



January 2025

Meadowvale



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Main Street—MS
 Activity Room—AR
 Country Kitchen—CK
 Community Centre—CC
 Fitness Centre—FC
 Open Area—OA
 Touring—TO
 Town Hall - TH
 Virtual - V

**Programs may be
 subject
 to change if required**

1
 10:30 Art & Craft—CK
 1:30-Baking-CK
 3:00-Helping hands-CK
 6:30 Brain Boosters-CC

2
 10:15 Music Therapy—OA
 11:00-Neighbourhood time-OA
 2:00-Circle of friends-OA
 3:00-You and I-TO
 6:30 Music Appreciation-CC

3
 10:00-Neighbourhood Time-OA
 2:00-Music and Manicures-OA
 3:00-You and I-TO
 6:30 Movie Night-CC

4
 10:00-Neighbourhood Time-OA
 2:00 Bingo-MS
 3:00-You and I-TO
 6:30 A Little Bit of This and That-CC

5
 10:00-Neighbourhood Time-OA
 2:00 Sunday Social—MS
 3:00-You and I-TO
 6:30 Hosanna Singers - MS

6
 10:00 Feel & Fold—OA
 11:00-Neighbourhood TimeOA
 1:30 chime Choir—Lib
 2:00-Active Games-OA
 3:00-You and I -TO
 6:30 Active Games-MS

7
 10:00-Neighbourhood Time-OA
 11:00-Exercise with physio-OA
 2:00-Brain and Banter-OA
 3:00-You and I-TO
 6:30 Bingo—MS

8
 1:30-Active Games-OA
 2:00 Green thumb—CK
 3:00 Hymn Sing/Pastoral visit
 6:30 Java Music Club-CC

9
 10:15 Music Therapy—OA
 11:00-Neighbourhood Time-OA
 1:00 Private Communion-TO
 2:00 R.C. Communion/Rosary-TH
 2;30-Brain Banter-OA
 3:00-You and I-TO
 6:30 Music Appreciation-CC

10
 10:00-Neighbourhood Time-OA
 2:00-Music and Manicures-OA
 3:00-You and I-TO
 6:30 Movie Night-CC

11
 9:30 Green thumb—CC
 10:00-Neighbourhood Time-OA
 2:00 golden Oldies—MS
 3:00-You and I-TO
 6:30 Bingo—MS

12
 10:00-Neighbourhood Time-OA
 2:00-Music and Memories-OA
 3:30 Church Service-L
 6:30 It's Never Too Late-CC

13
 10:00 Feel & Fold—OA
 11:00-Neighbourhood Time-OA
 1:30 chime Choir—Lib
 2:00-Active Games-OA
 3:00-You and I -TO
 6:30 Active Games-MS

14
 10:00-Neighbourhood Time-OA
 11:00-Exercise with physio-OA
 2:00 Entertainment—MS
 3:00-You and I-TO
 6:30 Bingo—MS

15
 10:30 Art & Craft—CK
 1:30-Active Games-OA
 3:00 Hymn Sing/Pastoral visit
 6:30 Java Music Club-CC

16
 10:15 Music Therapy—OA
 11:00-Neighbourhood Time-OA
 1:00 Private Communion-TO
 2:00 Catholic Mass-TH
 2:30-2;30-Brain Banter-OA
 3:00-You and I-TO
 6:30 Music Appreciation-CC

17
 10:00-Neighbourhood Time-OA
 2:00 Celebration African Culture—MS
 3:00-You and I-TO
 6:30 Movie Night-CC

18
 10:00-Neighbourhood Time-OA
 2:00 Bingo-MS
 3:00-You and I-TO
 6:30 A Little Bit of This and That-CC

19
 10:00-Neighbourhood Time-OA
 2:00-Music and Memories-OA
 3:30 Church Service-L
 6:30 It's Never Too Late-CC

20
 10:00 Feel & Fold—OA
 11:00-Neighbourhood Time-OA
 1:30 chime Choir—Lib
 2:00-Active Games-OA
 3:00-You and I -TO
 6:30 Active Games-MS

21
 10:00-Neighbourhood Time-OA
 11:00-Exercise with physio-OA
 2:00-Brain and Banter-OA
 3:00-You and I-TO
 6:30 Bingo—MS

22
 1:30-Active Games-OA
 2:00 Green thumb—CK
 3:00 Music With David-OA
 6:30 Java Music Club-CC

23
 10:15 Music Therapy—OA
 10:30—3:30 lunch @ Mandarin—
 Sign up is required
 1:00 Private Communion-TO
 2:00 R.C. Communion/Rosary-TH
 2;30-Brain Banter-OA
 3:00-You and I-TO
 6:30 Music Appreciation-CC

24
 10:00-Neighbourhood Time-OA
 2:00-Music and Manicures-OA
 3:00-You and I-TO
 6:30 Pub Night—MS

25
 9:30 Green thumb—CC
 10:00-Neighbourhood Time-OA
 2:00 Bingo-MS
 3:00-You and I-TO
 6:30 A Little Bit of This and That-CC

26
 10:00-Neighbourhood Time-OA
 2:00 Live Worship Music-MS
 2:30 Classical Guitar Concert—TH
 3:30-You and I -TO
 6:30 It's Never Too Late-CC

27
 10:00 Feel & Fold—OA
 11:00-Neighbourhood Time-OA
 1:30 chime Choir—Lib
 2:00-Active Games-OA
 3:00-You and I -TO
 6:30 Active Games-MS

28
 10:00-Neighbourhood Time-OA
 11:00-Exercise with physio-OA
 2:00 Birthday Bash—MS
 3:00-You and I-TO
 6:30 Bingo—MS

29
 10:30 Art & Craft—CK
 1:30-Active Games-OA
 3:00 Hymn Sing/Pastoral visit
 6:30 Java Music Club-CC

30
 10:15 Music Therapy—OA
 1:00 Private Communion-TO
 2:00 R.C. Communion/Rosary-TH
 2;30-Brain Banter-OA
 3:00-You and I-TO
 6:30 Music Appreciation-CC

31
 10:00-Neighbourhood Time-OA
 2:00-Music and Manicures-OA
 3:00-You and I-TO
 6:30 Movie Night-CC