

MARCH

Erindale Place & Sheridan Way

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 First of Ramadan 10:30 Target Practice 2:30 Balloon Tennis 6:30 Bingo
2 10:30 Church Service 11:00 Hymn Sing 2:00 Ring Toss 6:30 Friendly Visits	3 Lent Begins 10:30 Word Challenge 2:15 Pool-AR 3:00 Group Exercise 6:30 Soothing Sensations	4 Shrove Tuesday 10:30 Group Exercise-CQ 2:30 Arm-Chair Travel-Ireland	5 Ash Wednesday 10:30 Chair Yoga-CQ 2:15 IN2L 3:00 group Exercise 6:30 Trivia	6 10:30 Group Exercise-CQ 1:30 Dog Visits 2:30 Baking-AR 6:30 Stepping Out	7 10:30 Group Exercise-CQ 2:30 Bingo 6:30 Brains and Banter	8 International Women's Day 10:30 Travelling treat cart 2:30 Spa Afternoon-CQ
9 Clocks go Forward 10:30 Church Service 11:00 Hymn Sing 2:30 Bocce Ball Tournament	10 10:30 You and Me 11:00 Musical Moments 2:15 Shuffleboard 3:00 Group Exercise 6:30 Word Connect	11 10:30 Group Exercise-CQ 2:30 Flower Arranging 6:30 Movie Night- Queen Bees-CQ	12 10:30 Board Games 2:15 IN2L 3:00 Group Exercise 6:30 Hangman	13 Purim 10:30 Group Exercise-CQ 1:30 Dog Visits 2:30 Flower Pot Painting 6:30 Word Connect	14 Holi 10:30 Group Exercise-CQ 2:30 Holi Celebration-CQ	15 10:30 Chair Yoga-CQ 2:30 Express Yourself 6:30 Bingo
16 10:30 Church Service 11:00 Hymn Sing 2:30 High Tea Social-CQ 6:30 Soothing Sensations	17 St. Patrick's Day 10:30 Decorating- CQ 2:30 St. Patrick's Day Party with James Cormier-CQ 6:30 Word Connect	18 10:30 Group Exercise-CQ 2:30 RC Communion-CQ 3:00 Neighbourhood Time 6:30 Hangman- HL	19 10:30 Art Class- AR 2:15 IN2L 3:00 Group Exercise 6:30 Trivia	20 Spring Begins! 10:30 Group Exercise-CQ 1:30 Dog Visits 2:30 Anglican Communion-CQ 6:30 Stepping Out	21 10:30 Group Exercise-CQ 2:30 Arm-Chair Travel- Italy 6:30 Brains and Banter	22 10:45 Java Music Club 2:30 Bowling-CQ
23 10:30 Church Service 11:00 Hymn Sing 2:30 Spring Wreath Making-AR 6:30 Movie Night- CQ	24 10:30 Chair Yoga- CQ 2:15 Carrom Board Game 3:00 Group Exercise 6:30 Word Connect	25 10:30 Group Exercise-CQ 2:30 Sip and Paint 6:30 Shuffleboard	26 10:45 Music with Wendy 10:30 Neighbourhood Time 2:15 Sports Afternoon! 6:30 Hangman	27 10:30 Group Exercise-CQ 1:30 Dog Visits 2:15 Bowling 2:30 Resident Council & Food Committee Meeting- CQ 6:30 Stepping Out	28 10:30 Group Exercise-CQ 2:30 Planting a Seed	29 Eid as-Fitr 10:30 Express Yourself 2:30 Balloon Tennis-CQ 6:30 Bingo
30 10:30 Church Service 11:00 Hymn Sing 2:30 Crafty Corner-CQ 6:30 You and Me	31 10:30 Art Class- AR 2:15 Pool-AR 3:00 Group Exercise 6:30 Word Connect					Legend AR- Activity Room on the Lower Level CQ- Crooked-Q on the Lower Level HL- Hazel Lane Neighbourhood

MARCH



Movies

March 7th Hazel Lane- Downton Abbey

March 11- Queen Bees- Crooked Q

March 23 at 6:30 TBD

MARCH IS ALSO A MOVE MORE MONTH
Keep an eye out for posters for our Move More
Challenges throughout the month.



Entertainment/ Special Events

March 5, 15, 24 at 10:30 Chair Yoga- CQ
March 19, 31 at 10:30- Art Class- AR
March 17- St. Patrick's Day Party, entertainment
with James Cormier.
March 26- Music with Wendy