



January 2025

Derry



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Main Street—MS
 Activity Room—AR
 Country Kitchen— CK
 Community Centre—CC
 Fitness Centre— FC
 Open Area— OA
 Touring— TO
 Town Hall - TH
 Virtual - V

**Programs may be
 subject
 to change if required**

1
 10:00 For the fun of fit
 11:00 Brains and Banter
2:00 Green thumb —CK
 2:30 Bingo Derry
 4:00 Express Yourself
6:30 Brain Boosters-CC

2
9:30 Music Therapy—OA
 10:30 In the Kitchen
 11:15 Exercise with Physio
 2:00 Brains and Banter
 3:00 Circle of friends
 4:00 Helping Hands
6:30 Music Appreciation-CC

3
10:00 Feel & Fold—OA
 11:00 Circle of Friends
 2:00 Movie/Show
 3:30 Helping Hands
6:30 Movie Night-CC

4
 9:30 For the Soul
NEIGHBOURHOOD TIME
 2:00 Bingo-MS
 3:30 For the fun of fit
6:30 A Little Bit of This and That— CC

5
 9:30 For the Soul
 10:15 Circle of friends
 11:00 Stepping Out
2:00 Sunday Social—MS
 3:30 Express Yourself
6:30 Hosanna Singers-CC

6
 1:00 You and I
 1:30 Express Yourself
 2:30 Helping Hands
 3:00 Musical Moments
6:30 Active Games-MS

7
 10:00 Brains and Banter
 11:10 Exercise with Physio
 2:00 Soothing Sensation
 3:00 Stepping Out
3:00 Pastoral Visit-TO
3:30 Hymn Sing-OA
6:30 Bingo— MS

8
 10:00 For the fun of fit
10:30 Art & Craft—CK
 11:15 Brains and Banter
 2:00 Bingo Derry
 3:00 Circle of friends
 4:00 Musical Moments
6:30 Java Music Club-CC

9
9:30 Music Therapy—OA
NEIGHBOURHOOD TIME
 1:00 Private Communion-TO
 2:00 R.C. Communion/Rosary-TH
 2:00 Brains and Banter
 4:00 Soothing Sensation
6:30 Music Appreciation-CC

10
10:00 Feel & Fold—OA
 11:00 Express Yourself
 2:00 Movie/Show
 3:30 Helping Hands
6:30 Movie Night-CC

11
9:30 Green thumb—CC
 10:00 For the Soul
 11:00 Brains and Banter
2:00 golden Oldies—MS
 4:00 You and I
6:30 Bingo—MS

12
 9:30 For the Soul
 10:15 Circle of friends
 11:00 Stepping Out
3:30 Church Service-L
6:30 It's Never Too Late-CC

13
 1:00 You and I
 1:30 Express Yourself
 2:30 Helping Hands
 3:00 Circle of Friends
6:30 Active Games-MS

14
 10:00 In the Kitchen
 11:15 Exercise with Physio
2:00 Entertainment—MS
3:00 Music With David-OA
 4:00 You and I
6:30 Bingo— MS

15
 10:00 For the fun of fit
 11:00 Brains and Banter
 2:30 Bingo Derry
2:00 Green thumb—CK
2:00 Anglican Communion-TH
 3:30 Musical Moments
6:30 Java Music Club-CC

16
9:30 Music Therapy—OA
NEIGHBOURHOOD TIME
 1:00 Private Communion-TO
 2:00 Catholic Mass-TH
 2:00 Circle of Friends
 4:00 Soothing Sensation
6:30 Music Appreciation-CC

17
10:00 Feel & Fold—OA
 11:00 Circle of Friends
2:00 Celebration African Culture—MS
6:30 Movie Night-CC

18
9:45 Children's Group-MS
 11:00 For the fun of fit
2:00 Bingo-MS
 3:30 Circle of friends
 4:00 Stepping Out
6:30 A Little Bit of This and That— CC

19
 9:30 For the Soul
 10:15 Circle of friends
 11:00 Stepping Out
 2:00 Musical Moments
3:30 Church Service-L
6:30 It's Never Too Late-CC

20
 1:00 You and I
 1:30 Express Yourself
 2:30 Helping Hands
 3:00 Musical Moments
6:30 Active Games-MS

21
 10:00 Brains and Banter
 11:10 Exercise with Physio
 2:00 Soothing Sensation
 3:00 Stepping Out
3:00Pastoral Visits-TO
3:30 Bible Stories-OA
6:30 Bingo— MS

22
 10:00 For the fun of fit
10:30 Art & Craft—CK
 11:15 Brains and Banter
 2:00 Bingo Derry
 3:00 Circle of friends
 4:00 Musical Moments
6:30 Java Music Club-CC

23
9:30 Music Therapy—OA
10:30—3:30 lunch @ Manda-
rin—Sign up is required
 1:00 Private Communion-TO
 2:00 R.C. Communion/Rosary-TH
 4:00 Brains and Banter
6:30 Music Appreciation-CC

24
10:00 Feel & Fold—OA
 11:00 Express Yourself
 2:00 Movie/Show
 3:30 Helping Hands
6:30 Pub Night—MS

25
9:30 Green thumb—CC
NEIGHBOURHOOD TIME
2:00 Bingo-MS
 3:30 For the fun of fit
 4:00 You and I
6:30 A Little Bit of This and That— CC

26
 9:30 For the Soul
 10:15 Circle of friends
 11:00 Stepping Out
2:30 Classical Guitar Concert—TH
6:30 It's Never Too Late-CC

27
 1:00 You and I
 1:30 Express Yourself
 2:30 Helping Hands
 3:00 Circle of Friends
6:30 Active Games-MS

28
 10:00 In the Kitchen
 11:15 Exercise with Physio
2:00 Birthday Bash—MS
3:00 Walter's Tales of Wisdom-OA
6:30 Bingo— MS

29
 10:00 For the fun of fit
 11:00 Brains and Banter
 2:30 Bingo Derry
2:00 Green thumb—CK
 3:30 Musical Moments
6:30 Java Music Club-CC

30
9:30 Music Therapy—OA
NEIGHBOURHOOD TIME
 1:00 Private Communion-TO
 2:00 R.C. Communion/Rosary-TH
 2:00 Stepping Out
 2:30 Brains and Banter
6:30 Music Appreciation-CC

31
10:00 Feel & Fold—OA
6:30 Movie Night-CC