Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MAI Bronte	RCH					1 10:00 Art Therapy 11:15 Total Body Fitness 2:30 Neighbourhood Time 3:30 Brent Meidinger- TH 6:00 In The Kitchen
2	3	4 Shove Tuesday	5 Ash Wednesday	6	7	8 International Women's
1:30 Neighbourhood Time	11:15 Fun & Fit	9:00 Neighbourhood Time	10:30 Horticultral Therapy	9:00 Neighbourhood Time	9:00 Neighbourhood Time	Day
2:15 Church Service- TH	2:30 Neigbourhood Time	10:00 Art Therapy	1:00 Neighbourhood Time	10:00 Spiritual Care	10:30 For The Soul	9:00 Neighbourhood Time
3:30 For The Fun of Fit	2:30 Meditation w/ Elizabeth	11:00 Circle of Friends	2:00 Musical Moments	11:00 You & Me	11:15 Line Dancing- FC	10:30 Women's Day Social-CC
6:00 You and Me	3·30 Express Yourself	2:00 In The Kitchen	3:00 Total Body Fitness	11:00 Musical Therapy	2:00 Drum Fit	2:00 Stenning Out

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1:30 Neighbourhood Time 2:15 Church Service- TH 3:30 For The Fun of Fit 6:00 You and Me	11:15 Fun & Fit 2:30 Neigbourhood Time 2:30 Meditation w/ Elizabeth 3:30 Express Yourself 6:30 Circle of Friends	9:00 Neighbourhood Time 10:00 Art Therapy 11:00 Circle of Friends 2:00 In The Kitchen 3:30 For The Fun of Fit 6:30 You and Me	5 Ash Wednesday 10:30 Horticultral Therapy 1:00 Neighbourhood Time 2:00 Musical Moments 3:00 Total Body Fitness 3:30 Brains and Banter 6:30 Stepping Out	9:00 Neighbourhood Time 10:00 Spiritual Care 11:00 You & Me 11:00 Musical Therapy 2:00 Stepping Out 3:30 In The Kitchen	9:00 Neighbourhood Time 10:30 For The Soul 11:15 Line Dancing- FC 2:00 Drum Fit 3:30 Circle of Friends	8 International Women's Day 9:00 Neighbourhood Time 10:30 Women's Day Social-CC 2:00 Stepping Out 3:00 Natalie Marie-TH
9:00 Neighbourhood Time 10:30 Circle of Friends 2:15 Church Service- TH 3:30 In The Kitchen	10:00 Mother Goose- TH 11:15 Fun & Fit 2:30 Neigbourhood Time 2:30 Meditation w/ Elizabeth 3:30 Express Yourself 6:30 Circle of Friends	9:00 Neighbourhood Time 10:00 Art Therapy 11:00 Circle of Friends 2:00 Brains and Banter 3:30 For The Fun of Fit 6:30 You and Me	10:30 Horticultral Therapy 1:00 Neighbourhood Time 2:00 Musical Moments 3:00 Total Body Fitness 3:30 Brains and Banter 6:30 Stepping Out	9:00 Neighbourhood Time 10:00 Spiritual Care 11:00 You & Me 11:00 Musical Therapy 2:00 Stepping Out 3:30 In The Kitchen	9:00 Neighbourhood Time 10:30 For The Soul 11:15 Line Dancing-FC 2:30 Holi Social- TH 3:30 Circle of Friends	11:15 Total Body Fitness 2:00 Neighbourhood Time 3:00 Ron Tansley- TH 4:00 Stepping Out 6:00 Circle of Friends
1:30 Neighbourhood Time 2:15 Church Service- TH 3:30 For The Fun of Fit 6:00 You and Me	17 St Patrick's Day 11:15 Fun & Fit 2:30 St Patrick's Social- CC 2:30 Meditation w/ Elizabeth 2:30 St. Patrick's Day Social-CC 6:30 Circle of Friends	9:00 Neighbourhood Time 10:00 Art Therapy 11:00 Circle of Friends 2:00 Brains and Banter 3:30 For The Fun of Fit 6:30 You and Me	19 10:30 Horticultral Therapy 1:00 Neighbourhood Time 2:00 Wicked Movie Pt.1 3:00 Total Body Fitness 6:30 Stepping Out	9:00 Neighbourhood Time 10:00 Spiritual Care 11:00 You & Me 11:00 Musical Therapy 2:00 Wicked Movie Pt.2- TH 4:00 Stepping Out	9:00 Neighbourhood Time 10:30 For The Soul 11:15 Line Dancing- FC 2:00 Drum Fit 3:30 Circle of Friends	9:00 Neighbourhood Time 11:00 Brains and Banter 2:00 Stepping Out 3:00 Gerry Larkin-TH
9:00 Neighbourhood Time 10:30 Circle of Friends 2:15 Church Service- TH 3:30 In The Kitchen	11:15 Fun & Fit 2:30 Neigbourhood Time 2:30 Meditation w/ Elizabeth 3:30 Express Yourself 6:30 Circle of Friends	9:00 Neighbourhood Time 10:00 Art Therapy 11:00 Circle of Friends 2:00 Brains and Banter 3:30 For The Fun of Fit 6:30 You and Me	10:30 Horticultral Therapy 1:00 Neighbourhood Time 2:00 Musical Moments 3:00 Total Body Fitness 3:30 Brains and Banter 6:30 Stepping Out	10:00 Spiritual Care 10:30 Birthday Social-CC 11:00 Music Therapy 2:00 Stepping Out 3:00 Resident Council 3:30 In The Kitchen	9:00 Neighbourhood Time 10:30 For The Soul 11:15 Line Dancing- FC 2:00 Drum Fit 3:30 Circle of Friends	11:15 Total Body Fitness 2:00 Neighbourhood Time 3:00 Geri Defoe- TH 4:00 Stepping Out 6:00 Circle of Friends

31 Legend **Residents Bill Of Rights Note/Announcement:** 1:30 Neighbourhood Time 11:15 Fun & Fit C-Community Center 23. Every Resident Has The Right To Pursue Social, Programs subject to change 2:15 Church Service- TH 2:30 Neigbourhood Time FC- Fitness Center Cultural, Religious, Spiritual Or Other Interests, To 3:30 For The Fun of Fit 2:30 Meditation w/ Elizabeth MS- Main Street Develop His Or Her Potential And To Given 6:00 You and Me 3:30 Express Yourself L- Library Reasonable Assistance By The Licensee To Pursue 6:30 Circle of Friends TH- Town Hall These Interests And To Develop Their Potential

MARCH

Diner's Club

25- McDonalds

Socials

8- Women's Day Social-CC 14- Holi Social-TH

17- St. Patrick's Day Social-CC

27- Birthday Social

Pal Group Programs

Monday

Sweat Squad 1:30

Tuesday

Group Fitness 1:45

Thursday

Basketball 11:30

Yoga 1:45

Outings

- 12- Scenic Drive (3pm)
- 18- Chuck's Roadhouse (11am)
- 26- Dodgeball/Volleyball (2pm)

