Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MARCH ************************************						1 First of Ramadan 10:00 Word Challenge 11:00 Sing- A- Long 2:30 Balloon Tennis-CQ
2	3 Lent Begins	4 Shrove Tuesday	5 Ash Wednesday	6	7	8 International
10:00 Church Service 11:00 Hymn Sing 2:30 Manicures	10:00 Scripture Reflections 11:00 Musical Moments 2:15 Group Exercise 2:30 Neighbourhood Time	10:30 Group Exercise-CQ 1:00 Manicures 2:30 Arm Chair Travel- Ireland 6:30 Shuffleboard- CQ	10:30 Chair Yoga- CQ 2:15 Group Exercise 2:30 Friendly Visits 6:30 Trivia- EP/SW	10:30 Group Exercise- 1:30 Dog Visits 2:30 Baking-AR	10:30 Group Exercise-CQ 2:10 Movie Afternoon- Downton Abbey	Women's Day 10:30 Healthy Teat Cart 11:00 You and me 2:30 Spa Afternoon-CQ 6:30 Table Tennis- CQ
9 Clocks Go Forward	10	11	12	13	14 Holi	15
10:00 Church Service 11:00 Hymn Sing 1:00 IN2L 2:30 Balloon Tennis 6:30 Wildlife Documentary	10:00 Trivia 2:15 Group Exercise 2:30 Neighbourhood Time	10:30 Group Exercise- CQ 1:00 Target Practice-CQ 2:30 Flower Arranging 6:30 Movie Night- Queen Bees- CQ	10:30 Board Games 2:15 Group Exercise 2:30 Neighbourhood Time 6:30 Hangman- EP/SW	10:30 Group Exercise-CQ 1:30 Dog Visits 2:30 Bingo	10:30 Group Exercise-CQ 2:30 Holi Celebration 6:30 Trivia Night	10:30 Chair Yoga- CQ 2:30 Travelogue 3:00 Friendly Visits
16	17 St. Patrick's Day	18	19	20 Spring Begins	21	22
10:00 Church Service 11:00 Hymn Sing 2:30 High Tea Social -CQ	10:00 Decorating-CQ 2:30 St. Patrick's Day Party with James Cormier-CQ	10:30 Group Exercise-CQ 1:00 Drum Fit 2:30 RC Communion-CQ 6:30 Hanagman	10:30 Art Class 2:15 Group Exercise 2:30 Friendly Visits 6:30 Trivia Night- EP/SW	10:30 Group Exercise-CQ 1:30 Dog Visits 2:30 Anglican Communion-CQ	10:30 Group Exercise-CQ 2:30 Arm-chair Travel- Italy	9:30 Java Music Club 2:30 Bowling-CQ 6:30 You and Me
23	24	25	26	27	28	29
10:00 Church Service 11:00 Hymn Sing 1:00 Spring Colouring 2:30 Spring Wreath Making-AR 6:30 Movie Night- CQ	10:30 Chair Yoga-CQ 2:15 Group Exercise 2:30 The Price is Right	10:30 Group Exercise-CQ 1:00 Book Club 2:30 Sing-A-Long with Noreen 6:30 Pool- AR	9:45 Music with Wendy 10:45 Spring Vase Making 2:15 Sports Afternoon! 6:30 Hangman- EP/SW	10:30 Group Exercise-CQ 1:30 Dog Visits 2:30 res council and food committee meeting- CQ	10:30 Group Exercise-CQ 1:00 Board Games 2:30 Planting a Seed 6:30 Bingo	10:00 Sing-A-Long 11:00 Express Yourself 2:30 Ring Toss
30	31				Legend	
10:00 Church Service 11:00 Hymn Sing 2:30 Crafty Corner- CQ	10:30 Art Class- AR 2:15 Group Exercise 2:30 Neighbourhood Time				AR- Activity Room on the Lower Level CQ- Crooked-Q on the Lower Level EP/SW- Erindale Place & Sheridan Way Neighbourhood	

MARCH



Movies

March 7th Hazel Lane- Downton Abbey March 11- Queen Bees- Crooked Q March 23 at 6:30 TBD MARCH IS ALSO A MOVE MORE MONTH
Keep and eye out for posters for our Move More
Challenges throughout the month.

Entertainment/ Special Events

/March 5, 15, 24 at10:30 Chair Yoga- CQ March 19, 31 at 10:30- Art Class- AR March 17- St. Patrick's Day Party, entertainment with James Cormier. March 26- Music with Wendy