

FEBRUARY

Neighbourhood of Ailsa Craig

Legend

C—Chapel

TH—Town Hall

MF—Main Floor

TS—Town Square

SC—Social Club

FE—Front Entrance

L—Library

EM—Emma's

HS—Hobby Shop

JPL — Jack Purcell Lounge

BP— Back Patio

FC—Fitness Centre

MFC — Main Floor Café

PC—Patio Courtyard

Announcement:

Welcome to our new Recreation calendar! Please be sure to check the back of this page for additional program info and always check the daily activity boards for updates or changes to the activity schedule.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2 Groundhog Day 10:15 Daily Chronicle MFC 11:00 DrumFIT FC 2:15 Brain Game Package Pick-up HS 3:00 Spiritual Care Resource Pick-up C 4:00 Sunday TV Series: "Waiting for God" TH</p>	<p>3 11:00 VON Exercise JPL 2:00 Book Club 2nd FL 3:00 Better Balance JPL 4:00 Hand Therapy JPL 5:00 Happy Hour 2nd Floor 7:30 Musical Mondays: "Julie Andrews Favorite Songs " TH</p>	<p>4 10:30 Meeting of Minds Discussion Group TH 10:30 Entertainment: Karen Guitard on Piano TS 11:00 VON Exercise JPL 2:00 Spiritual Study Group JPL 3:00 Praying the Rosary C 7:30 Trivia Night HS 7:30 Senior Fireside Chat TH</p>	<p>5 10:30 Coffee & Baileys 3rd FL 11:00 VON Exercise JPL 3:00 Get Active JPL 4:00 Jeopardy JPL 2:30 & 7:30 Movie: "Guess Who's Coming to Dinner" TH</p>	<p>6 10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 2:30 TV Series: "The Crown" TH 3:00 Gentle Exercise FC 3:45 DrumFIT FC 7:00 No Stress Bridge JPL</p>	<p>7 10:30 Morning Stretches JPL 11:15 Betting Bingo! JPL 2:30 Corn Hole 4th Floor 2:30 Hand Therapy HS 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 2:30 & 7:30 Movie: "High Society" TH</p>	<p>8 2:00 Knitting Club 4th FL 2:30 Parallel Bar Balance Class FC 2:30 Movie Matinee: "Crocodile Dundee" TH 3:00 Happy Hour MFC</p>
<p>9 Super Bowl Sunday 10:15 Specialty Coffee TS 11:00 DrumFIT FC 2:00 Euchre JPL 2:15 Brain Game Package Pick-up HS 3:00 Chapel Service C 3:30 Super Bowl Sunday Snack Stand TS 4:00 Sunday TV Series: "Waiting for God" TH</p>	<p>10 10:30 Catholic Communion C 11:00 VON Exercise JPL 2:00 High Tea 2nd FL 3:00 Better Balance JPL 4:15 Dinner: Cafe Greek Garden 7:30 Musical Mondays: "Beethoven Piano Concerto" TH</p>	<p>11 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 2:30 Art Hour: Valentine Suncatchers HS 2:30 Film of Faith: "When Calls the Heart: Pre-wedding Jitters" TH 2:00 Spiritual Study Group JPL 7:30 Trivia Night HS 7:30 Senior Fireside Chat TH</p>	<p>12 10:30 Coffee & Baileys 3rd FL 10:30 Men's Conversation Connection C 10:30 Docuseries TH 11:00 VON Exercise JPL 3:00 Get Active JPL 3-4 Bookmobile FE 4:00 Jeopardy JPL 2:30 & 7:30 Movie: "The Six Triple Eight" TH Creations Boutique 10-2 HS</p>	<p>13 10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 2:30 Resident Armchair Travel: Exploring the Virgin Islands w/ Morley Kipp TH 3:00 Gentle Exercise FC 3:30 Movie Crew Meeting HS 3:45 DrumFIT FC 7:00 No Stress Bridge JPL</p>	<p>14 Valentine's Day 10:00 Coffee & Guest Speaker: Black Heritage Society JPL 2:30 Corn Hole 4th Floor 2:30 Hand Therapy HS 3:00 Valentines Day Social w/ Music by Katie Lammert TS 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 2:30 & 7:30 Movie: "Sleepless in Seattle" TH</p>	<p>15 10:30 Coffee & Crokinole JPL 11:30 Andre Rieu Concert Special JPL 1:45 Outing: Songs to Lift your Spirits Benefit Concert 2:00 Knitting Club 4th FL 2:30 Parallel Bar Balance Class FC 2:30 Movie Matinee: "Goldfinger" TH</p>

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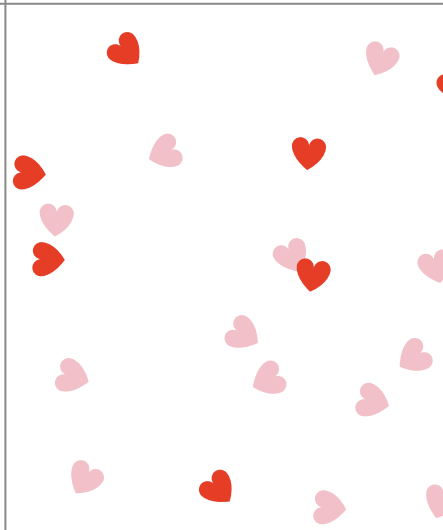
FC—Fitness Centre

