

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 1:00pm Mary Poppins Performance (Ancaster Theatre) 2:00pm Pub with Filipa Sousa - MS 3:30pm Soothing Sensations 6:00pm Neighbourhood Time
2 10:00am Church Service with Ankit - CH 1:30pm You and I 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC 6:00pm Neighbourhood Time	3 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy-TH 11:00am Soothing Sensations 2:00pm Stepping Out 2:00pm Bingo - CC 3:30pm Musical Moments	4 9:30am For the Soul with Janet 11:00am Stay Strong - FC 1:30pm You and I 3:00pm Circle of Friends 6:00pm Neighbourhood Time	5 9:30am Neighbourhood Time 11:00am For the Fun of Fit 2:00pm Tai Chi with Dan - FC	6 11:00am Fit to Function with Dan - FC 1:30pm Express Yourself 2:30pm Black History Month Presentation-TH 2:30pm Java Music Club with Janet 3:00pm Circle of Friends 6:00pm Neighbourhood Time	7 8:30am Men's Breakfast - CC 10:30am Pet Visits 11:00am Stay Strong - FC 1:30pm Stepping Out 3:00pm In the Kitchen	8 2:00pm Entertainment with Jim Young on Carrington 3:00pm You & I 6:00pm Neighbourhood Time
9 Superbowl Sunday! Wear your Favourite Jersey! 10:00am Church Service with Ankit - CH 1:30pm You and I 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC 6:00pm Neighbourhood Time 6:30pm Superbowl in the Lounge	10 10:00am Walmart Outing 10:30am Intergenerational Jamboree Music Therapy-TH 2:00pm Stepping Out 2:00pm Bingo - CC 3:30pm Musical Moments	11 9:30am Grandfriends Visit-TH 9:30am For the Soul with Janet 11:00am Stay Strong - FC 1:30pm You and I 3:00pm Circle of Friends 6:00pm Neighbourhood Time	12 9:30am Neighbourhood Time 11:00am For the Fun of Fit 2:00pm Movie With Janet "An Affair to Remember"-TH 2:00pm Musical Moments 2:00pm Tai Chi with Dan - FC 3:30pm Brains and Banter	13 11:00am Fit to Function with Dan - FC 2:00pm Wentworth Choir Concert-TS 2:30pm Java Music Club with Janet 3:00pm Circle of Friends 3:15pm Residents' Council 6:00pm Neighbourhood Time	14 Happy Valentine's Day! Wear your Red & Pink! 11:00am Stay Strong - FC 1:30pm Stepping Out 3:00pm In the Kitchen 6:00pm Neighbourhood Time	15 2:00pm Valentine's Entertainment with Ron Tansley-MS 3:30pm Soothing Sensations 6:00pm Neighbourhood Time
16 10:00am Church Service with Ankit - CH 1:30pm You and I 2:30pm Virtual Church Service with Janet-TH 3:15pm Fellowship - CC 6:00pm Neighbourhood Time	17 Happy Family Day! 9:30am Neighbourhood Time 10:30am Bingo-CC 1:30pm Family Day Reptile Show!-MS 2:00pm Stepping Out 3:30pm Musical Moments	18 9:30am For the Soul with Janet 11:00am Stay Strong - FC 1:30pm You and I 3:00pm Circle of Friends 6:00pm Neighbourhood Time	19 9:30am Neighbourhood Time 10:30am Roman Catholic Mass - CH 11:00am For the Fun of Fit 2:00pm Musical Moments 2:00pm Tai Chi with Dan - FC 2:30pm Arm Chair Travel (Italy)-TH 3:30pm Brains and Banter	20 10:00am Country Drive 11:00am Fit to Function with Dan - FC 1:30pm Express Yourself 2:30pm Snack Battle (Italy)-CC 2:30pm Java Music Club with Janet 3:00pm Circle of Friends	21 9:30am Oakhill Student Visit-CC 11:00am Stay Strong - FC 1:30pm Stepping Out 3:00pm Happy Hour with Bruce Tournay - MS 6:00pm Neighbourhood Time	22 2:30pm Chinese New Year Presentation-TH 3:30pm Soothing Sensations 6:00pm Neighbourhood Time
23 10:00am Church Service with Ankit - CH 1:30pm You and I 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC 6:00pm Neighbourhood Time	24 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy-TH 11:00am Soothing Sensations 2:00pm Stepping Out 2:00pm Bingo - CC 3:30pm Musical Moments	25 National Clam Chowder Day! 9:30am For the Soul with Janet 11:00am Stay Strong - FC 1:30pm You and I 3:00pm Circle of Friends 6:00pm Neighbourhood Time	26 9:30am Neighbourhood Time 11:00am Celebration Of Life-TH 1:30pm Garden Club 2:00pm Musical Moments 2:00pm Tai Chi with Dan - FC 3:30pm Brains and Banter 5:00pm Diners Club (Fish n`Chips)-Ruby	27 11:00am Fit to Function with Dan - FC 1:30pm Express Yourself 2:30pm Java Music Club with Janet 3:00pm Circle of Friends 6:00pm Neighbourhood Time	28 10:30am Music Therapy with Jen 11:00am Stay Strong - FC 1:30pm Stepping Out 2:00pm Birthday Bash - CC 3:00pm In the Kitchen 6:00pm Neighbourhood Time	

CC - Community Centre

CH - Chapel

MS - Main Street