

# FEBRUARY

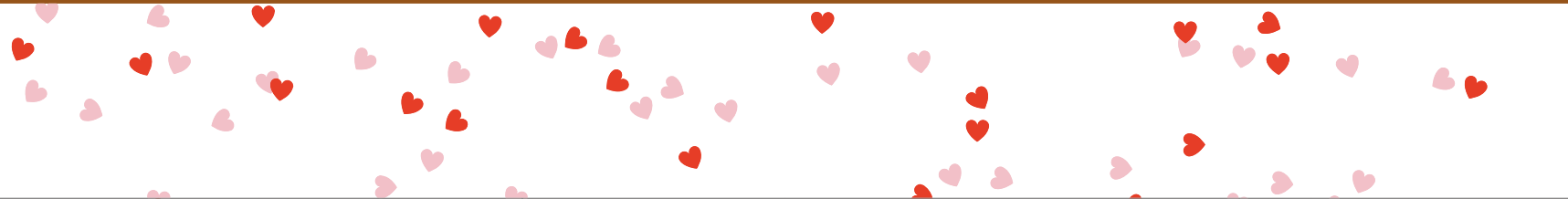

Hazel Lane

## Legend

AR- Activity Room on Lower Level

CQ- Crooked-Q on Lower Level

EP/SW- Erindale Place/ Sheridan way Neighbourhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 10:00 Board Games 11:00 Reminiscing 2:30 Crafty Corner (CQ)
<b>2 Groundhog Day</b> 10:30 Church Service 11:00 Hymn SING 2:30 Popcorn and a Movie: Groundhog Day-CQ	<b>3</b> 10:00 Table Tennis- CQ 11:00 Musical Moments 2:15 Group Exercise 6:30 Word Games-EP/SW	<b>4</b> 10:30 Group Exercise -CQ 2:30 Armchair Travel- Jamaica 6:30 Soothing Sensations	<b>5</b> 10:00 Express Yourself 11:00 You & Me 2:15 Group Exercise 2:30 Neighbourhood Time	<b>6</b> 10:30 Group Exercise- CQ 2:30 Baking- AR	<b>7</b> 10:30 Group Exercise- CQ 2:30 Bingo - CQ 6:30 Travelogue- EP/SW	<b>8</b> 10:30 Chair Yoga- CQ 1:00 Friendly Visits 2:30 Pool- AR 6:30 Board Games
<b>9 National Pizza Day</b> 10:30 Church Service 1:00 Dominoes 2:30 Pizza Party 6:30 Trivia	<b>10</b> 10:00 Musical Moments 11:00 Friendly Visit 2:15 Group Exercise	<b>11</b> 10:30 Group Exercise- CQ 1:00 Manicures 2:30 Flower Arranging 6:30 Movie Night- Hidden Figures- CQ	<b>12</b> 9:45 Music with Wendy 11:00 Brains and Banter 2:15 Group Exercise 2:30 You and Me	<b>13</b> 10:30 Group Exercise- CQ 2:30 RC Communion-CQ	<b>14 Valentine's Day</b> 10:30 Group Exercise- CQ 1:00 Valentines Flower Making 2:30 Valentines Social- with Johnny Dee 6:30 Board Games	<b>15</b> 10:00 Dominoes 11:00 Trivia 2:30 Bowling
<b>16</b> 10:30 Church Service 11:00 Hymn Sing 2:30 Neighbourhood Time 6:30 Travelogue- EP/SW	<b>17 Family Day</b> 10:30 Chair Yoga- CQ 2:15 Group Exercise 2:30 High Tea Social- CQ 6:30 Word Connect- EP/SW	<b>18</b> 10:30 Group Exercise- CQ 1:00 Book Club 2:30 RC Communion- CQ 6:30 Friendly Visits	<b>19</b> 10:30 Art Class- AR 2:15 Group Exercise 2:30 Shuffleboard- CQ	<b>20</b> 10:b30 Group Exercise- CQ 2:30 Gourmet Club	<b>21</b> 10:30 Group Exercise- CQ 2:30 Armchair Travel- Japan	<b>22</b> 10:00 Balloon Tennis 11:00 Sing- A- Long 1:00 Sip & Paint 2:30 Drum Fit 6:30 Stepping Out
<b>23</b> 10:30 Church Service 1:00 IN2L 2:30 Target Shooting 6:30 Movie Night- The Six Triple Eight	<b>24</b> 10:30 Art Class- AR 2:15 Group Exercise 3:00 Manicures 6:30 Trivia- EP/SW	<b>25 Aspiration Launch Day</b> 10:30 Group Exercise- CQ 1:00 Sing- A- Long w/ Noreen 2:30 Neighbourhood Time 6:30 Pool- AR	<b>26 Pink Shirt Day</b> 10:30 Chair Yoga 2:15 Group Exercise 2:30 Jiahemay Dancers- CQ 6:30 Bingo- EP/SW	<b>27</b> 10:30 Group Exercise- CQ 2:30 Food Committee & Resident Council Meeting-CQ	<b>28</b> 10:30 Group Exercise- CQ 1:00 You & Me 2:30 Table Golf 6:30 IN2L	