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February is:

Black History Month and Heart Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16</p> <p>10:15 Specialty Coffee TS 11:00 DrumFIT FC 2:00 Euchre JPL 2:15 Brain Game Package Pick-up HS 3:00 Chapel Service C 4:00 Sunday TV Series: "Waiting for God" TH</p>	<p>17 Family Day</p> <p>10:30 Catholic Communion C 11:00 VON Exercise JPL 2:00 High Tea 2nd FL 2-4 Family Day Board Game Café MFC 3:00 Better Balance JPL 4:00 Hand Therapy JPL 5:00 Happy Hour 2nd Floor 7:30 Musical Mondays: "Charlie Pride Live in Canada" TH</p>	<p>18</p> <p>10:30 Meeting of Minds Discussion Group TH 10:30 Entertainment: Karen Guitard on Piano TS 11:00 VON Exercise JPL 2:00 Spiritual Study Group JPL 7:30 An Evening of Robert Burns TH</p> <p>Cameron Cards 10:30-2 TS</p>	<p>19</p> <p>10:30 Coffee & Baileys 3rd FL 10:30 Docuseries: "Secrets of Historic Britain" TH 11:00 VON Exercise JPL 3:00 Entertainment: "Alchemy Unplugged" MFC 3:00 Get Active JPL 4:00 Jeopardy JPL 2:30 & 7:30 Movie: "Selma" TH</p>	<p>20 No Shopping Shuttle</p> <p>10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 2:30 TV Series: "The Crown" TH 3:00 Gentle Exercise FC 4:15 DrumFIT FC 7:00 No Stress Bridge JPL</p>	<p>21</p> <p>10:30 Morning Stretches JPL 11:15 Betting Bingo! JPL 2:30 Corn Hole (Resident Run) 4th Floor 2:30 Entertainment: "A Record Day Combo" TH 2:30 Hand Therapy HS 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 2:30 & 7:30 Movie: "To Gun Maverick" TH</p>	<p>22</p> <p>10:00 The Coldest Night of the Year Fundraising Event TS 2:00 Knitting Club 4th FL 2:30 Parallel Bar Balance Class FC 2:30 Movie Matinee: "Peanut Butter Falcon" TH 3:00 Happy Hour MFC</p>
<p>23</p> <p>10:15 Specialty Coffee TS 11:00 DrumFIT FC 2:00 Euchre JPL 2:15 Brain Game Package Pick-up HS 3:00 Chapel Service C 4:00 Sunday TV Series: "Waiting for God" TH</p>	<p>24</p> <p>10:30 Catholic Communion C 11:00 VON Exercise JPL 2:00 High Tea 2nd FL 3:00 Better Balance JPL 3:00 New Year Social w/ Andy De Campos TS 4:00 Hand Therapy JPL 5:00 Happy Hour 2nd Floor 7:30 Musical Mondays: "Chords of the Chinese New Year" TH</p>	<p>25 Aspiration Kickoff Day</p> <p>10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 2:00 Spiritual Study Group JPL 7:30 Trivia Night HS 7:30 Senior Fireside Chat TH</p>	<p>26 Pink Shirt Day</p> <p>10:30 Coffee & Baileys 3rd FL 11:00 VON Exercise JPL 10-12 Pink Shirt Day Bake Sale Fundraiser TS 2:30 Resident's Council Meeting TH 3-4 Bookmobile FE 3:00 Get Active JPL 4:00 Jeopardy JPL</p>	<p>27</p> <p>10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 3:00 Gentle Exercise FC 7:00 No Stress Bridge JPL</p> <p>Provincial Election 9:00 AM to 9:00 PM in Town Hall</p>	<p>28 Ramadan</p> <p>10:30 Morning Stretches JPL 12:00 York Rd. Kitchen & Chocolate Bar 2:30 Corn Hole (Resident Run) 4th Floor 2:30 Hand Therapy HS 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 2:30 & 7:30 Movie: "Rescued by Ruby" TH Adrian's Fashions 10-2 HS</p>	

Shopping Shuttle:

Thursdays at 10:00 AM and 2:00 PM

*Please sign up in the Ailsa Craig Lobby

Bookmobile:

Wednesdays, February 12 & 26 from 3:00 PM - 4:00 PM

Arbour Trails Front Entrance

Tech Help:

Please reach out to Sara at Extension 836 to schedule a time for tech support.

NEW! Resident Run Program:

Spiritual Study Group - Tuesdays at 2:00 PM - JPL

Come and discuss the teachings of Edgar Cayce and others, share dreams and experiences, & meditate

Special:

Songs to Lift your Spirits Benefit Concert - Saturday, February 15 leaving Ailsa Craig at 1:45 PM. "Gathering Sparks and James Gordon". Food donations requested at the door. Find more information in the sign up binder on the main floor.

Provincial Election:

Thursday, February 27 from 9:00 AM - 9:00 PM
in Town Hall

Recreation Contact:

arbourtrails.recreation@schlegelvillages.com
226-251-3065 Ext. 836

Please Note - Program dates, times, and locations are subject to change.