



January 2025

Howland



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Main Street—MS Activity Room—AR Country Kitchen—CK Community Centre—CC Fitness Centre—FC Open Area—OA Touring—TO Town Hall - TH Virtual - V	Programs may be subject to change if required		1 10:00 feel & Fold—OA 11:00 You & Me 2:00 Musical Moments - CK 3:00 Circle of Friends - CK 6:30 Brain Boosters-CC	2 10:00 Neighborhood Time 10:00 Pastoral Visit-TO 11:00 You & Me 2:00 In the Kitchen - CK 3:00 Circle of Friends - CK 4:00 Helping Hands - CK 6:30 Music Appreciation-CC	3 10:00 For the Fun of Fit - OA 11:00 Circle of Friends - OA 2:00 Musical Moments - OA 3:00 Express Yourself - CK 4:00 You & Me 6:30 Movie Night-CC	4 10:00 Brains & Banter - OA 11:00 Soothing Sensation - OA 2:00 Bingo-MS 3:30 Short stories time - CK 6:30 A Little Bit of This and That— CC
5 10:00 For the Soul - CK 11:00 Circle of Friends-CK 2:00 Sunday Social—MS 3:30 You & Me 6:30 Hosanna Singers-MS	6 9:30 Music Therapy—OA 10:00 Neighborhood Time 11:00 For the Fun of Fit - OA 1:30 chime Choir—Lib 2:00 Express Yourself - OA 3:00 You & Me 6:30 Active Games-MS	7 10:30 Art & Craft—CK 1:00 Friendly Visits - TO 2:00 Musical Moments - OA 3:00 Brains & Banter - CK 6:30 Bingo— MS	8 10:00 feel & Fold—OA 11:00 Musical Moments - OA 2:00 Brains & Banter - CK 3:00 Circle of Friends - CK 6:30 Java Music Club-CC	9 10:00 Hymn Sing-OA 10:00 Neighborhood Time 1:00 Private Communion-TO 2:00 In the Kitchen - CK 2:00 R.C. Communion/Rosary-TH 3:00 Discussion Time - CK 6:30 Music Appreciation-CC	10 10:00 Neighborhood Time 11:00 For the Fun of Fit - OA 2:00 Express Yourself - OA 3:00 Stepping Out - TO 6:30 Movie Night-CC	11 9:30 Green thumb—CC 10:00 Neighborhood Time 11:00 Soothing Sensation 2:00 Golden Oldies—MS 3:00 Circle of Friends - CK 4:00 You & Me 6:30 Bingo—MS
12 10:00 For the Soul - CK 11:00 Short Stories Time 2:00 In the Kitchen - CK 3:00 Express Yourself - CK 3:30 Church Service-L 6:30 It's Never Too Late-CC	13 9:30 Music Therapy—OA 10:00 For the Fun of Fit - OA 11:00 Express Yourself - OA 1:30 chime Choir—Lib 2:00 Musical Moments - OA 3:00 You & Me 6:30 Active Games-MS	14 10:30 Green thumb—CK 2:00 Entertainment—MS 3:15 Circle of Friends - OA 4:00 Friendly Visits 6:30 Bingo— MS	15 10:00 feel & Fold—OA 10:30 Neighborhood Time 2:00 Musical Moments - OA 2:00 Anglican Communion-TH 3:00 You & Me 6:30 Java Music Club-CC	16 10:00 Bible Mind Teaser-OA 10:00 Neighborhood Time 1:00 Private Communion-TO 2:00 Catholic Mass-TH 2:00 In the Kitchen - CK 3:00 Discussion Time - CK 4:00 Helping Hands - CK 6:30 Music Appreciation-CC	17 10:00 For the Fun of Fit - OA 11:00 Express Yourself - OA 2:00 Celebration African Culture—MS 3:30 You & Me 6:30 Movie Night-CC	18 10:00 Neighborhood Time 11:00 You & Me 2:00 Bingo-MS 3:30 Circle of Friends - CK 6:30 A Little Bit of This and That—
19 10:00 For the Soul - CK 11:00 Musical Moments - OA 2:00 Story Making time - CK 3:30 Church Service-L 3:00 You & Me 6:30 It's Never Too Late-CC	20 9:30 Music Therapy—OA 10:00 Neighborhood Time 11:00 You & Me 1:30 chime Choir—Lib 2:00 Story Building - CK 3:00 Musical Moments - Ck 6:30 Active Games-MS	21 10:30 Art & Craft—CK 1:00 Friendly Visits 2:00 Musical Moments - OA 3:00 Express Yourself - OA 6:30 Bingo— MS	22 10:00 feel & Fold—OA 11:00 You & Me 2:00 Brains & Banter - Ck 3:00 Circle of Friends - CK 6:30 Java Music Club-CC	23 10:00 Morning Devotion-OA 10:30—3:30 lunch @ Manda- rin—Sign up is required 10:00-12:00 Neighborhood Time 1:00 Private Communion-TO 2:00 R.C. Communion/Rosary-TH 6:30 Music Appreciation-CC	24 10:00 For the Fun of Fit - OA 11:00 Express Yourself - OA 2:00 Musical Moments - OA 3:00 Circle of Friends - CK 6:30 Pub Night—MS	25 9:30 Green thumb—CC 10:00 Neighborhood Time 11:00 Soothing Sensation 2:00 Bingo-MS 3:30 Discussion Starter 6:30 A Little Bit of This and That— CC
26 10:00 For the Soul - CK 11:00 Story Building - CK 2:30 Classical Guitar Con- cert—TH 3:30 You & Me 6:30 It's Never Too Late-CC	27 9:30 Music Therapy—OA 10:00 For the Fun of Fit - OA 11:00 Express Yourself - OA 1:30 chime Choir—Lib 2:00 Musical Moments - OA 3:00 Brains & Banter - OA 6:30 Active Games-MS	28 10:30 Green thumb—CK 1:00 Friendly Visits 2:00 Birthday Bash—MS 3:30 Circle of Friends 6:30 Bingo— MS	29 10:00 Neighborhood Time 10:00 feel & Fold—OA 11:00 You & Me 2:00 Brains & Banter - CK 3:00 Stepping Out 6:30 Java Music Club-CC	30 10:00 Hymn Sing-OA 10:00 Neighborhood Time 1:00 Private Communion-TO 2:00 R.C. Communion/Rosary-TH 2:00 In The Kitchen - CK 3:00 Circle of Friends - CK 6:30 Music Appreciation-CC	31 10:00 Neighborhood Time 11:00 You & Me 2:30 Hot Chocolate Social - OA 3:30 Helping Hands 6:30 Movie Night-CC	