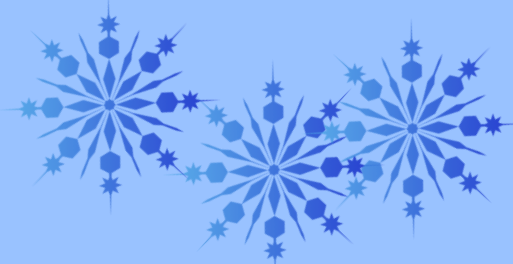


January 2025

Neighbourhoods of Williamsburg & Becker



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Where Is The Program?</p> <p>C—Chapel TH—Town Hall MF— Main Floor TS—Town Square FE—Front Entrance EM—Emma’s HS—Hobby Shop BP— Back Patio FC—Fitness Centre</p>			<p>1 10:30 Docuseries: “Secrets of Historic Britain” TH 1:30 New Year’s Day Activity Booklet Pick-up HS 2:30 & 7:30 Music on Wednesday: “Andre Rieu: New York Memories” TH</p>	<p>2 10:30 Bible Study C 10:30 Giant Crossword L 3:45 DrumFIT FC 2:30 & 7:30 Movie: “My Cousin Vinny” TH</p>	<p>3 9:30 VON Exercise Class FC 2:30 Hand Therapy HS 2:30 Resident Euchre Group SC 2:30 & 7:30 Movie: “Herself” TH</p>	<p>4 10:30 Short Stories Pick-up HS 2:30 Saturday Series: “The Crown” TH 2:30 Total Body Bootcamp FC</p>
<p>Recreation Contact Information:</p> <p>arboursails.recreation@schlegelvillages.com (226)-251-3065 Extension 811</p>			<p>New Year’s Day</p>			
<p>5 10:15 Specialty Coffee Cart Drop-in TS 11:00 DrumFIT FC 2:15 Brain Game Package Pick-up HS 3:00 Chapel Service C 4:00 Sunday TV Series: “Waiting for God” TH</p>	<p>6 10:00 Better Balance (Standing) FC 10:30 Word Games HS 10:30 Catholic Communion C 1:30 Shake Loose a Memory Game L 2:00 Get Active (Seated) FC 2:30 Entertainment: “New Horizons Big Band” TH 2:30 Resident Euchre Group SC 2:30 & 7:30 Movie: “A Beautiful Mind” TH</p>	<p>7 Cameron Cards 10-2 TS 10:30 Meeting of Minds Discussion Group TH 2:30 Praying the Rosary C 2:30 Outings Meeting HS 3:30 Stretch Class FC 7:30 Trivia Night HS 7:30 Seniors Fireside Chat: “What is happiness & is it worthy of pursuit?” TH</p> <p style="text-align: center;">Orthodox Christmas</p>	<p>8 9:30 VON Exercise Class FC 10:15 Get Active (Standing) FC 10:30 Docuseries: “Secrets of Historic Britain” TH 10:30 Men’s Conversation Connection C 2:30 2025 Curling Event FC 3:00 Happy Hour MF Café 7:30 Music on Wednesday: “Julie Andrews” TH</p>	<p>9 10:00 Chair Yoga FC 10:30 Bible Study C 10:30 Giant Crossword L 3:00 Gentle Exercise FC 3:45 DrumFIT FC 2:30 & 7:30 Movie: “Our Souls at Night” TH 7:45 Bingo HS</p>	<p>10 9:30 VON Exercise Class FC 2:30 Hand Therapy HS 2:30 Resident Euchre Group SC 3:00 Resident Armchair Travel: Exploring the Virgin Islands with Morley Kipp TH *If you’re interested in sharing your travels, contact Katie at ext.807 7:15 Popcorn Pickup TH 2:30 & 7:30 Movie: “The Peanut Butter Falcon” TH</p>	<p>11 10:15 Morning Smoothies MF Café 11:15 Balloon Volleyball FC 1:30 Short Stories Pick-up HS 2:30 Saturday Series: “The Crown” TH 2:30 Total Body Bootcamp FC 3:00 Happy Hour MF Café</p>
<p>12 10:15 Specialty Coffee MF Café 11:00 DrumFIT FC 2:15 Brain Game Package Pick-up HS 3:00 Chapel Service C 3:45 Fellowship MF Café 4:00 Sunday TV Series: “Waiting for God” TH</p>	<p>13 10:00 Better Balance (Standing) FC 10:30 Word Games HS 10:30 Catholic Communion C 1:30 Shake Loose a Memory Game L 2:00 Get Active (Seated) FC 2:30 Movie Crew Meeting HS 2:30 Resident Euchre Group SC 3:30 Musical Bingo HS 2:30 & 7:30 Movie: “A Woman in the Window” TH</p>	<p>14 Creations Boutique 10-2 HS 10:30 Meeting of Minds Discussion Group TH 2:30 Film of Faith: “Healed by Grace 2” TH 2:30 Art Hour HS 3:30 Stretch Class FC 7:30 Trivia Night HS 7:30 Seniors Fireside Chat: “What is the line between justice & revenge?” TH</p>	<p>15 9:30 VON Exercise Class FC 10:15 Get Active (Standing) FC 10:30 Docuseries: “Secrets of Historic Britain” TH 2:00 Get Active (Seated) FC 3-4 Bookmobile FE 3:00 Happy Hour MF Café 7:30 Classical Music: “Beethoven Piano Concerto” TH</p>	<p>16 No Shopping Shuttle Today 10:00 Chair Yoga FC 10:30 Bible Study C 10:30 Grand Slam of Curling Event—Sign-up outside the Hobby Shop & for more info! 3:00 Gentle Exercise FC 3:45 DrumFIT FC 2:30 & 7:30 Movie: “High Society” TH 7:45 Bingo HS</p>	<p>17 9:30 VON Exercise Class FC 2:30 Hand Therapy HS 2:30 Resident Euchre Group SC 3:30 Neighbourhood Birthday Party L 7:15 Popcorn Pickup TH 2:30 & 7:30 Movie: “Rescued by Ruby” TH</p>	<p>18 10:15 Morning Smoothies MF Café 11:15 Balloon Volleyball FC 1:30 Short Stories Pick-up HS 2:30 Saturday Series: “The Crown” TH 2:30 Total Body Bootcamp FC 3:00 Happy Hour MF Café</p>



