

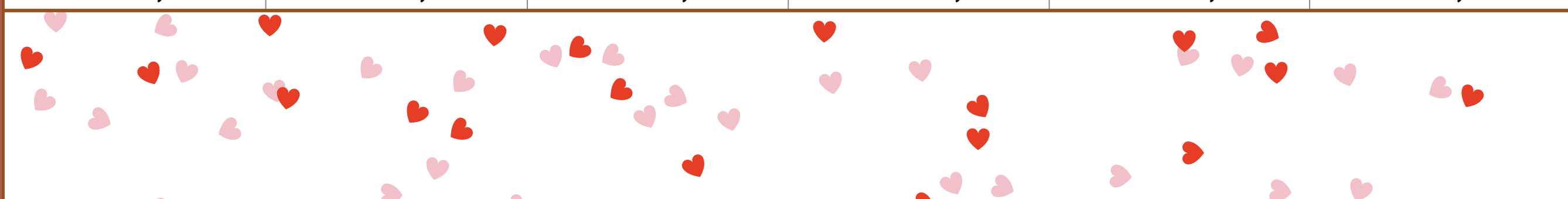

FEBRUARY

OAKLANDS

Legend
 FC—Fitness Centre
 TH—Town Hall
 MS— Main Street
 TS—Town Square
 L—Library

Note/Announcement:
 Programs Subject to Change

Residents Bill Of Rights
 23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 1:00 Art Therapy 2:00 Neighborhood Time 3:30 Brad Boland—TH 6:15 Circle of Friends
2 Groundhog Day 10:00 Total Body Fitness 2:00 Neighborhood Time 2:15 Church— TH 3:30 You and Me 6:15 Brains and Banter	3 9:00 Neighborhood Time 10:00 Musical Moments 11:00 You and Me 2:00 Express Yourself 3:00 For the Fun of Fit 6:00 Circle of Friends	4 9:00 Neighborhood Time 10:30 Express Yourself 2:00 Soothing Sensations 3:00 You and Me 4:00 Spiritual Care	5 9:15 Fun & Fit 11:00 Music Therapy 2:30 Neighbourhood Time 3:00 Brains and Banter 4:00 For the Fun of Fit 6:00 You and Me	6 10:30 Horticulture Therapy 1:00 Neighborhood Time 2:30 In the Kitchen 3:30 Musical Moments 6:15 Circle of Friends	7 9:00 Neighbourhood Time 10:30 Circle of Friends 11:00 Line Dancing—FC 2:30 For The Soul 3:30 For the Fun of Fit 6:00 Brains and Banter	8 9:00 Neighborhood Time 10:30 Circle of Friends 1:00 Art Therapy 2:00 You and Me 3:00 Ron Tansley—TH
9 9:00 Neighbourhood Time 10:00 Movie Matinee 2:15 Church— TH 3:30 You and Me	10 9:00 Neighborhood Time 10:00 Mother Goose- TH 2:00 In the Kitchen 3:00 Circle of Friends 6:00 Brains and Banter	11 Team Meeting 9:00 Neighborhood Time 2:00 Soothing Sensations 3:30 You and Me 4:00 Spiritual Visits	12 9:15 Fun & Fit 2:30 Neighbourhood Time 4:00 Stepping Out 6:00 Musical Moments	13 1:00 Neighborhood Time 1:30 Music Therapy 2:30 In the Kitchen 3:30 You and Me 6:15 Circle of Friends	14 Valentine's Day 9:00 Neighbourhood Time 2:30 For the Soul 3:30 For the Fun of Fit 6:00 Brains and Banter	15 1:00 Art Therapy 2:00 Neighborhood Time 3:00 Musical Moments 6:15 Circle of Friends
16 10:00 Total Body Fitness 2:00 Neighborhood Time 2:15 Church— TH 3:30 You and Me 6:15 Brains and Banter	17 Family Day 9:00 Neighborhood Time 10:30 Musical Moments 2:00 Express Yourself 3:00 For the Fun of Fit 6:00 Circle of Friends	18 9:00 Neighborhood Time 10:30 Express Yourself 2:00 Soothing Sensations 3:00 You and Me 4:00 Spiritual Care	19 9:15 Fun & Fit 2:30 Neighbourhood Time 3:00 Brains and Banter 4:00 For the Fun of Fit 6:00 You and Me	20 10:30 Horticulture Therapy 1:00 Neighborhood Time 1:30 Music Therapy 2:30 In the Kitchen 3:30 You and Me 6:15 Circle of Friends	21 Diners Club 9:00 Neighbourhood Time 10:30 Circle of Friends 12:00 Fish & Chips Diner Club 2:30 For The Soul 3:30 For the Fun of Fit 6:00 Brains and Banter	22 9:00 Neighborhood Time 10:30 Circle of Friends 1:00 Art Therapy 2:00 You and Me 3:00 Geri Defoe—TH
23 9:00 Neighbourhood Time 10:00 Movie Matinee 2:15 Church— TH 3:30 You and Me	24 9:00 Neighborhood Time 10:00 Musical Moments 11:00 You and Me 2:00 In the Kitchen 3:00 Circle of Friends 6:00 Brains and Banter	25 9:00 Neighborhood Time 10:30 Express Yourself 2:00 Soothing Sensations 3:00 You and Me 4:00 Spiritual Care 6:00 Celebration of Life	26 Pink Shirt Day 9:15 Fun & Fit 2:30 Neighbourhood Time 3:00 Brains and Banter 4:00 For the Fun of Fit 6:00 Musical Moments	27 Birthday Social 10:30 Horticulture Therapy 1:00 Neighborhood Time 1:30 Music Therapy 2:00 Birthday Social - Appleby 4:00 You and Me 6:15 Circle of Friends	28 9:00 Neighbourhood Time 10:30 Circle of Friends 11:00 Line Dancing—FC 2:30 For The Soul 3:30 For the Fun of Fit 6:00 Brains and Banter	

FEBRUARY

Pal Group Programs

Monday

Sweat Squad 1:30

Tuesday

Group Fitness 1:45

Thursday

Basketball 11:30

Yoga 1:45

Diner's Club

21- Fish and Chips from The Ruby

Valentine's Day Social

Sign up for a lunch with entertainment for February 14th at 11:30AM in Town Hall. Reserve your seat by February 7th. Contact Christine.Gomisa@SchlegelVillages.com Donations accepted.

Movie Ideas:

Sound of Music

Sister Act

Parent Trap

Mary Poppins

Outings

Scenic Drive - Wednesday 12th @ 3 pm

Nickel Brook Brewery - Wednesday 19th @ 2 pm

Piper Arms Lunch - Wednesday 26th @ 12 pm

