

FEBRUARY

Sandhills

Legend

C—Chapel

TH—Town Hall

MF— Main Floor

TS—Town Square

SC—Social Club

FE—Front Entrance

L—Library

EM—Emma's

HS—Hobby Shop

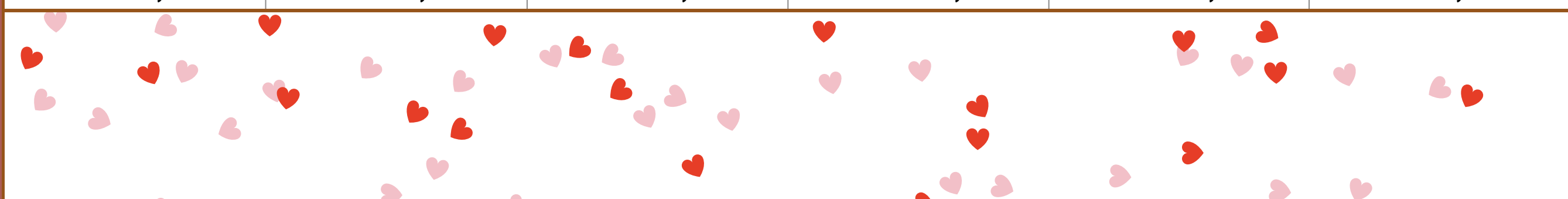

JPL — Jack Purcell Lounge

BP— Back Patio

FC—Fitness Centre

MFC — Main Floor Café

PC—Patio Courtyard

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:45 PERK/Chronicle Delivery 10:30 Rosary 2:00 You & Me 3:30 Bingo
2 Groundhog Day 9:45 PERK/Chronicle Delivery 10:30 TV Church 2:30 Coffee Break 4:00 Trivia	3 11:00 Total Body Fitness 1:00 Perk/ Chronicle Delivery 2:00 Social 3:30 Erin Marie 5:00 Dinner 6:15 UNO Card Game	4 10:00 Board Games 11:00 Music Therapy/Perks 12:00 Lunch 2:00 Rick Steves: Castles of Scotland (YouTube) 3:30 Valentine Photos	5 9:30 Horticulture Therapy 9:15 Perk/ Chronicle Delivery 10:30 Catholic Communion 1:30 Hymn Sing 2:30 Walk and Talks 3:30 Bingo	6 9:15 Perk/Chronicle Deliveries 10:30 Book Club 2:00 Nail Care 4:00 Bible Study- Pastor Royal	7 10:00 Church 11:00 Total Body Fitness 11:00 In The Kitchen 12:00 Lunch Bunch 3:00 You & Me 4:00 Trivia	8 10:00 Perk/ Chronicle Delivery 11:00 Chair Exercises 2:00 Colour Me Calm 3:30 Bingo
9 10:30 TV Church 10:45 Perk and Chronicle Deliveries 2:00 You and ME 3:30 Trivia	10 11:00 Total Body Fitness 9:15 Perk/ Chronicle Delivery 2:00 Valentine's Painting 3:30pm Foot Ball Toss 5:00 Dinner 6:15 UNO Card Game	11 Timbit Day 9:15 Perk/ Chronicle Delivery 10:00 Board Games 11:00 Music Therapy 12:00 Lunch 2:00 Coffee Social 3:30 Bowling	12 9:30 Horticulture Therapy 10:45 Bingo 2:00 Peg Talks 4:00 You & Me	13 9:15 Perk/ Chronicle Delivery 10:30 Book Club 2:00 Nail Care 4:00 Bible Study- Pastor Royal	14 Valentine's Day 10:00 Church 11:00 Total Body Fitness 2:00 Valentines Program 4:00 Valentines Trivia	15 10:00 PERK/Chronicle Delivery 10:30 Bingo 2:00 Walk & Talks 4:00 Discussion Group
16 9:45 PERK/Chronicle Delivery 10:30 Church with Royal 1:30 You & Me 4:00 Trivia	17 Family Day 11:00 Total Body Fitness 2:00 You and Me 3:30 Family Dice Game 5:00 Dinner 6:15 Short Stories	18 10:00 Board Games 11:00 Music Therapy 12:00 Lunch 1:30 Movie 2:00 You and ME 3:30 Bingo	19 9:30 Horticulture Therapy	20 10:30 Book Club 2:00 Nail care 3:00 Resident Meeting 4:00 Bible Study- Pastor Royal	21 10:00 Church 11:00 Total Body Fitness 2:00 Walks & Talks 4:00 Trivia	22 10:00 Perk Deliveries and Visits 11:00 Chair Exercises 2:00 You and ME 3:30 Bingo
23 9:15 Perk Deliveries and Visits 10:30 TV Church 2:00 Java Music 3:45 Trivia	24 11:00 Total Body Fitness 1:45 Food Committee 2:00 Ball Exercises 3:30 Dinner Prep 5:00- 6:00 Special Dinner 7:00 You and ME	25 10:00 Board Games 11:00 Music Therapy 1:00 Movie 1-4:30 Outing to the Mall	26 Pink Shirt Day 9:30 Horticulture Therapy 10:45 Bingo 2:00 Walks & Talks 4:00 Trivia	27 9:15 Perk Deliveries 10:30 Resident Council 10:30 Book Club 2:00 Nail Care 4:00 Bible Study- Pastor Royal	28 Ramada 10:00 Church 11:00 Total Body Fitness 2:00 Baking 4:00 Trivia	

FEBRUARY

Special Events Across the Village

Mon. 3rd @2:00 - Erin Marie (HV)

Mon. 3rd @3:30 - Erin Marie (SH)

Fri. 7th @2:00 - Bob MacLean (SB)

Tues. 11th @3:30 - Sheryl Walsh (RV)

Tues. 11th @2:00 - Rockway Choir (RT)

Wed. 12th @2:00 - Dynamic Duo (TL)

Wed. 12th @2:00 - PegTalks (SH)

Sat. 15th @2:00 - Asian Cultural Dancers (EB)

Sun. 16th @2:00 - Apostolic Hymn Sing (SB)

Thurs. 20th @2:00 - Kevin Coates (AB)

Fri. 21st @3:30 - Paul Schalm (WD)

Tues. 28th @2:00 - Leavin Tracks (EB)

Happy Birthday to our February Birthdays

Louise G
February 21st

Joan H
February 24th

Maria M
February 24th

Ted C
February 27th



Spiritual Programs at Winston Park

Wednesday Communion Services:
Catholic: 10:30am February 5th (Roseville).

Lutheran: 10:30am February 12th (Pinehaven).

Anglican: 10:30am February 19th (Pinehaven).

Protestant: 10:30am February 26th (Pinehaven).

Rosary 4:00pm Wednesdays (WR/chapel).

Bible Study with Royal 2:30pm Tuesdays (Strasburg).

Ramadan, the ninth month of the Islamic calendar, is observed by Muslims worldwide as a month of fasting (sawm), prayer, reflection, and community.

We have set aside space in the Long-Term Care, Worship Space for those who would like a private place to pray. If you need anything else during this time, please let one of the Spiritual Care Leads know.