January 2025

Neighbourhoods of Williamsburg & Becker



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 10:15 Specialty Coffee MF Café 11:00 DrumFIT FC 2:15 Brain Game Package Pick-up HS 3:00 Chapel Service C 3:45 Fellowship MF Café 4:00 Sunday TV Series: "Waiting for God" TH World Religion Day—See the display outside the Chapel	20 10:00 Better Balance (Standing) FC 10:30 Word Games HS 10:30 Catholic Communion C 1:30 Shake Loose a Memory Game L 2:00 Get Active (Seated) FC 2:30 Resident Euchre Group SC 3:30 Musical Bingo HS 2:30 & 7:30 Movie: "Crocodile Dundee" TH	21 10:30 Meeting of Minds Discussion Group TH 2:30 Winter Celebration of Life TH 3:30 Stretch Class FC 7:30 Trivia Night HS 7:30 Seniors Fireside Chat: "should we abandon the first-past-the-post electoral system?" TH National Hugging Day	22 9:30 VON Exercise Class FC 10:15 Get Active (Standing) FC 10:30 Men's Conversation Connection C 10:30 Docuseries: "Secrets of Historic Britain" TH 2:00 Get Active (Seated) FC 3:00 Happy Hour MF Café 7:30 An Evening of Robert with David Murray & Katie Lammert TH	23 10:00 Chair Yoga FC 10:30 Bible Study C 10:30 Giant Crossword L 3:00 Gentle Exercise FC 3:45 DrumFIT FC 2:30 & 7:30 Movie: "One Flew over the Cuckoo's Nest" TH 7:45 Bingo HS	24 9:30 VON Exercise Class FC 2:30 Hand Therapy HS 2:30 Resident Euchre Group SC 3:30 Afternoon Tea MF Café 7:15 Popcorn Pickup TH 2:30 & 7:30 Movie: "Top Gun Maverick" TH	25 10:15 Morning Smoothies MF Cafe 11:15 Balloon Volleyball FC 1:30 Short Stories Pick-up HS 2:30 Saturday Series: "The Crown" TH 2:30 Total Body Bootcamp FC 3:00 Robbie Burns Day Pub MF Café Robbie Burns Day
26 10:15 Specialty Coffee MF Café 11:00 DrumFIT FC 2:15 Brain Game Package Pick-up HS 3:00 Chapel Service C 3:45 Fellowship MF Café 4:00 Sunday TV Series: "Waiting for God" TH	27 10:00 Better Balance (Standing) FC 10:30 Word Games HS 10:30 Catholic Communion C 1:30 Shake Loose a Memory Game L 2:00 Get Active (Seated) FC 2:30 Resident Euchre Group SC 3:30 Musical Bingo HS 2:30 & 7:30 Movie: "The Theory of Everything" TH	28 10:30 Meeting of Minds Discussion Group TH 3:30 Stretch Class FC 7:30 Trivia Night HS 7:30 Seniors Fireside Chat: "Do newspapers have a viable future?" TH	29 9:30 VON Exercise Class FC 10:15 Get Active (Standing) FC 10:30 Docuseries: "Secrets of Historic Britain" TH 2:30 Residents' Council Meeting: Guest Speaker from Alzheimer Society Waterloo Wellington TH 3:30 Coffee Break Fundraiser ft. music by Katie Lammert TS 2:00 Get Active (Seated) FC 3-4 Bookmobile FE 3:00 Happy Hour MF Café 7:30 Music on Wednesday: "Chords of the Chinese New Year" TH Chinese New Year	30 10:00 Chair Yoga FC 10:30 Bible Study C 3:00 Gentle Exercise FC 3:45 DrumFIT FC 2:30 & 7:30 Movie: The Return of the Pink Panther" TH 7:45 Bingo HS	31 9:30 VON Exercise Class FC 10:30 Communion Service with Guelph United Ministries C 2:30 Hand Therapy HS 2:30 Entertainment: "A Record Day" TH 2:30 Resident Euchre Group SC 3:30 Destination Social 7:15 Popcorn Pickup TH 2:30 & 7:30 Movie: "Maria" TH	
Where Is The Program? C —Chapel TH —Town Hall MF — Main Floor TS —Town Square FE —Front Entrance EM —Emma's HS —Hobby Shop BP — Back Patio FC —Fitness Centre NOTE: Programs, their times, and locations are subject to change.			Recreation Contact Information: arbourtrails.recreation@schlegelvillages.com (226)-251-3065 Extension 811			