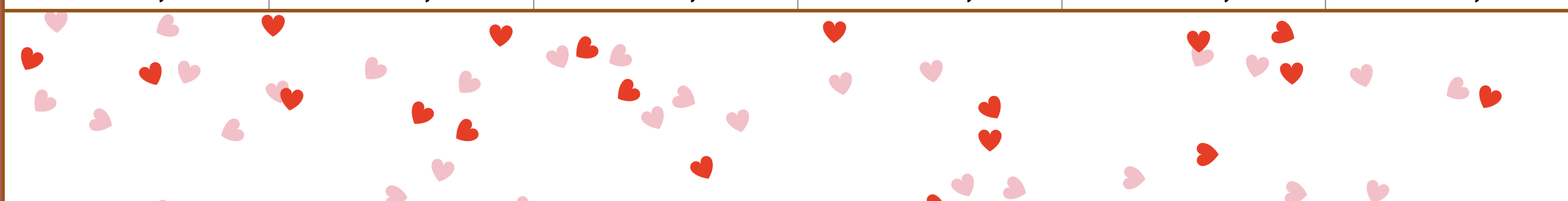



FEBRUARY

Meadowvale

Main Street—MS
 Greenhouse-GH
 Activity Room—AR
 Chapel-CH
 Virtual - V
 Library - Lib
 Country Kitchen—CK
 Community Centre—CC
 Fitness Centre— FC
 Open Area- OA
 Touring- TO
 Town Hall - TH

Programs may be subject
 to change if required

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00-Neighbourhood Time- 2:00 Bingo - MS 3:00 Express yourself- OA 6:30 A Little Bit of This and That- CC
2 Groundhog Day 10:00-Neighbourhood Time- 3:30 Church Service-L 4:00-You and I-TO 6:30 Hosanna Singers-MS	3 10:00 feel & Fold - OA 11:00-Neighbourhood Time 2:00-Active Games-OA 3:00-You and I -TO 6:30 Active Games-MS	4 10:30 Art & Craft - OA 10:00-Neighbourhood Time- 11:00-Exercise with physio- 2:00 Entertainment - MS 3:00 Circle of Friends - OA 6:30 Bingo- MS	5 2:00 For the Fun of Fit- OA 3:00 Java Music Club-CC 4:00 All about you - TO 6:30 Brain Boosters-CC	6 10:30 Craft--CC 11:00-Neighbourhood time- 1:00 Private Communion-TO 2:00 Green Thumb---CC 3:00 music and Manicures - 6:30 Music Appreciation-CC	7 10:00-Neighbourhood Time- 2:00-Music and Manicures- OA 3:00-You and I-TO 4:00 Stepping Out - TO 6:30 Movie Night-CC	8 10:00-Neighbourhood Time- 9:30 Green Thumb - CC 2:00 Bingo - MS 3:00 Express yourself- OA 6:30 A Little Bit of This and That- CC
9 10:00Neighbourhood Time 2:00 Black History Month- MS 3:30 Church Service-L 4:00-You and I-TO 6:30 It's Never Too Late-CC	10 10:00 feel & Fold - OA 11:00-Neighbourhood Time 2:00-Active Games-OA 3:00-You and I -TO 6:30 Active Games-MS	11 10:30 Art & Craft - OA 10:00-Neighbourhood Time- 11:00-Exercise with physio- 2:00-Brain and Banters-OA 3:00 Circle of Friends - OA 6:30 Bingo- MS	12 2:00 Resident's Council Meeting-CC 2:00 For the Fun of Fit- OA 3:00 Hymn Sing-OA 3:30 Pastoral Visits-TO 6:30 Java Music Club-CC	13 10:30 Craft--CC 11:00-Neighbourhood time- 1:00 Private Communion-TO 2:00 Green Thumb---CC 6:30 Music Appreciation-CC	14 Valentine's Day 10:00-Neighbourhood Time- 2:00 Valentine's Day celebration-MS 3:00 Soothing Sensation-TO 4:00 Stepping Out - TO 6:30 Movie Night-CC	15 10:00-Neighbourhood Time- 2:00 Bingo - MS 3:00 Express yourself- OA 6:30 A Little Bit of This and That- CC
16 10:00-Neighbourhood Time- 3:30 Church Service-L 4:00-You and I-TO 6:30 It's Never Too Late-CC	17 Family Day 10:00 feel & Fold - OA 11:00-Neighbourhood Time 2:00 Family Day - MS 3:00-You and I -TO 6:30 Active Games-MS	18 10:30 Art & Craft - OA 10:00-Neighbourhood Time- 11:00-Exercise with physio- 2:00-Brain and Banters-OA 3:00-Circle of friends - OA 6:30 Bingo- MS	19 2:00 For the Fun of Fit- OA 3:00 Music with David-OA 4:00 All about you - TO 6:30 Java Music Club-CC	20 10:00-Neighbourhood time- 10:30 Craft--CC 1:00 Private Communion-TO 2:00 Green Thumb---CC 2:00 Catholic Mass-TH 6:30 Music Appreciation-CC	21 10:00-Neighbourhood Time- 2:00-Music and Manicures- OA 3:00 Soothing Sensation-OA 4:00 Stepping Out - TO 6:30 Movie Night-CC	22 10:00-Neighbourhood Time- 9:30 Green Thumb - CC 2:00 Bingo - MS 3:00 Express yourself- OA 6:30 A Little Bit of This and That- CC
23 10:00-Neighbourhood Time- 2:00 Live Worship Music-MS 2:30 Sunday Inspiration-MS 4:00-You and I-TO 6:30 It's Never Too Late-CC	24 10:00 feel & Fold - OA 11:00-Neighbourhood Time 2:00-Active Games-OA 3:00-You and I -TO 6:30 Active Games-MS	25 10:30 Art & Craft - OA 10:00-Neighbourhood Time- 11:00-Exercise with physio- 2:00 Birthday Bash - MS 3:00 Circle of Friends - OA 6:30 Bingo- MS	26 Pink Shirt Day 10:30—3:30 lunch @ Mandarin—Sign up is required 3:00 Hymn Sing-OA 3:30 Pastoral Visits-TO 6:30 Java Music Club-CC	27 10:30 Craft--CC 11:00-Neighbourhood time- 2:00 Green Thumb---CC 3:00 Memorial service-TH 6:30 Music Appreciation-CC	28 10:00-Neighbourhood Time- 2:00-Music and Manicures- OA 3:00 Soothing Sensation-OA 4:00 Stepping Out - TO 6:30 Pub Night-CC	

FEBRUARY

Popcorn and Movie Night

Friday Movies for the month:

07 - Gifted

14 - 50 First Dates

21 - Grown ups

28 - Grown ups 2



Main Events in LTC

- Celebrating Black History Month
- Celebrating Valentine's Day
- Entertainment by Jeff Kahl
- Family Day with Viviana
- Birthday Bash with Filipa
- Pub Night with Emilio Zarris
- Memorial Service



the Outing

- lunch at Mandarin—Sign up is required

