

FEBRUARY

Harrow

Legend
 CH - Chapel
 MS - Main Street/Outdoors
 GH - Green House
 SX - Essex Neighbourhood
 LB- Library



February Celebrates:
 Black History Month
 Heart Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Sharon is in 9:00 - Calendar Distribution 10:30 - Snowball Bowling 1:00 - Monthly Picture Time! 2:30 - Entertainment LB
2 Sharon is in Groundhog Day 9:15 - Virtual Church Service 10:00 - Hymn Sing-a-long 10:30 - UNO with Friends 1:00 - Name 10 Trivia 2:30 - Bowling CH	3 Kelly & Sharon are in The Day the Music Died 9:30 - Reading Corner 10:30 - Finish the Lyrics 1:30 - The Gathering CH 3:00 - Story, Trivia & La Bamba 6:00 - Susie Q Crossword	4 Kelly is in late 9:30 - PAL Fitness 10:30 - Anglican Service CH 1:15 - Music with Joe 3:00 - Church 6:00 - Horticulture Club GH	5 Sharon & Kelly are in 9:30 - Nostalgic Nibblers 10:00 - Pancake Social GH 11:00 - Yahtzee 11:00 - 3:00 - Shopping! MS 1:30 - Italian Coffee Club GH 3:00 - Zumba CH	6 Sharon is in 9:30 - PAL Fitness 10:30 - Bible Study CH 1:30 - Crochet Club - LB 3:00 - Headlines in Harrow	7 Kelly & Sharon are in 9:30 - Movement Bingo CH 10:30 - Village Choir CH 1:30 - Bingo with Essex 3:00 - The Common Factor 6:00 - Evening Games SX	8 Kelly is in 9:30 - Noodle Fitness 11:00 - Spa Day 1:00 - Valentines Day Craft 2:30 - Entertainment LB
9 Kelly is in Superbowl Sunday 9:30 - Noodle Fitness 11:00 - Creative Crafts 1:30 - Tower Bingo SX 3:00 - Hot Chocolate Social	10 Sharon is in Soup-er Bowl Monday 9:30 - Nostalgic Nibblers 11:00 - Headlines in Harrow 1:30 - Soup Competition MS 3:00 - Reminisce Bingo	11 Sharon & Kelly are in National Inventor's Day 9:30 - PAL Fitness 10:30 - Who Made It? Trivia 1:15 - Music with Joe 3:00 - Church 6:00 - Horticulture Club GH	12 Kelly & Sharon are in 9:30 - Fitness Fun 11:00 - Trivia Challenge 11:00 - 3:00 -Shopping! MS 1:30 - Italian Coffee Club GH 3:00 - Zumba	13 Kelly & Sharon are in 9:30 - PAL Fitness 10:30 - Bible Study CH 11:00 - 3:00 - Shopping! MS 1:30 - Crochet Club LB 3:00 - Valentine's Social 6:00 - Dirty Birds Joke Club	14 Kelly is in Valentine's Day 9:30 - Movement Bingo CH 10:30 - Catholic Mass CH 1:30 - Matinee Movie Time	15 Sharon is in 9:30 - V-Day Decor Tear Down! 10:30 - Yahtzee 1:00 - Susie Q Move & Groove 2:30 - Entertainment LB
16 Sharon is in 9:15 - Virtual Church Service 10:00 - Hymn Sing-a-long 10:30 - UNO with Friends 1:00 - Alphabet Soup 2:30 - Bowling CH	17 Kelly & Sharon are in Family Day 9:30 - What am I? 11:00 - Wishes for Family 1:30 - The Gathering CH 3:00 - St. Patrick's Decorating 6:00 - Susie Q Crossword	18 Kelly is in late 9:30 - PAL Fitness 1:15 - Music with Joe 1:30 Seamus the Storyteller LB 2:00 - Book Club on Gosfield 3:00 - Church SX 6:00 - Horticulture Club GH	19 Sharon & Kelly are in 9:30 - Nostalgic Nibblers 11:00 - Board Games 1:30 - Italian Coffee Club GH 3:00 - Zumba CH 6:30 - Parkwood Service CH	20 Kelly & Sharon are in 9:30 - PAL Fitness 10:30 - Bible Study CH 1:30 - Crochet Club LB	21 Kelly & Sharon are in 9:30 - Movement Bingo CH 10:30 - Village Choir CH 1:30 - Bingo with Essex 3:00 - Town Hall Meeting 6:00 - Evening Games SX	22 Kelly is in 9:30 - Fitness Fun 11:00 - Yahtzee 1:00 - Word Games 2:30 - Entertainment LB
23 Kelly is in 9:30 - Virtual Church Service 10:30 - Uno with Friends 1:30 - Tower Bingo 3:00 - Family Feud Fun	24 Sharon is in 9:30 - Passport to Wellness 11:00 - Name 10 Trivia 1:30 - The Gathering CH 3:00 - Reminisce Bingo	25 Sharon & Kelly are in 9:30 - PAL Fitness 10:30 - Nostalgic Nibblers 1:15 - Music with Joe 3:00 - Church SX 6:00 - Horticulture Club GH	26 Kelly & Sharon are in Pink Shirt Day 9:30 - Celebrity Name Game 11:00 - Snowman Bowling 1:30 - Italian Coffee Club GH 3:00 - Zumba CH 6:00 - Pub Night MS	27 Kelly & Sharon are in 9:30 - PAL Fitness 10:30 - Bible Study CH 1:30 - Crochet Club LB 3:00 - Headlines in Harrow	28 Kelly is in 9:30 - Movement Bingo CH 11:00 - Singing with Susie 1:30 - Crafty Creations 3:00 - Puzzlemania	

