

Sunday

Monday

Tuesday

Wednesday

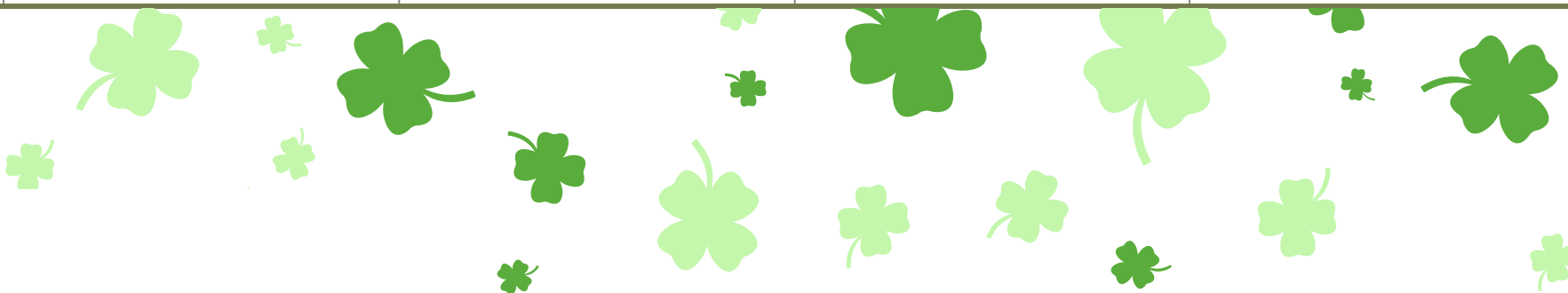
Thursday

Friday

Saturday

MARCH

Eby



<p>2 10:00 TV Church 11:00 Puzzling 2:00 Express Yourself 3:00 Neighborhood Time</p>	<p>3 9:30 Horticulture 10:30 Bingo 2:00 Manicures 3:00 Neighborhood Time</p>	<p>4 Shrove Tuesday 10:00 Worship Service 11:00 Brains and Banter 2:00 Bowling 3:00 Neighborhood Time 3:30 Total Body Fitness</p>	<p>5 Ash Wednesday 10:30 Catholic Comm. RV 1:00 Ash Wednesday Service 2:00 Balloon Toss 3:00 Music Therapy 4:00 Neighborhood Time 6:30 Movie and Popcorn</p>	<p>6 9:45 Neighborhood Time 11:00 Calm Coloring 1:15 Outing: Conestoga Mall</p>	<p>7 10:00 Exercise 11:00 Trivia 2:00 Manicures 3:00 Neighborhood Time 3:30 For the Spirit</p>	<p>8 International Women's Day 10:00 In the Kitchen 11:00 Me and You 2:00 Neighborhood Time 3:00 Bingo</p>
<p>9 Daylight Saving Time Begins 10:00 TV Church 11:00 Puzzling 2:00 Express Yourself 3:00 Neighborhood Time</p>	<p>10 9:30 Horticulture 10:30 Bingo 2:00 Manicures 3:00 Neighborhood Time</p>	<p>11 Timbit Day 10:00 Worship Service 11:00 Card Games 2:00 Neighborhood Time 3:30 Total Body Fitness</p>	<p>12 10:15 Exercise 10:30 Lutheran Comm. PC 11:00 Neighborhood Time 1:15 Outing: Conestoga Mall 3:00 Music therapy 6:30 Movie and Popcorn</p>	<p>13 9:45 Neighborhood Time 11:00 Exercise 2:00 You and Me 3:00 Active Games</p>	<p>14 Holi 10:00 Exercise 11:00 Puzzling 2:00 Manicures 2:45 Hand Therapy 3:00 Neighborhood Time 3:30 For the Spirit</p>	<p>15 10:00 Exercise 11:00 Stepping out 2:00 Neighborhood Time 3:00 Bingo</p>
<p>16 10:00 TV Church 11:00 Puzzling 2:00 Express Yourself 3:00 Neighborhood Time</p>	<p>17 St Patrick's Day 9:30 Horticulture 10:30 Bingo 2:00 Manicures 3:00 St Patrick's Day social</p>	<p>18 10:00 In the Kitchen 11:00 Brains and Banter 2:00 Bowling 3:00 Neighborhood Time 3:30 Total Body Fitness</p>	<p>19 2:00 Balloon Toss 3:00 Music Therapy 4:00 Neighborhood Meeting 6:15 Entertainment: Tom Denomme</p>	<p>20 First Day of Spring 10:00 Neighborhood Time 11:00 Exercise 1:15 Outing: Dollarama</p>	<p>21 10:00 Exercise 11:00 Trivia 2:00 Manicures 3:00 Neighborhood Time 3:30 For the Spirit</p>	<p>22 10:00 Active Games 11:00 Card Games 2:00 Neighborhood Time 3:00 Bingo</p>
<p>23 10:00 TV Church 11:00 Puzzling 2:00 Neighborhood Time 3:00 Express Yourself</p>	<p>24 9:30 Horticulture 10:30 Bingo 2:00 Manicures 3:00 Neighborhood Time</p>	<p>25 10:00 In the Kitchen 11:00 Brains and Banter 2:00 Entertainment: Bob Maclean 3:15 Neighborhood Time 3:30 Total Body Fitness</p>	<p>26 10:15 Exercise 11:00 Painting 2:00 Bowling 3:00 Music Therapy 4:00 Neighborhood Time 6:30 Movie and Popcorn</p>	<p>27 10:00 Active Games 10:15 Resident Council 2:00 Me and You 3:00 Word Games</p>	<p>28 10:00 Exercise 11:00 Travelogue 2:00 Manicures 3:00 Neighborhood Time 3:30 For the Spirit</p>	<p>29 Eid al-Fitr 10:00 Exercise 11:00 For the fun of fit 2:00 Neighborhood Time 3:00 Bingo</p>

