

# FEBRUARY

## Essex Neighbourhood

### Legend

Ch—Chapel

MS— Main Floor

CC - Community Center

GH - Greenhouse

LIB - Library

GOS - Gosfield

KIN - Kingsville

HAR - Harrow

EX - Essex

AMH - Amherstburg

COL - Colchester

OLD - Oldcastle

TAL - Talbot



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1 Shelby is In</b> Yetta and Mary's Special Day Calendar Distribution Puzzles 10:00 Music Therapy with Joe 2:30 Entertainment - Richard Sennima
<b>2 Groundhog Day Shelby is In</b> 9:30 In2I Church 10:30 Ground hog day trivia 1:1 Visit's 2:30 Fun & Games in library	<b>3 Shelby is late</b> 9:30 Staying Fit with PAL 10:00 Group Crossword Puzzle 11:00 Neighbourhood Time 1:30 The Gathering (CH/LIB) 2:30 Cupid Toss 6:00	<b>4 Kristy is In</b> 9:15 Chair Yoga 10:00 Anglican Service (CH) 11:00 Neighbourhood Time 1:30 In the Kitchen 3:00 Church Service (HAR) 6:00 The Garden Club	<b>5</b> 9:30 Staying fit with PAL 10:00 Pancakes in Greenhouse 1:30 Food/Resident Council 1:30 Coffee Hour (CC) 2:30 Valentine Crafting 3:00 Zumba (CH/LIB)	<b>6 Shelby is In</b> 9:30 Horoscopes 10:30 Bible Study in Chapel 1:30 Crochet Club in library 2:30 Crafternoon	<b>7</b> 9:15 Movement Bingo (CH/LIB) 10:30 Choir in Chapel 1:30 Bingo with Harrow 3:00 Valentines Trivia 6:00 Games with Harrow on Essex	<b>8 Kristy is In</b> 9:15 Chair Pilates 10:00 Music Therapy with Joe 1:30 Ring Toss in Living Room 2:30 Entertainment - Floyd Porter
<b>9 Kristy is In</b> 9:15 Morning Stretches with Meditation 10:00 IN2L RC Mass 11:00 Spa Time 1:30 Bingo (Essex hosting) 3:00 Tea Time	<b>10 Shelby is in</b> 9:30 Staying fit with PAL 10:00 Independent Activities 1:30 The Gathering (CH) 2:00 Souper Bowl Competition 3:00 Neighbourhood Time	<b>11</b> 9:30 Morning Meditation and Movement 10:30 Love Song Sing-a-Long 1:30 Making Valentines 3:00 Church Service (HAR) 6:00 The Garden Club (GH/CC)	<b>12</b> 9:30 Staying fit with PAL 10:30 Cheesy Pickup Lines 11:00 In the Kitchen 1:30 Coffee Hour (GH) 2:30 Neighbourhood Time 3:00 Zumba (LIB/CH)	<b>13</b> 9:30 Horoscopes 10:30 Bible Study in Chapel 1:30 Crochet Club in library 2:45 Strawberry Milkshakes with Finish the Lyrics 6:00 Rock in Bowl (MS)	<b>14 Valentine's Day</b> 9:30 Movement Bingo CH/LIB 10:30 RC Mass (CH) 10:45 The Story of Saint Valentine 1:30 Neighbourhood Time 3:00	<b>15 Shelby is In</b> 1:1 Visit's 10:00 Music Therapy with Joe Short Stories Colouring Club 2:30 Entertainment - Mark Crampsie
<b>16 Shelby is In</b> 9:30 in2I church 10:30 manicures 1:1 Visit's 2:30 Fun & Games in library	<b>17 Family Day</b> 9:30 Staying fit with PAL 10:00 Neighbourhood Time 1:00 Rec Outing (Casino) 1:30 The Gathering (CH) 6:00 Family Feud	<b>18 Kristy is In</b> 9:30 Chair Yoga 10:00 Movie Trivia 10:45 Neighbourhood Time 1:30 Seamus Gunn 3:00 Church Service (EX) 6:00 The Garden Club (GH/CC)	<b>19</b> 9:30 Staying fit with PAL 10:00 In the Kitchen 11:00 Neighbourhood Time 1:30 Coffee Hour (GH) 2:00 Reading Circle 3:00 Zumba (LIB/CH)	<b>20 Shelby is In</b> 9:30 Horoscopes 10:30 Bible Study in Chapel 1:30 Crochet Club in library 2:30 Crafternoon	<b>21</b> 9:30 Movement Bingo (CH/LIB) 10:30 Choir Practice in Chapel 1:30 Bingo with Harrow (HAR) 2:45 Neighbourhood Time 6:00 Games with Harrow (ES)	<b>22 Kristy is In</b> 9:30 Balloon Toss 10:15 Music Therapy with Joe 11:00 Music Appreciation 1:30 Neighbourhood Time 2:30 Entertainment - Levon Wall
<b>23 Kristy is In</b> 9:15 Morning Stretches 10:00 IN2L RC Mass 11:00 Spa Time 1:30 Bingo (Harrow hosting) 3:00 Sunday "SUNDAES"	<b>24</b> 9:30 Staying fit with PAL 10:30 Independent Activities 1:30 The Gathering (CH) 2:30 Jeopardy Game 6:00 Movie night	<b>25</b> 9:30 Balloon Toss 10:00 St. Paddy's Day Crafting 11:00 Neighbourhood Time 1:30 In the kitchen 3:00 Church Service (EX) 6:00 The Garden Club	<b>26 Pink Shirt Day</b> 9:30 Staying fit with PAL 10:00 Tye Dye Pink Shirts 1:30 Coffee Hour (GH) 2:45 Neighbourhood Time 3:00 Zumba (LIB) 6:00 Pub Night (CH/LIB)	<b>27</b> 9:30 Horoscopes 10:30 Bible Study in chapel 1:30 Crochet Club in library 2:45 Where in the World 3:30 Neighbourhood Time 6:00 Rock in Bowl (Mainstreet)	<b>28 Kristy is In</b> 9:30 Movement Bingo (CH/LIB) 10:30 Neighbour Time 11:00 Group Word Jumble 1:30 Lucky Toss 2:00 Help your Neighbour Dice Game	