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February Program Highlights

Village Spiritual Programs:

Tues. Feb 4 - Anglican Service

10:30 am in the Chapel

Fri. Feb 14 - Catholic Mass

10:30 am in Gosfield

Wed. Feb 19 - Parkwood Pentecostal Service

6:30 pm in the Chapel

Every Monday - The Gathering with Rev. Elise

in the Chapel at 1:30 pm

Every Thursday - Bible Study with Rev. Elise

in the Chapel at 10:30 am



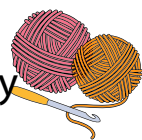
Horticulture Club with Karyn:

Tuesday Nights at 6:30 in the Green House



Crochet Club with Karyn:

Thursday Afternoons at 1:30 in the Library



Fitness Classes:

Every Wednesday - Zumba with Joanne

in the Library at 3:00 pm

Every Tuesday & Thursday - PAL Fitness Class

in the Living Room at 10:30 am

Every Friday - Movement Bingo with PAL

in the Chapel at 9:30 am



Italian Coffee Club:

Every Wednesday at 1:30 pm in the Green House



Village Socials:

Wed. Feb 5 - Pancake Social with Karyn

10:00 am in the Green House

Wed. Feb 26 - Pub Night - 6:00 pm on Main Street

Mon. Feb 10 - Soup-er Bowl Competition

1:30 pm on Main Street



Village Music & Entertainment Programs:

Stories with Seamus Gunn in the Chapel

Tues, Feb 18 at 1:30 pm

Village Choir with Joe Graham in the Chapel

Fri, Feb 7 at 10:30 am

Fri, Feb 21 at 10:30 am

Weekly Entertainment in the Chapel

Every Saturday at 2:30 pm



Sunday Afternoon Village Activities:

Bowling in the Chapel

Sun, Feb. 2 at 2:30 pm

Sun. Feb 16 at 2:30 pm

Tower Bingo

Sun, Feb. 9 at 1:30 pm on Essex

Sun, Feb 23 at 1:30 pm on Harrow



Council Meetings in the Chapel:

Food & Resident Council

Date and Time To Be Announced



Shopping on Main Street 11:00 am to 3:00 pm

Wed, Feb 5 - Life Shoes & Accessories

Wed, Feb 12 & Thurs, Feb 13 - Valentine's Baskets

10 Facts About Black History Month in Canada

- Mathieu Da Costa was Canada's first documented Black person. He served as an interpreter between French explorers and Indigenous peoples in the early 1600s.
- Olivier Le Jeune was the first slave in Canada. From Madagascar, he was sold into slavery in Quebec in 1628.
- Marie-Joseph Angelique was accused of burning 46 Montreal buildings, while trying to escape slavery, symbolizing Black resistance.
- 100,000 slaves sought British protection during the American Revolution.
- Black people faced discrimination after slavery ended. In the 1790s, many Black Canadians left Halifax due to lack of opportunities.
- Between 1815-1865, slaves used the Underground Railroad to come to Canada.
- Canada's first female publisher was Black. Mary Ann Shadd became the first female publisher with The Provincial Freeman.
- The Slavery Abolition Act of 1833 freed almost 800,000 slaves.
- Viola Desmond was Canada's Rosa Parks. In 1946, she was arrested for sitting in a whites-only section of a theater.
- Racial wage gap still exists in Canada. University-educated Black Canadians earn significantly less than their white counterparts.

Adapted from : westernfinancialgroup.ca