30
10:00 TV Church
11:00 Puzzling
2:00 Express Yourself
3:00 Neighborhood Time

31 International Transgender Day of Visibility
9:30 Horticulture
10:30 Bingo
1:45 Food Committee - PC
2:00 Manicures

<p>Legend Trussler (TL) Strasburg (SB) Aberdeen (AB) Roseville (RV) Kingsdale (KD)</p>	<p>Sandhills (SH) Waldau (WD) Haysville (HV) Eby (EB) Newberry (NB)</p>	<p>Ret. Williamsburg/Beckers (WB) Ret. Egerton (EG) Ret. Emmas (EM) et. fireside Lounge (FS) Ret. Hobby Room (HR)</p>	<p>LTC Pinehaven Community Room (PC) LTC Chapel Room (CR) Ret. John Sweeney Community Room (JS)</p>
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MARCH

Entertainment:

Wed Mar 5 2:00 Clay Craft Program With Susan -
Pinehaven Room
Fri Mar 7 2:00 Hubert Hynes - Strasburg
Fri Mar 7 3:30 Hubert Hynes Waldau
Mon Mar 10 3:00 Henry Winter - Sandhills
Wed Mar 12 2:00 PEGtalks - Haysville
Wed Mar 12 6:15 Tom Denomme - Trussler
Thurs Mar 13 2:00 Erin Marie - Aberdeen
Thurs Mar 13 3:30 Erin Marie - Newberry
Sun Mar 16 1:30 Apostolic Hymn Sing -
Strasburg
Mon Mar 17 2:00 ST. Patrick's Day Party -
Retirement Dining Room
Wed Mar 19 2:00 Kevin Coates - Waldau
Wed Mar 19 2:00 Waterloo Region Museum
Program - Newberry
Wed Mar 19 3:30 Kevin Coates - Kingsdale
Sat Mar 22 2:00 Sing out with Beth and Cindy -
Strasburg
Tues Mar 25 3:30 Bob MacLean - Roseville
Fri Mar 28 2:00 Jontue - Strasburg
Fri Mar 28 3:30 Jontue - Waldau
Mon Mar 31 2:00 Leavin Tracks - Haysville

Bus Outing

Please Keep in Mind all Outings are dependent on Weather. Participants are selected by taking turns from our outing list to ensure fairness. If you would like to add your name to our future outing list, please let Recreation know!

6 March: Conestoga Mall

12 March: Conestoga Mall

20 March: Dollarama



Happy Birthday

Edgar S: 30 March

Karen P: 16 March



Religious Events in March

Ramadan - Muslim

We have set aside space in the Long-Term Care, Worship Space for those who would like a private place to pray. If our residents or team need anything else during this time, please let one of the Spiritual Care Leads know.

Lent - Christian

This time of reflection and preparation start on March 5th and leads up to Easter. Christians mark this with fasting, extra Bible Study and prayers. If additional support is needed please reach out to one of the Spiritual Care lads.

Purim - Jewish

This is a celebration of the story of Queen Esther who foiled a plot to kill all the Jews by the notorious Haman. The story is retold in pantomime style with lots of opportunity to boo the bad guys, applaud the good ones, and generally have a lot of fun. Everyone is invited to dress up in costume.

Shri Ramakrishna Jayanti - Hindu

A celebration of the anniversary of Jayanthi, in 1836 who was a mystic and yogi ad known for his message of the harmony of religions.