbourhood 1:1 Time 6:00 Games on Essex (Ex)	25 Kristy is here 9:30 Morning Stretches with Balloon Toss Target Throw Help your Neighbor Game Neighbourhood 1:1 Time 2:30 Entertainment in Chapel
26 Kristy is Here Sunday Morning Stretches IN2L Live RC Mass Spa Sunday Neighbourhood 1:1 Time 1:30 Coffee Hour in Library	27 Shelby is in at Noon 9:30 Fitness with PAL 1:1 Visit's 1:30 The Gathering Giant crossword Movie Night	28 Morning Stretches Express yourself (Lego Art) 1:1;s 1:30 Music with Joe 3:00 Church on Essex 6:00 The Garden Club	29 9:30 Fitness with PAL Celebrating the Year of the Snake Trivia and Social Neighbourhood 1:1 Time 3:00 Zumba	30 Horoscopes with Shelby 10:30 Bible Study 1:30 Crochet Club In the Kitchen (Croissants) 6:00 Rock in Bowl	31 Kristy is here National Hot Chocolate Day 9:30 Drum Fit Neighbourhood 1:1 Time Paint and Swirl Finishing up the February Calendar	January Birthdays Becky Pridding January 4th Maria Pascot January 21st Programs can change due the needs of the neighborhood