

# MARCH

Emma's

### Legend

Th -Town Hall  
 M - Mezzanine  
 EG L - Egerton Lounge  
 MS - Main Street  
 FC - Fitness Centre

### Bill of Rights for Residents in Retirement

The right to be informed in advance of any increases in charges for care services provided in the home

| Sunday                                                                                                                                   | Monday                                                                                                                     | Tuesday                                                                                                                                                                                                            | Wednesday                                                                                                                              | Thursday                                                                                                                                    | Friday                                                                                                                                           | Saturday                                                                                                                                                                         |
|------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                          |                                                                                                                            |                                                                                                                                                                                                                    |                                                                                                                                        |                                                                                                                                             |                                                                                                                                                  | <b>1</b><br>10:00 Neighbourhood Time<br><br>11:00 Express Yourself<br><br>2:00 Stepping Out<br><br>3:00 Musical Moments                                                          |
| <b>2</b><br>10:00 Neighbourhood Time<br><br>11:00 For the Soul<br><br>1:30 Nail Care<br><br>3:00 For the Fun of Fit                      | <b>3</b><br>10:00 Neighbourhood Time<br><br>11:00 Express Yourself<br><br>2:00 Circle of Friends<br><br>3:00 Stepping Out  | <b>4 Shrove Tuesday</b><br><b>Holly Jolly Jewelry 10 - 2</b><br>1:30 Pancake Flipping with Egerton Neighbours EG-L<br><br>2:45 For the Fun of Fit with Emily<br><br>4:00 You and Me<br><br>6:30 Neighbourhood Time | <b>5 Ash Wednesday</b><br>10:00 Neighbourhood Time<br><br>11:00 Circle of Friends<br><br>2:00 Musical Moments<br><br>3:00 Stepping Out | <b>6</b><br>10:00 Neighbourhood Time<br><br>10:15 For the Soul (EG L)<br><br>2:00 In the Kitchen<br><br>2:45 For the Fun of Fit with Emily  | <b>7 Vicky's Gems 10 - 2</b><br>10:00 Neighbourhood Time<br><br>11:00 - Circle of Friends<br><br>2:00 Stepping Out<br><br>3:00 Brains and Banter | <b>8 International Woman's Day</b><br>10:00 Neighbourhood Time<br><br>10:30 In The Kitchen : Lemon Blueberry Loaf<br><br>2:00 Music with The Irregulars<br><br>3:00 Stepping out |
| <b>9 DayLight Savings Begins</b><br>10:00 Neighbourhood Time<br><br>11:00 For the Soul<br><br>1:30 Nail Care<br><br>3:00 Musical Moments | <b>10</b><br>10:00 Neighbourhood Time<br><br>11:00 Express Yourself<br><br>2:00 Circle of Friends<br><br>3:00 Stepping Out | <b>11</b><br>2:45 For the Fun of Fit with Emily<br><br>4:00 You and Me<br><br>6:30 Neighbourhood Time                                                                                                              | <b>12</b><br>10:00 Neighbourhood Time<br><br>11:00 Circle of Friends<br><br>2:00 Musical Moments<br><br>3:00 Stepping Out              | <b>13</b><br>10:00 Neighbourhood Time<br><br>10:15 For the Soul (EG L)<br><br>2:00 In the Kitchen<br><br>2:45 For the Fun of Fit with Emily | <b>14 Holi</b><br>10:00 Neighbourhood Time<br><br>11:00 - Circle of Friends<br><br>2:00 Stepping Out<br><br>3:00 Brains and Banter               | <b>15</b><br>10:00 Neighbourhood Time<br><br>11:00 Express Yourself<br><br>2:00 Stepping Out<br><br>3:00 Musical Moments                                                         |

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| Sunday                                                                                                   | Monday                                                                                                                                                           | Tuesday                                                                                                                                                                                          | Wednesday                                                                                                     | Thursday                                                                                                                                            | Friday                                                                                                            | Saturday                                                                                                                          |
|----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| <b>16</b><br>10:00 Neighbourhood Time<br>11:00 For the Soul<br>1:30 Nail Care<br>3:00 For the Fun of Fit | <b>17 St. Patrick's Day</b><br>Nustep to Ireland (FC)<br>10:00 Neighbourhood Time<br>11:00 Express Yourself<br>2:00 Circle of Friends<br>3:00 Entertainment (MS) | <b>18</b><br>2:45 For the Fun of Fit with Emily<br>4:00 You and Me<br>6:30 Neighbourhood Time                                                                                                    | <b>19</b><br>10:00 Neighbourhood Time<br>11:00 Circle of Friends<br>2:00 Musical Moments<br>3:00 Stepping Out | <b>20 First Day of Spring</b><br>10:00 Neighbourhood Time<br>10:15 For the Soul (EG L)<br>2:00 In the Kitchen<br>2:45 For the Fun of Fit with Emily | <b>21</b><br>10:00 Neighbourhood Time<br>11:00 - Circle of Friends<br>2:00 Stepping Out<br>3:00 Brains and Banter | <b>22</b><br>10:00 Neighbourhood Time<br>10:30 In The Kitchen : Peanut Butter Bars<br>2:00 Circle of Friends<br>3:00 Stepping out |
| <b>23</b><br>10:00 Neighbourhood Time<br>11:00 For the Soul<br>1:30 Nail Care<br>3:00 Musical Moments    | <b>24</b><br>10:00 Neighbourhood Time<br>11:00 Express Yourself<br>2:00 Circle of Friends<br>3:00 Stepping Out                                                   | <b>25 Meet the RIA 10 - 12</b><br>1:30 Outing: Kitchen Kuttings Cafe - Sign up with Recreation<br>2:30 Celebration Of Life (TH)<br>2:45 For the Fun of Fit with Emily<br>6:30 Neighbourhood Time | <b>26</b><br>10:00 Neighbourhood Time<br>11:00 Circle of Friends<br>2:30 Birthday Bash with Juneyt            | <b>27</b><br>10:00 Neighbourhood Time<br>10:15 For the Soul (EG L)<br>2:00 In the Kitchen<br>2:45 For the Fun of Fit with Emily                     | <b>28</b><br>10:00 Neighbourhood Time<br>11:00 - Circle of Friends<br>2:00 Stepping Out<br>3:00 Brains and Banter | <b>29</b><br>10:00 Neighbourhood Time<br>11:00 Express Yourself<br>2:00 Stepping Out<br>3:00 Musical Moments                      |
| <b>30</b><br>10:00 Neighbourhood Time<br>11:00 For the Soul<br>1:30 Nail Care<br>3:00 For the Fun of Fit | <b>31</b><br>10:00 Neighbourhood Time<br>11:00 Express Yourself<br>2:00 Circle of Friends<br>3:00 Stepping Out                                                   |                                                                                                                                                                                                  |                                                                                                               |                                                                                                                                                     |                                                                                                                   |                                                                                                                                   |