

FEBRUARY



Program for Active Living

Legend

E - Eby
 N&T - Newberry & Trussler
 Str- Strasburg
 A - Aberdeen
 R - Roseville

K - Kingsdale
 S - Sandhills
 W - Waldau
 H - Haysville



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Groundhog Day	3 10:00 Total Body Fitness- K 11:00 Total Body Fitness- S 2:00 Hand therapy- N&T 3:00 Fun and Fitness - A 3:00 Fun and Fitness - R	4 10:00 Total Body Fitness - Str 11:00 Total Body Fitness - N&T 3:30 Total Body Fitness - E	5 10:00 Total Body Fitness - A 3:00 Fun and Fitness - K 3:30 Taichi - H	6 10:00 Total Body Fitness - N&T 11:00 Total Body Fitness - H 3:30 Taichi - Str	7 10:00 Total Body Fitness - R 11:00 Total Body Fitness - S 2:45 Hand Therapy - Str	8
9	10 10:00 Total Body Fitness- K 11:00 Total Body Fitness- S 2:00 Hand therapy- K 3:00 Fun and Fitness - A 3:00 Fun and Fitness - R	11 10:00 Total Body Fitness - Str 11:00 Total Body Fitness - N&T 3:30 Total Body Fitness - E	12 10:00 Total Body Fitness - A 3:00 Fun and Fitness - K 3:30 Taichi - H	13 10:00 Total Body Fitness - N&T 11:00 Total Body Fitness - H 3:30 Taichi - Str	14 Valentine's Day 10:00 Total Body Fitness - R 11:00 Total Body Fitness - S 3:30 Hand Therapy - E 	15
16	17 Family Day  Happy Family Day	18 10:00 Total Body Fitness - Str 11:00 Total Body Fitness - N&T 3:30 Total Body Fitness - E	19 10:00 Total Body Fitness - A 3:00 Fun and Fitness - K 3:30 Taichi - H	20 10:00 Total Body Fitness - N&T 11:00 Total Body Fitness - H 3:30 Taichi - Str	21 10:00 Total Body Fitness - R 11:00 Total Body Fitness - S 2:45 Hand Therapy - Aberdeen	22
23	24 10:00 Total Body Fitness- K 11:00 Total Body Fitness- S 2:00 Hand therapy- N&T 3:00 Fun and Fitness - A 3:00 Fun and Fitness - R	25 10:00 Total Body Fitness - Str 11:00 Total Body Fitness - N&T 3:30 Total Body Fitness - E	26 Pink Shirt Day 10:00 Total Body Fitness - A 3:00 Fun and Fitness - K 3:30 Taichi - H	27 10:00 Total Body Fitness - N&T 11:00 Total Body Fitness - H 3:30 Taichi - Str	28 10:00 Total Body Fitness - R 11:00 Total Body Fitness - S 2:45 Hand Therapy - Str	