



January 2025

Trafalgar



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Main Street—MS
 Activity Room—AR
 Country Kitchen—CK
 Community Centre—CC
 Fitness Centre—FC
 Open Area—OA
 Touring—TO
 Town Hall - TH
 Virtual - V

**Programs may be
 subject
 to change if required**

1
 10:00 For the fun of fit-OA
 11:00 Express Yourself-CK
 2:00 Tea Social-CK
 3:30 You & I-GH
 4:00 Crosswords Time

2
10:30 Art & Craft—CK
11:15 Music Therapy—OA
 1:30 In the kitchen-CK
 3:30 Helping Hands-CK
6:30 Music Appreciation-CC

10:00 Target Toss-OA
 11:00 Reading Club-PA
 2:00 Express Yourself-CK
 3:30 You & I-GH
6:30 Movie Night-CC

4
 10:00 For the soul-OA
 11:00 Board Games-OA
2:00 Bingo-MS
 3:30 Stepping Out-GH
 6:30 A Little Bit of This and That—CC

5
 10:00 Soothing and sensation-CK
 11:00 Mini manicures-PA
2:00 Sunday Social—MS
 3:30 Circle of friends-OA
6:30 Hosanna Singers-CC

6
 10:00 For the fun of fit-OA
 11:00 Aqua Painting-CK
1:30 chime Choir—Lib
2:00 Art—CK
3:00 Neighborhood Time
 3:30 Stepping Out-GH
6:30 Active Games-MS

7 BREAKFAST CLUB
 10:00 Helping Hands
 11:00 Brain & banter-OA
 2:00 Express Yourself-CK
 3:30 Circle of friends-CK
6:30 Bingo—MS

10:00 For the fun of fit-OA
 11:00 Express Yourself-CK
 2:00 Tea Social-CK
 3:30 You & I-GH
 4:00 Crosswords Time
6:30 Java Music Club-CC

9
 10:00 For the fun of fit-OA
11:15 Music Therapy—OA
 1:00 Private Communion-TO
 1:30 In the kitchen-CK
 2:00 R.C. Communion/Rosary-TH
2:00 Art & Craft—CK
 3:30 Helping Hands-CK
6:30 Music Appreciation-CC

10:00 Target Toss-OA
 11:00 Reading Club-PA
 2:00 Express Yourself-CK
 3:30 You & I-GH
6:30 Movie Night-CC

11
9:30 Green thumb—CC
 10:00 For the soul-OA
 11:00 Board Games-OA
2:00 golden Oldies—MS
 3:30 Stepping Out-GH
 6:30 Bingo—MS

12
 10:00 Soothing and sensation-CK
 11:00 Mini manicures-PA
 2:00 Sunday movies-CK
 3:00 Circle of friends-PA
3:30 Church Service
6:30 It's Never Too Late-CC

13
 10:00 For the fun of fit-OA
 11:00 Aqua Painting-CK
1:30 chime Choir—Lib
2:00 Art—CK
3:00 Neighborhood Time
 3:30 Stepping Out-GH
6:30 Active Games-MS

14
10:00 Walter's Tales of Wisdom-OA
10:30 Pastoral Visit-TO
 11:00 Brain & banter-OA
2:00 Entertainment—MS
 3:30 Circle of friends-CK
6:30 Bingo—MS

15
 10:00 For the fun of fit-OA
 11:00 Express Yourself-CK
2:00 Anglican Communion-TH
 3:30 You & I-GH
 4:00 Crosswords Time
6:30 Java Music Club-CC

16
10:30 Art & Craft—CK
11:15 Music Therapy—OA
 1:00 Private Communion-TO
 1:30 In the kitchen-CK
 2:00 Catholic Mass -TH
 3:30 Helping hands-CK
6:30 Music Appreciation-CC

17
 10:00 Target Toss-OA
 11:00 Reading Club-PA
2:00 Celebration African Culture—MS
 2:00 Express Yourself-CK
 3:30 You & I-GH
6:30 Movie Night-CC

18
9:45 Children's Group-MS
 10:00 For the soul-OA
 11:00 Board Games-OA
2:00 Bingo-MS
 3:30 Stepping Out-GH
 6:30 A Little Bit of This and That—CC

19
 10:00 Soothing and sensation-CK
 11:00 Mini manicures-PA
 3:00 Circle of friends-OA
3:30 Church Service
6:30 It's Never Too Late-CC

20
 10:00 For the fun of fit-OA
 11:00 Aqua Painting-CK
1:30 chime Choir—Lib
2:00 Art—CK
3:00 Neighborhood Time
 3:30 Stepping Out-GH
6:30 Active Games-MS

21
 10:00 Neighborhood Time
 11:00 Brain & banter-OA
 2:00 Express Yourself-CK
 3:30 Circle of friends-CK
6:30 Bingo—MS

22
 10:00 For the fun of fit-OA
 11:00 Express Yourself-CK
 2:00 Tea Social-CK
 3:30 You & I-GH
 4:00 Crosswords Time
6:30 Java Music Club-CC

23
11:15 Music Therapy—OA
2:00 Art & Craft—CK
 1:00 Private Communion-TO
 2:00 R.C. Communion/Rosary-TH
3:30 lunch @ Mandarin—Sign up is required
 6:30 Music Appreciation-CC

24
 10:00 Target Toss-OA
 11:00 Reading Club-PA
 2:00 Express Yourself-CK
 3:30 You & I-GH
6:30 Pub Night—MS

25
9:30 Green thumb—CC
 10:00 For the soul-OA
 11:00 Board Games-OA
2:00 Bingo-MS
 3:30 Stepping Out-GH
 6:30 A Little Bit of This and That—CC

26
 10:00 Soothing and sensation-CK
 11:00 Mini manicures-PA
2:00 Live Worship Music-MS
2:30 Sunday Inspiration-MS
2:30 Classical Guitar Concert—TH
6:30 It's Never Too Late-CC

27
 10:00 For the fun of fit-OA
 11:00 Aqua Painting-CK
1:30 chime Choir—Lib
2:00 Art—CK
3:00 Neighborhood Time
 3:30 Stepping Out-GH
6:30 Active Games-MS

28
10:00 Morning Devotion-OA
 11:00 Brain & banter-OA
2:00 Birthday Bash—MS
 3:30 Circle of friends-CK
6:30 Bingo—MS

29
 10:00 For the fun of fit-OA
 11:00 Express Yourself-CK
 2:00 Tea Social-CK
 3:30 You & I-GH
 4:00 Crosswords Time
6:30 Java Music Club-CC

30
10:30 Art & Craft—CK
11:15 Music Therapy—OA
 1:00 Private Communion-TO
 1:30 in the kitchen-CK
 2:00 R.C. Communion/Rosary-TH
 3:30 Helping Hands-CK
6:30 Music Appreciation-CC

31
 10:00 Target Toss-OA
 11:00 Reading Club-PA
 2:00 Express Yourself-CK
 3:30 You & I-GH
6:30 Movie Night-CC