# MARCH

Hagey

Legend

Do - Downey Ha - Hagey

Jo - Johnston

Ma - Matthews Po - Pollock Wr - Wright C - Chapel

CC - Community Centre

CY - Courtyard FC - Fitness Centre L - Library MS - Main Street RH - Retirement

agey				FC - Fitness Centre				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
						1 10:00 Express Yourself 2:00 Entertainment (Jo) 3:30 Circle of Friends		
2:00 For The Soul 00 Cookie Social	3 10:00 Neigbourhood Time 11:00 In the Kitchen	4 Shrove Tuesday 9:30 Rosary (C) 9:30 Outing	5 Ash Wednesday 10:00 Art Workshop (CC) 10:30 Contemplating Life with	6 9:30 Chapel Service (C) 10:30 Zumba (FC)	2:00 Brains and Banter 3:30 Circle of Friends	8 10:00 Brains and Banter 2:00 Entertainment (Wr)		
0 Circle of Friends	2:00 Stepping Out 3:30 HITT(FC) 6:30 Game Show Trivia (CC)	10:00 Accordion Music 2:00 Bingo (MS) 2:45 Art with Sonal 3:15 Hand Therapy (FC) 6:30 In the Kitchen (CC)	Mike (C) 1:45 Ash Wednesday Service (RH) 2:00 Active Games 3:30 Balance Class (FC) 6:30 Documentary & Popcorn (C)	11:00 You and Me 2:00 Hagey Fitness 2:00 Seated Yoga (FC) 3:30 Musical Moments 6:30 Active Games (MS)	3:30 Active Games (FC) 6:30 Crafting Club (CC)	3:30 Stepping Out		
Daylight Savings Time Begins 0:00 For the Soul 0:00 Short Stories 00 Express Yourself	10:00 Express Yourself 2:00 Calendar Planning and Resident Bill of Rights 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	9:30 Rosary (C) 10:00 Accordion Music 2:00 Bingo (MS) 2:45 Art with Sonal 3:15 Tai Chi (FC) 6:30 Devotions (C)	10:00 Brains and Banter 2:00 Stepping Out 3:30 Balance Class (FC) 6:30 Games Night (CC)	9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Hagey Fitness 2:00 Residents Council (C) 2:00 Seated Yoga (FC) 3:30 Musical Moments 6:30 Active Games (MS)	1:30 Manicures 3:00 Balloon Volleyball 3:30 Pilates (FC) 6:30 Crafting Club (CC)	10:00 Brains and Banter 2:00 Entertainment (Do) 3:30 Circle of Friends		

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 10:00 For The Soul 11:00 You and Me 2:00 St. Patricks' Craft 3:30 Circle of Friends	A.M. Nu Step to Ireland (FC) 10:00 St Patrick's Day Craft 11:00 Photoshoot 2:00 St. Patrick's Day Party (MS) 6:30 Game Show Trivia (CC)	9:30 Rosary (C) 10:00 Accordion Music 2:00 Bingo (MS) 2:45 Art with Sonal 3:15 Hand Therapy (FC) 6:30 In the Kitchen (CC)	10:30 Contemplating Life with Mike (C) 2:00 Active Games 3:30 Musical Moments 3:30 Balance Class (FC) 6:30 Games Night (CC)	9:30 Chapel Service (C) 10:30 Zumba (FC) 1:30 Outing 2:00 Entertainment (MS) 2:00 Hagey Fitness 2:00 Seated Yoga (FC) 6:30 Active Games (MS)	2:00 Stepping Out 3:30 Circle of Friends 3:30 Pilates (FC) 6:30 Crafting Club (CC)	10:00 Stepping Out 11:00 Short Stories 2:00 Family Games (MS)
10:00 For the Soul 11:00 You and Me 2:00 Board Games	10:00 Express Yourself 2:00 Popcorn and Movie 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	9:30 Rosary (C) 10:00 Accordion Music 10-12 Meet the RIA (RH) 2:00 Bingo (MS) 2:45 Art with Sonal 3:15 Tai Chi (FC) 6:30 Devotions (C)	10:00-2:30 Ruth's Fashions (CC) 3:00 Circle of Friends 3:30 Balance Class (FC) 6:30 Games Night (CC)	9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Hagey Fitness 3:30 Express Yourself 6:30 Active Games (MS)	1:00 Active Games 2:30 Brains and Banter 3:30 Active Games (FC) 6:30 Crafting Club (CC)	10:00 Brains and Banter 11:00 You and Me 2:00 Entertainment (Ma) 3:30 Express Yourself

### 10:00 For The Soul 2:00 Tim Horton Social 3:30 Stepping Out

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10:00 Brains and Banter 2:00 Stepping Out 3:30 Total Body Fitness (FC) 3:00 Express Yourself 6:30 Game Show Trivia (CC)

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#### **Entertainment:**

March 1st - Entertainment with Lynne & Rick on Johnston March 8th - Entertainment with Henry Winter on Wright March 15th - Entertainment with R&S Country on Downey March 20th - Songs with Marilyn & Muriel on Main Street March 29th - Entertainment with Kevin Coates on Matthews

#### **Outings:**

March 4th at 9:30am - Country Drive and Coffee Pick Up March 20th at 1:30pm - The Java Garden Café

## **Calendar Planning and Resident Bill of Rights**

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings!

Hosted by your Recreation Team Member.

#### Your Recreation Team:

Full-Time - Danny Part-Time - Nur

