

# FEBRUARY

Hagey

## Legend

Do - Downey  
Ha - Hagey  
Jo - Johnston  
Ma - Matthews  
Po - Pollock

Wr - Wright  
C - Chapel  
CC - Community Centre  
CY - Courtyard  
FC - Fitness Centre

L - Library  
MS - Main Street  
RH - Retirement

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>2 Groundhog Day</b> 10:00 For the Soul 2:00 Express Yourself 3:30 Groundhog Hunt</p>	<p><b>3</b> 10:00 Neighbourhood Time 11:00 Valentines Day Cards 2:00 Green Thumbs 2:00 Stepping Out 3:30 Total Body Fitness (FC) 6:30 Games Show Trivia (CC)</p>	<p><b>4 Back to Basics</b> 9:00 Outing 9:30 Rosary (C) 10:00 Music with Melissa 2:00 Bingo (Wr) 3:15 Hand Therapy (FC) 6:30 In the Kitchen (CC)</p>	<p><b>5</b> 10:00 Musical Moments 10:00 Contemplating Life with Mike (C) 2:00 Express Yourself 3:30 Stepping Out 3:30 Balance Class (FC) 6:30 Documentary &amp; Popcorn (C)</p>	<p><b>6</b> 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Hagey Fitness 3:30 Circle of Friends 6:30 Active Games (MS)</p>	<p><b>7</b> 2:00 Brains and Banter 3:30 Stepping Out 1:30 Football with PAL (FC) 6:30 Crafting Club (CC)</p>	<p><b>1</b> 10:00 Express Yourself 2:00 Entertainment (Jo) 3:30 Brains and Banter</p>
<p><b>9 Super Bowl LIX</b> 10:00 For The Soul 2:00 Tailgate Party (MS) 3:30 Short Stories</p>	<p><b>10</b> 10:00 Brains and Banter 2:00 Green Thumbs 2:00 Calendar Planning and Resident Bill of Rights 3:30 Total Body Fitness (FC) 6:30 Games Show Trivia (CC)</p>	<p><b>11</b> 9:30 Rosary (C) 10:00 Music with Melissa 2:00 Bingo (MS) 2:45 Art with Sonal 3:15 Tai Chi (FC) 6:30 Devotions (C)</p>	<p><b>12</b> 10:00 Express Yourself 2:00 You and Me 3:30 Active Games 3:30 Balance Class (FC) 6:30 Games Night (CC)</p>	<p><b>13</b> 9:30 Chapel Service (C) 10:30 Zumba (FC) 11:00 Musical Moments 2:00 Hagey Fitness 3:30 Express Yourself 6:30 Active Games (MS)</p>	<p><b>14 Valentine's Day</b> 2:00 Valentine's Social (MS) 3:30 Active Games (FC) 4:00 Musical Moments 6:30 Crafting Club (CC)</p>	<p><b>15</b> 10:00 Brains and Banter 1:00 Four Nations Hockey 2:00 Games Afternoon (MS) 3:30 Express Yourself</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>16</b> 10:00 For the soul 11:00 Express Yourself 2:00 Soothing Sensations 3:30 You and Me	<b>17 Family Day</b> 10:00 You and Me 2:00 Family Day Social (MS) 6:30 Games Show Trivia (CC)	<b>18</b> 9:30 Rosary (C) 10:00 Music with Melissa 2:00 Bingo (MS) 2:45 Art with Sonal 3:15 Hand Therapy (FC) 6:30 In the Kitchen (CC)	<b>19</b> 10:00 Contemplating Life with Mike (C) 10:00 Musical Moments 2:00 Brains and Banter 3:30 Stepping Out 3:30 Balance Class (FC) 6:30 Games Night (CC)	<b>20</b> 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Resident's Council (C) 2:00 Hagey Fitness 3:30 You and Me 6:30 Active Games (MS)	<b>21</b> 2:00 Brains and Banter 3:30 Circle of Friends 3:30 Active Games (FC) 6:30 Crafting Club (CC)	<b>22</b> 10:00 Neighbourhood Time 11:00 Short Stories 2:00 Entertainment (Ma) 3:30 Circle of Friends
<b>23</b> 10:00 For The Soul 2:00 Circle of Friends 3:30 Brains and Banter	<b>24</b> 10:00 You and Me 2:00 Active Games 2:00 Green Thumbs 3:30 Musical Moments 3:30 Total Body Fitness (FC) 6:30 Games Show Trivia (CC)	<b>25</b> 9:30 Rosary (C) 10:00 Music with Melissa 2:00 Bingo (MS) 2:45 Art with Sonal 3:15 Tai Chi (FC) 6:30 Devotions (C)	<b>26 Pink Shirt Day</b> 10:00 Brains and Banter 2:00 Food Committee (C) 3:30 Balance Class (FC) 3:30 Circle of Friends 6:30 Games Night (CC)	<b>27</b> 10:00 Celebration of Life (C) 10:30 Zumba (FC) 1:30 - Outing 2:00 Hagey Fitness 3:30 Express Yourself 6:30 Active Games (MS)	<b>28</b> 2:00 Soothing Sensations 3:30 Manicures 3:30 Active Games (FC) 6:30 Crafting Club (CC)	

### Entertainment:

February 1st - Entertainment with Jim Young on Johnston  
 February 8th - Entertainment with the Dynamic Duo on Downey  
 February 14th - Entertainment with Jontue Elan on Main Street  
 February 22nd - Entertainment with Lyns Piano Duet on Matthews

### Outings:

February 4th at 9am - Tim Hortons  
 February 27th at 1:30pm - Clay and Glass Gallery

### Calendar Planning and Resident Bill of Rights

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings!  
 Hosted by your Recreation Team Member.

### Your Recreation Team:

Full-Time - Danny  
 Part-Time - Nur