

# FEBRUARY

Lambton

**Legend**  
 C—Chapel  
 TH—Town Hall  
 MF— Main Floor  
 TS—Town Square  
 SC—Social Club

The month of February gives us all the chance to celebrate the diversity and achievements of Black people in Canada.

**Note/Announcement:**  
 “You can’t separate peace from freedom because no one can be at peace unless he has his freedom.” — *Malcolm X*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>2 Groundhog Day</b> 09:30 You & Me 10:00 Fellowship Service 11:30 Brains & Banter: Groundhog Day Trivia 02:30 Musical Moments 03:30 Circle of Friends	<b>3</b> 09:30 Neighborhood Time 10:00 In the Kitchen: Cookies 11:00 Stepping Out 02:30 For the Fun Of Fit 04:00 You & Me	<b>4 AFY Shoe Vendor 10 -2pm</b> 10:00 Manicures 11:00 Horticultural Therapy 02:30 Spiritual Service 03:00 Circle of Friends: Hot Chocolate 04:00 Stepping Out	<b>5</b> 09:30 Storyteller : Adele 01:30 Neighborhood Time 02:30 For the Fun of Fit 04:00 Stepping Out 06:30 Express Yourself: Valentine Tree	<b>6</b> 09:30 Neighborhood Time 10:00 For the fun Of Fit 11:00 Stepping Out 02:30 Entertainment: Keith 04:00 Brains & Banter	<b>7</b> 01:30 You & Me 02:30 Musical Moments 03:30 Circle of Friends 06:30 Hot Chocolate Social	<b>1</b> <b>Jackpot Bingo</b> 09:30 You & Me 10:30 In the Kitchen 02:30 Jackpot Bingo 02:30 Express Yourself Valentine’s 04:00 Circle of Friends
<b>9</b> 10:00 Fellowship Service 10:00 Soothing Sensations 11:20 You & Me 01:40 Neighborhood Time 03:00 For the fun Of Fit 04:00 Stepping Out	<b>10</b> 09:30 You & Me 10:00 In the Kitchen Savory Buns 01:30 You & Me 02:30 Express Yourself 04:00 It’s Never To Late	<b>11</b> 10:00 Manicures 11:00 Express Yourself: Heart Garland 11:00 Horticultural Therapy 02:30 Spiritual Service 03:00 Drumming Circle	<b>12</b> 01:00 Neighborhood Time 02:00 Music Therapy 02:00 Black History month Bingo 04:00 Dominos 06:30 Movie Time	<b>13</b> 09:00 Neighborhood Time 10:00 For the Fun of Fit 11:00 Valentine’s Day Dic 02:30 Book Club 04:00 You & Me	<b>14 Valentine’s Day</b> 09:30 Valentine Word Search 10:00 Express Yourself: Tissue Paper Flower Making 02:30 Valentine Day Celebration: Emilio 04:00 You & Me	<b>15</b> 09:30 You & Me 10:00 Tim Horton’s Valentine Treats 11:00 Circle of Friends 02:30 Musical Moments 03:30 Circle of Friends
<b>16</b> 09:30 You & Me 10:00 Fellowship Service 11:30 You & Me 02:30 Musical Moments 03:30 Circle of Friends	<b>17 Family Day</b> 09:30 Neighborhood Time 10:00 Express Yourself: Scrapbook Crafts 02:30 Family Day Festivities 04:00 You & Me	<b>18</b> 10:00 Manicures 11:00 Horticultural Therapy 01:30 Outing: Stackt Market 02:30 Spiritual Service 03:00 For the fun Of Fit 04:00 You & Me	<b>19</b> 02:00 Music Therapy 03:00 Black History Month Trivia 03:30 Flower Arranging 04:00 You & Me 06:30 Group Walk	<b>20 Resident Council</b> 09:30 Neighborhood Time 10:00 Express Yourself 03:00 Resident Council 03:00 Bingo 04:00 You & Me	<b>21 Food Committee</b> 01:30 You & Me 02:30 Express Yourself Winter Crafts 04:00 Brain’s & Banter 06:30 It’s Never Too Late	<b>22</b> 09:30 Neighborhood Time 10:00 Italian Club 11:20 Stepping Out 02:00 Outing: Public Library 02:30 For the Fun of Fit 04:00 You & Me
<b>23</b> 09:30 Neighborhood Time 10:00 Fellowship Service 10:00 Soothing Sensations 02:30 Express Yourself 04:00 You & Me	<b>24</b> 09:30 You & Me 10:00 In the Kitchen Chocolate Chip Cookies 02:30 Birthday Celebration with Tristan	<b>25</b> 10:00 Manicures 11:00 Horticultural Therapy 02:30 Spiritual Service 03:00 Express Yourself 04:00 Stepping Out	<b>26 Pink Shirt Day</b> 01:00 Neighborhood Time 02:00 Music Therapy 03:00 Express Yourself: Color by numbers 04:00 Book Club 06:30 Movie Time	<b>27</b> 09:30 It’s Never Too Late 10:00 Soothing Sensations 11:00 Stepping Out 12:00 Dinner’s Club 03:00 For the Fun of fit 04:00 You & Me	<b>28</b> 09:30 Neighborhood Time 10:00 Book Club 11:00 Stepping Out 02:30 Express Yourself 04:00 Trivia	