

# FEBRUARY

Pollock

**Legend**

Do - Downey  
Ha - Hagey  
Jo - Johnston  
Ma - Matthews  
Po - Pollock

Wr - Wright  
C - Chapel  
CC - Community Centre  
CY - Courtyard  
FC - Fitness Centre

L - Library  
MS - Main Street  
RH - Retirement

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>2 Groundhog Day</b> 8:00 Wireton Willie's prediction 10:00 for the Soul 2:00 Groundhog Scavenger Hunt</p>	<p><b>3</b> 9:00 Neighbourhood Time 11:00 Keep Up 2:30 Calendar Planning Meeting &amp; Bill of Rights 3:30 Total Body Fitness (FC) 6:30 Games Show Trivia (CC)</p>	<p><b>4</b> 9:00 Neighbourhood Time 9:30 Rosary (C) 10-3 Back to Basics (MS) 10:30 Sit N Get Fit with PAL 2:00 Bingo (Wr) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)</p>	<p><b>5</b> 9:00 Neighbourhood Time 10:00 Contemplating Life with Mike (C) 2:30 Express Yourself 3:30 Balance Class (FC) 6:30 Documentary &amp; Popcorn (C)</p>	<p><b>6</b> 9:00 Neighbourhood Time 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Green Thumbs 2:00 Soothing Sensations 6:30 Active Games (MS)</p>	<p><b>7</b> 2:00 Neighbourhood Time 1:30 Football with PAL (FC) 3:30 Stepping Out 6:30 Crafting Club (CC)</p>	<p><b>8</b> 9:00 Neighbourhood Time 11:00 Stepping Out 2:00 Entertainment (Do)</p>
<p><b>9 Super Bowl LIX</b> 10:00 For the Soul 2:00 Tailgate Party (MS) 4:00 Hello Pollock!</p>	<p><b>10</b> 2:00 Neighbourhood Time 3:00 Active Games 3:30 Total Body Fitness (FC) 6:30 Games Show Trivia (CC)</p>	<p><b>11</b> 9:30 Rosary (C) 10:30 Sit N Get Fit with PAL 1:30 Bus Outing 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)</p>	<p><b>12</b> 9:00 Neighbourhood Time 1:15 Art with Sonal 3:00 Soothing Sensations 3:30 Balance Class (FC) 6:30 Games Night (CC)</p>	<p><b>13</b> 9:30 Chapel Service (C) 10:00 Neighbourhood Time 10:30 Zumba (FC) 2:00 Green Thumbs 3:00 Hello Pollock! 6:30 Active Games (MS)</p>	<p><b>14 Valentine's Day</b> 9:00 Neighbourhood Time 2:00 Valentine's Social (MS) 3:30 Active Games (FC) 6:30 Crafting Club (CC)</p>	<p><b>15</b> 9:00 Keep it Up 10:30 Neighbourhood Time 1:00 Four Nations Hockey (C) 2:00 Games Afternoon (MS)</p>

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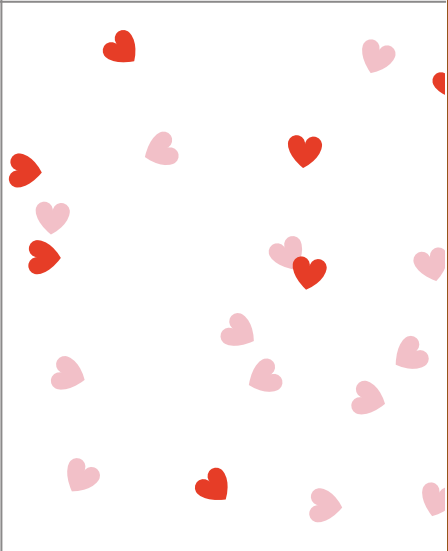
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>16</b> 10:00 For The Soul 2:00 Baking 3:00 Travel to Costa Rica with Sydney	<b>17 Family Day</b> 2:00 Family Day Fun (MS) 6:30 Games Show Trivia (CC)	<b>18</b> 9:00 Neighbourhood Time 9:30 Rosary (C) 10:30 Sit N Get Fit with PAL 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)	<b>19</b> 10:00 Contemplating Life with Mike (C) 1:15 Art with Sonal 3:00 Soothing Sensations 3:30 Balance Class (FC) 6:30 Games Night (CC)	<b>20</b> 9:30 Chapel Service (C) 10:30 Zumba (FC) 11:00 Hello Pollock! 2:00 Green Thumbs 2:00 Resident's Council (C) 6:30 Active Games (MS)	<b>21</b> 2:00 Neighbourhood Time 3:30 Active Games (FC) 6:30 Crafting Club (CC)	<b>22</b> 9:00 Neighbourhood Time 11:00 Stepping Out 2:00 Entertainment (Ma)
<b>23</b> 10:00 For the Soul 2:00 Neighbourhood Time 3:00 Manicures 4:00 Hello Pollock!	<b>24</b> 2:00 Karaoke 3:00 Hello Pollock! 3:30 Total Body Fitness (FC) 6:30 Games Show Trivia (CC)	<b>25</b> 9:30 Rosary (C) 10:30 Sit N Get Fit with PAL 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)	<b>26 Pink Shirt Day</b> 1:15 Art with Sonal 2:00 Food Committee (C) 3:00 Soothing Sensations 3:30 Balance Class (FC) 6:30 Games Night (CC)	<b>27</b> 10:00 Celebration of Life (C) 10:30 Zumba (FC) 11:00 Hello Pollock! 1:30 Neighbourhood Time 2:00 Green Thumbs 6:30 Active Games (MS)	<b>28</b> 9:00 Neighbourhood Time 1:30 Van Outing 3:30 Active Games (FC) 6:30 Crafting Club (CC)	

### Entertainment:

February 1st - Entertainment with Jim Young on Johnston  
 February 8th - Entertainment with the Dynamic Duo on Downey  
 February 14th - Entertainment with Jontue Elan on Main Street  
 February 22nd - Entertainment with Lyns Piano Duet on Matthews

### Outings:

**February 11th - Picard's Peanut's with Sydney**  
**February 28th - Giant Tiger with Summit**

### Calendar Planning and Resident Bill of Rights

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings!  
 Hosted by your Recreation Team Member.

### Your Recreation Team:

Full-Time - Summit  
 Part-Time - Sydney