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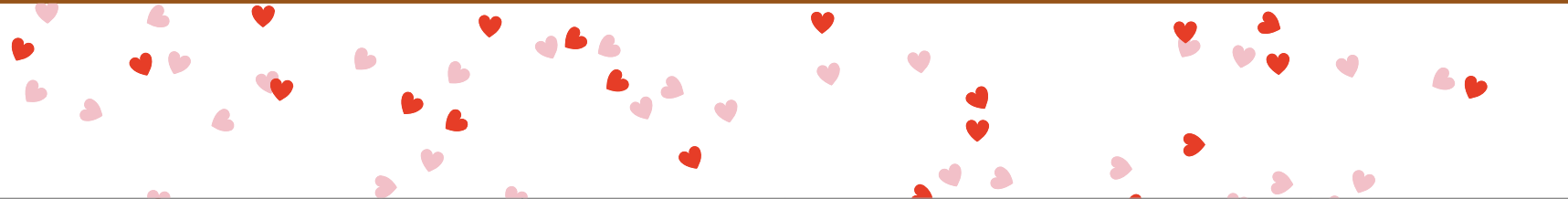
Erindale Place & Sheridan Way

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AR- Activity Room on Lower Level

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EP/SW- Erindale Place/ Sheridan way Neighbourhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 10:30 Trivia 2:30 Crafty Corner-CQ 6:30 Brains and Banter
<b>2 Groundhog Day</b> 10:30 Church Service 11:00 Hymn Sing 2:30 Popcorn and a Movie: Groundhog Day-CQ 6:30 Soothing Sensations	<b>3</b> 10:30 Friendly Visits 11:00 Musical Moments 3:00 Group Exercise 6:30 Word Games	<b>4</b> 10:30 Group Exercise- CQ 2:30 Armchair Travel- Jamaica	<b>5</b> 10:30 Neighbourhood Time 2:30 Pool- AR 3:00 Group Exercise 6:30 Friendly Visits	<b>6</b> 10:30 Group Exercise- CQ 2:30 Baking- AR 6:30 Stepping Out	<b>7</b> 10:30 Group Exercise-CQ 2:30 Bingo-CQ 6:30 Travelogue	<b>8</b> 10:30 Chair Yoga-CQ 2:30 Ring Toss
<b>9 National Pizza Day</b> 10:30 Church Service 11:00 Hymn Sing 2:30 Pizza Party	<b>10</b> 10:30 History Club 3:00 Group Exercise 6:30 Trivia	<b>11</b> 10:30 Group Exercise- CQ 2:30 Flower Arranging 6:30 Movie Night- Ace Ventura When Nature Calls-CQ	<b>12</b> 10:30 Music with Wendy 2:30 Shuffleboard-CQ 3:00 Group Exercise 6:30 Word Connect	<b>13</b> 10:30 Group Exercise-CQ 2:30 Anglican Communion-CQ 6:30 Stepping Out	<b>14 Valentine's Day</b> 10:30 Group Exercise-CQ 2:30 Valentines Social-CQ with Johnny Dee	<b>15</b> 10:30 Karaoke 2:30 Bowling- CQ 6:30 Bingo
<b>16</b> 10:30 Church Service 11:00 Hymn Sing 2:30 Target Practice 6:30 Travelogue	<b>17 Family Day</b> 10:30 Chair Yoga- CQ 2:30 High Tea Social- CQ 3:00 Group Exercise 6:30 Word Connect	<b>18</b> 10:30 Group Exercise- CQ 2:30 RC Communion- CQ	<b>19</b> 10:30 Art Class- AR 2:30 Sing- A- Long w/ Noreen 3:00 Group Exercise 6:30 Friendly Visits	<b>20</b> 10:30 Group Exercise- CQ 2:30 Gourmet Club 2:45 Mask Making 6:30 Hangman	<b>21</b> 10:30 Group Exercise- CQ 2:30 Armchair Travel- Japan 6:30 Stepping Out	<b>22</b> 10:30 Java Music Club 2:30 Bingo
<b>23</b> 10:30 Church Service 11:00 Hymn Sing 2:30 Movie Afternoon- The Six Triple Eight	<b>24</b> 10:30 Art Class-AR 3:00 Group Exercise 6:0 Trivia	<b>25 Aspiration Launch Day</b> 10:30 Group Exercise- CQ 2:30 Pool- AR 6:30 Neighbourhood Time	<b>26 Pink Shirt Day</b> 10:30 Chair Yoga-CQ 2:30 Jiahemay Dancers- CQ 3:00 Group Exercise 6:30 Bingo	<b>27</b> 10:30 Group Exercise- CQ 2:30 Food Committee & Resident Council Meeting-CQ 6:30 Soothing Sensations	<b>28</b> 10:30 Group Exercise- CQ 2:30 Shuffleboard- CQ	