

HAPPY NEW YEAR

Calendar of Events

JANUARY 2025



R - Recreation Room
 B - Bellwood's (1st Neighborhood)
 T- Trinity (2nd Neighborhood)
 BTV- Bellwood's TV Lounge
 TTV- Trinity TV Lounge
 TP- Traveling Program on Bellwood's & Trinity
 MD - Main Street Dining Room
 TD - Trinity Dining Room
 BD - Bellwood's Dining Room

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|--|--|
| | | | 1 <u>New Year's Day</u> 10am: Hallway Bingo - T 1:30pm: Hallway Bingo - B 3pm: New Year Celebration - TP 4pm: You & Me - TP | 2 <u>Happy Birthday Jose Terceira</u> 10:30am: Yoga with Pedro - R 10:30am: Neighbourhood Time 2:00pm: Spa Hour - TP 3:30pm: Aroma Therapy - TP | 3 10am: Neighbourhood Time - TP 2pm: You & Me - TP 3:30pm: Sound Therapy - TP 6pm: Helping Hands - TP | 4 <u>Happy Birthday Berril Moore</u> 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 3:30pm: Healing Pets - TP |
| 5 <u>Happy Birthday Wilda Lam</u> 10am: Neighbourhood Time - TP 2:00pm: Aroma Therapy - TP 3:30pm: Sound Therapy - TP | 6 10am: Neighbourhood Time - TP 10am: Rosary with Gloria - R 1:30pm: Sensory with Pedro - R 2pm: Touch & Feel - TP 3:30pm: You & Me - TP 6pm: Tranquil Light - TP | 7 <u>Orthodox Christmas Day</u> 9:30am: Evangelical Service - R 2pm: Java Music Club - R 3:30pm: Flavor Fun - TP 6pm: Soothing Sensation - TP | 8 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 2pm: You & Me - TP 3:30pm: Soothing Sensation - TP 6pm: Sensory Art - TP | 9 10:30am: Yoga with Pedro - R 10:30am: Neighbourhood Time 1:30pm: Music Therapy - TTV 2:30pm: Music Therapy - BTV 2:30pm: Spa Hour - TP 3:30pm: You & Me - TP | 10 10am: Neighbourhood Time - TP 2pm: Art Therapy - R 3:30pm: Sound Therapy - TP 6pm: Helping Hands - TP | 11 <u>Happy Birthday Oliver Morgan</u> 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 3:30pm: You & Me - TP |
| 12 10am: Neighbourhood Time - TP 2:00pm: Aroma Therapy - TP 3:30pm: Ted Talks - TP | 13 <u>Happy Birthday Gerda Mueller</u> 10am: Roman Catholic Mass - R 1:30pm: Sensory with Pedro - R 2pm: Touch & Feel - TP 3:30pm: You & Me - TP 6pm: Wood Works - TP | 14 10am: Music with Yolanda - R 2pm: Java Music Club - R 3:30pm: Flavor Fun - TP 6pm: Helping Hands - TP | 15 <u>Happy Birthday Abel Andrade</u> 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 2pm: You & Me - TP 3:30pm: Help Hands - TP 6pm: Sensory Art - TP | 16 10:30am: Yoga with Pedro - R 10:30am: Neighbourhood Time 1:30pm: Music Therapy - TTV 2:30pm: Music Therapy - BTV 2:30pm: Spa Hour - TP 3:30pm: Aroma Therapy - TP | 17 10am: Neighbourhood Time - TP 2pm: Art Therapy - R 3:30pm: Sound Therapy - TP 6pm: Helping Hands - TP | 18 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 3:30pm: Healing Pets - TP |
| 19 <u>World Religion Day</u> 10am: Non Denominal Service 2:00pm: Aroma Therapy - TP 3:30pm: Sound Therapy - TP | 20 10am: Neighbourhood Time - TP 10am: Rosary with Gloria - R 1:30pm: Sensory with Pedro - R 2pm: Touch & Feel - TP 3:30pm: You & Me - TP 6pm: Wood Works - TP | 21 <u>Hugging Day</u> 9:30am: Evangelical Service - R 2pm: Resident Council M. - R 3:30pm: Flavor Fun - TP 6pm: Helping Hands - TP | 22 <u>Happy Birthday Olga Estrela</u> 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 2pm: You & Me - TP 3:30pm: Soothing Sensation - TP 6pm: Sensory Art - TP | 23 10:30am: Yoga with Pedro - R 10:30am: Neighbourhood Time 1:30pm: Music Therapy - TTV 2:30pm: Music Therapy - BTV 2:30pm: Spa Hour - TP 3:30pm: You & Me - TP | 24 10am: Neighbourhood Time - TP 2pm: Art Therapy - R 3:30pm: Sound Therapy - TP 6pm: Helping Hands - TP | 25 <u>Robbie Burns Day</u> 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 3:30pm: You & Me - TP |
| 26 10am: Neighbourhood Time - TP 2:00pm: Aroma Therapy - TP 3:30pm: Ted Talks - TP | 27 10am: Neighbourhood Time - TP 10am: Rosary with Gloria - R 1:30pm: Sensory with Pedro - R 2pm: Touch & Feel - TP 3:30pm: You & Me - TP 6pm: Tranquil Light - TP | 28 10am: Neighbourhood Time - TP 2pm: Java Music Club - R 3:30pm: Flavor Fun - TP 6pm: Soothing Sensation - TP | 29 <u>Chinese New Year</u> 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 2pm: You & Me - TP 3:30pm: Chinese New Year Celebration - TP 6pm: Sensory Art - TP | 30 10:30am: Yoga with Pedro - R 10:30am: Neighbourhood Time 2:00pm: Spa Hour - TP 3:30pm: Aroma Therapy - TP | 31 10am: Neighbourhood Time - TP 2pm: Art Therapy - R 3:30pm: Sound Therapy - TP 6pm: Helping Hands - TP | |