

FEBRUARY

Wright

Legend

Do - Downey
Ha - Hagey
Jo - Johnston
Ma - Matthews
Po - Pollock

Wr - Wright
C - Chapel
CC - Community Centre
CY - Courtyard
FC - Fitness Centre

L - Library
MS - Main Street
RH - Retirement

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2 Groundhog Day 10:00 For the soul 2:00 In the Kitchen 3:00 You and Me</p>	<p>3 10:00 Green Thumbs 3:30 Total Body Fitness (FC) 6:30 Games Show Trivia (CC)</p>	<p>4 10 - 3 Back to Basics (L) 9:30 Rosary (C) 2:00 Bingo (Wr) 3:15 Tai Chi (FC) 6:30 In the Kitchen (CC)</p>	<p>5 10:00 In the Kitchen 10:00 Contemplating Life with Mike (C) 10:30 Sit N Get Fit with PAL 2:00 Short Stories 3:30 Balance Class (FC) 6:30 Documentary & Popcorn (C)</p>	<p>6 9:30 Chapel Service (C) 10:30 Zumba (FC) 3:00 Resident Bill of Right & Calendar planning meeting 6:30 Active Games (MS)</p>	<p>7 10:00 Bingo - Matthews 1:30 Football with PAL 2:00 Short stories 6:30 Crafting Club (CC)</p>	<p>1 10:00 Neighbourhood Time 2:00 Entertainment (Jo) 3:30 You and Me</p>
<p>9 10:00 For the Soul 2:00 Super Bowl - Tailgate Party Philadelphia Eagles Kansas City Chiefs</p>	<p>10 Superbowl LIX 10:00 Green Thumbs 10:00 Stepping Out 2:00 Card Games 3:30 Total Body Fitness (FC) 6:30 Games Show Trivia (CC)</p>	<p>11 9:15 Art with Sonal 9:30 Rosary (C) 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)</p>	<p>12 10:30 Sit N Get Fit with PAL 3:30 Balance Class (FC) 6:30 Games Night (CC)</p>	<p>13 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:30 Card Bingo 6:30 Active Games (MS)</p>	<p>14 Valentine's Day 10:00 Bingo 2:00 Outing 2:00 Valentine's Social (MS) 3:30 Active Games (FC) 6:30 Crafting Club (CC)</p>	<p>15 10:00 Neighbourhood Time 1:00 4 Nations Hockey Finland vs Sweden 3:30 You and Me</p>

FEBRUARY

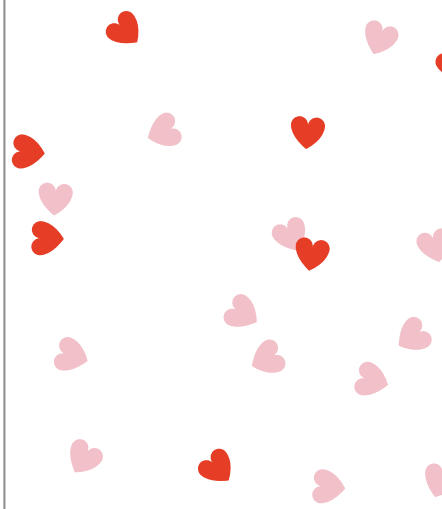
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16 10:00 For the Soul 2:00 In the Kitchen 3:30 You and Me	17 Family Day 2:00 Family Day Event 6:30 Games Show Trivia (CC)	18 9:15 Art with Sonal 9:30 Rosary (C) 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 6:30 In the Kitchen (CC)	19 10:00 Contemplating Life with Mike (C) 10:30 Sit N Get Fit with PAL 3:30 Balance Class (FC) 6:30 Games Night (CC)	20 9:30 Chapel Service (C) 10:30 Zumba (FC) 1:30 Outing 2:00 Resident's Council (C) 6:30 Active Games (MS)	21 10:00 Bingo - Matthews 2:00 Express Yourself 3:30 Active Games (FC) 6:30 Crafting Club (CC)	22 10:00 Neighbourhood Time 2:00 Entertainment (Ma) 3:30 You and Me
23 10:00 For the Soul 2:00 Active Games 3:30 You and Me	24 10:00 Green Thumbs 3:30 Total Body Fitness (FC) 6:30 Games Show Trivia (CC)	25 9:15 Art with Sonal 9:30 Rosary (C) 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (C)	26 Pink Shirt Day 10:00 Contemplating Life with Mike (C) 10:30 Sit N Get Fit with PAL 2:00 Food Committee (C) 3:30 Balance Class (FC) 6:30 Games Night (CC)	27 10:00 Celebration of Life (C) 10:30 Zumba (FC) 2:30 IN2L - Driving 6:30 Active Games (MS)	28 10:00 Bingo 2:00 Hang up Calendar 3:30 Active Games (FC) 6:30 Crafting Club (CC)	

Entertainment:

February 1st - Entertainment with Jim Young on Johnston
 February 8th - Entertainment with the Dynamic Duo on Downey
 February 14th - Entertainment with Jontue Elan on Main Street
 February 22nd - Entertainment with Lyns Piano Duet on Matthews

Outings:

February 14th - 1:30- Dairy Queen outing
 February 20th - 1:30 Dollarama

Calendar Planning and Resident Bill of Rights

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings!
 Hosted by your Recreation Team Member.

Your Recreation Team:

Full-Time - Tiffany
 Part-Time -