

# FEBRUARY

Roseville

W Rm- LTC Worship Room  
 PCC- Pinehaven Community Centre  
 LTC C- LTC Cafe  
 JS - John Sweeney Room  
 RET- Retirement

SB- Strasburg  
 AB- Aberdeen  
 RV- Roseville  
 KD- Kingsdale  
 SH- Sandhills

WD- Waldau  
 HV- Haysville  
 EBY- Eby  
 T- Trussler  
 NB - Newberry

## BLACK LIVES MATTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 9:30 Bingo 10:30 Rosary- PCC 2:00 Dance with Music 3:00 Hand Massages
<b>2 Groundhog Day</b> 9:30 TV Church Service 10:30 Hymn Sing 2:00 Groundhog Bingo 3:00 Corn Hole	<b>3</b> 10:30 Puzzles 11:00 Hand Massages 1:30 Karaoke Afternoon 3:00 Fun & Fitness	<b>4</b> 10:15 Manicures 1:30 Ball Toss 2:30 You and Me 4:15 Music Therapy	<b>5</b> 10:30 Catholic Comm 11:00 Music Therapy 1:00 Horticulture 2:30 For the Fun of Fit	<b>6</b> 10:30 Soothing Sensations 11:00 You and Me 2:00 Active Games 4:00 Rosary	<b>7</b> 10:00 Total Body Fitness 10:30 Java Music 1:30 For the Spirit 3:00 Black History Discussion	<b>8</b> 9:30 In the Kitchen 10:30 Sing Along 2:00 Hot Chocolate Social 3:00 You and Me
<b>9</b> 9:30 TV Church Service 10:30 Hymn Sing 2:00 Brains & Banter 3:00 Balloon Toss	<b>10</b> 10:30 Soothing Sensations 11:00 Hand Massages 1:30 Karaoke Afternoon 3:00 Fun & Fitness	<b>11 Timbit Day</b> 10:15 Manicures 1:30 Ball Toss 3:30 Music by Sheryl Walsh 4:15 Music Therapy	<b>12</b> 10:00 Short Stories 10:30 Lutheran Comm (PCC) 11:00 Music Therapy 1:00 Horticulture 2:00 Zumba	<b>13</b> 10:30 Musical Moments 11:00 You and Me 1:30 Balloon Badminton 2:30 Express Yourself	<b>14 Valentine's Day</b> 10:00 Total Body Fitness 10:30 Java Music 1:30 For the Spirit 2:15 Valentine's Social	<b>15</b> 9:30 Bingo 10:30 Arts and Crafts 2:00 Dance with Music 3:00 Hand Massages
<b>16</b> 9:30 TV Church Service 10:30 Hymn Sing 2:00 Brains & Banter 3:00 Corn Hole	<b>17 Family Day</b> 10:30 Puzzles 11:00 Hand Massages 1:30 Karaoke Afternoon 3:00 Fun & Fitness	<b>18</b> 10:15 Manicures 1:30 Ball Toss 2:30 You and Me 4:15 Music Therapy	<b>19</b> 10:00 Short Stories 10:30 Anglican Comm (Pcc) 11:00 Music Therapy 1:00 Horticulture 2:30 For the Fun of Fit	<b>20</b> 10:30 Soothing Sensations 11:00 You and Me 2:00 Active Games 3:15 Peter's Travelogue 4:00 Rosary	<b>21</b> 10:00 Total Body Fitness 10:30 Java Music 1:30 For the Spirit 3:00 Circle of Friends	<b>22</b> 9:30 In the Kitchen 10:30 Sing Along 2:00 Tea Social 3:00 You and Me
<b>23</b> 9:30 TV Church Service 10:30 Hymn Sing 2:00 Brains & Banter 3:00 Balloon Toss	<b>24</b> 10:30 Soothing Sensations 11:00 Hand Massages 1:30 Karaoke Afternoon 1:45 Food Committee Meeting 3:00 Fun & Fitness	<b>25</b> 10:15 Manicures 1:30 Ball Toss 2:30 You and Me 4:15 Music Therapy	<b>26 Pink Shirt Day</b> 10:30 Residents Meeting 11:00 Music Therapy 1:00 Horticulture 1:30 Winter Country Drive 3:30 You and Me	<b>27</b> 10:15 Resident Council 11:00 You and Me 1:30 Balloon Badminton 2:30 Express Yourself	<b>28</b> 10:00 Total Body Fitness 10:30 Java Music 1:30 For the Spirit 3:00 Circle of Friends	

# FEBRUARY

## February Entertainments

Haysville Mon Feb 3rd 2:00 Erin Marie

Sandhills Mon Feb 3rd 3:30 Erin Marie

Strasburg Fri Feb 7th 2:00 Bob MacLean

Roseville Tues Feb 11th 3:30 Sheryl Walsh

RET Dining Room Tues Feb 11th 2:00 Rockway  
Choir

Trussler Wed Feb 12th 2:00 Dynamic Duo

Kingsdale Wed Feb 12th 3:30 Dynamic Duo

Sandhills Wed Feb 12th 2:00 Peg Talks

RH Dining Rm Fri Feb 14th 2:00

Valentine Dance Party

Strasburg Sat Feb 15th 2:00 Sing Out

Eby Sat Feb 15th 2:00 KWCG Asian Cultural  
Club Dancers

Strasburg Sun Feb 16th

Apostolic Hymn Sing

Aberdeen Thurs Feb 20th 2:00

Kevin Coates

Newberry Thurs Feb 20th 3:30

Kevin Coates

Waldau Fri Feb 21st 3:30 Paul Schalm

Eby Tues Feb 28th 2:00 Leavin' Tracks

## Monthly Roseville Outing

February 26- 1:30 Winter Country Drive

## Roseville February Birthdays

Jacqueline V - Feb 8

Phyllis B - Feb 18

Barbara S - Feb 23

Anita S - Feb 24

Margaret D - Feb 25



**Ramadan** the ninth month of the Islamic calendar observed by Muslims worldwide as a month of fasting (sawm), prayer, reflection, and community. A commemoration of Muhammad's first revelation the annual observance of Ramadan is regarded as one of the Five Pillars of Islam and lasts twenty-nine to thirty days, from one sighting of the crescent moon to the next. Fasting from dawn to sunset is fard (obligatory) for all adult Muslims who are not acutely or chronically ill, travelling, elderly, breast-feeding, diabetic, or menstruating. The predawn meal is referred to as suhur, and the nightly feast that breaks the fast is called iftar. The spiritual rewards (thawab) of fasting are believed to be multiplied during Ramadan. Accordingly, during the hours of fasting Muslims refrain not only from food and drink, but also tobacco products, sexual relations, and sinful behavior, devoting themselves instead to salat (prayer) and study of the Quran.

**We have set aside space in the Long-Term Care, Worship Space for those who would like a private place to pray. If you need anything else during this time, please let one of the Spiritual Care Leads know.**