

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>MARCH</div> <div>Nelson</div> <div></div>						
<div>2</div> <div>9:00 Neighbourhood Time</div> <div>10:00 Movie Matinee</div> <div>11:00 Total Body Fitness</div> <div>2:00 For The Soul</div> <div>3:00 Stepping Out</div>	<div>3</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Express Yourself</div> <div>2:00 Soothing Sensations</div> <div>3:30 For The Fun of Fit</div>	<div>4</div> <div>Shrove Tuesday</div> <div>11:00 Spiritual Visits</div> <div>1:00 Neighbourhood Time</div> <div>2:30 In The Kitchen- CC</div> <div>3:30 Stepping Out</div>	<div>5</div> <div>Ash Wednesday</div> <div>9:00 Neighbourhood Time</div> <div>10:30 For The Soul</div> <div>11:15 Fun & Fit</div> <div>1:30 Music Therapy</div> <div>3:30 Express Yourself</div>	<div>6</div> <div>9:00 Neighbourhood Time</div> <div>10:30 For The Fun of Fit</div> <div>1:15 Horticulture Therapy</div> <div>2:00 Circle of Friends</div> <div>3:00 In The Kitchen</div>	<div>7</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Brains and Banter</div> <div>11:15 Line Dancing- FC</div> <div>2:00 Soothing Sensations</div> <div>2:30 Art Therapy</div> <div>3:00 Musical Moments</div>	<div>1</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Circle of Friends</div> <div>2:00 You and Me</div> <div>3:30 Musical Moments</div>
<div>9</div> <div>Daylight Savings</div> <div>9:00 Neighbourhood Time</div> <div>10:30 For The Fun of Fit</div> <div>2:00 Church-TH</div> <div>3:30 Brains and Banter</div>	<div>10</div> <div>9:00 Neighbourhood Time</div> <div>10:00 Mother Goose-TH</div> <div>11:00 Stepping Out</div> <div>2:00 Soothing Sensations</div> <div>3:30 For The Fun of Fit</div>	<div>11</div> <div>11:00 Spiritual Visits</div> <div>1:00 Neighbourhood Time</div> <div>2:00 Circle of Friends</div> <div>3:30 Stepping Out</div> <div>6:30 Wine and Cheese- CC</div>	<div>12</div> <div>9:00 Neighbourhood Time</div> <div>10:30 For The Soul</div> <div>11:15 Fun & Fit</div> <div>1:30 Music Therapy</div> <div>3:30 Express Yourself</div>	<div>13</div> <div>Purim</div> <div>9:00 Neighbourhood Time</div> <div>10:30 For The Fun of Fit</div> <div>1:15 Horticulture Therapy</div> <div>2:00 Circle of Friends</div> <div>3:00 Purim Social- CC</div>	<div>14</div> <div>Purim & Holi</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Brains and Banter</div> <div>11:15 Line Dancing- FC</div> <div>2:30 Holi Social- TH</div> <div>2:30 Art Therapy</div> <div>3:30 Stepping Out</div>	<div>15</div> <div>9:00 Neighbourhood Time</div> <div>10:30 In The Kitchen-CC</div> <div>2:00 Stepping Out</div> <div>3:00 Ron Tansley- TH</div>
<div>16</div> <div>9:00 Neighbourhood Time</div> <div>10:00 Movie Matinee- L</div> <div>11:00 Total Body Fitness</div> <div>2:00 Church-TH</div> <div>3:00 Stepping Out</div>	<div>17</div> <div>St. Patrick's Day</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Express Yourself</div> <div>2:30 St Patrick's Social- CC</div> <div>3:30 Stepping Out</div>	<div>18</div> <div>11:00 Spiritual Visits</div> <div>1:00 Neighbourhood Time</div> <div>2:30 Stepping Out</div> <div>3:30 Musical Moments</div> <div>6:00 You and Me</div>	<div>19</div> <div>9:00 Neighbourhood Time</div> <div>10:30 For The Soul</div> <div>11:15 Fun & Fit</div> <div>1:30 Music Therapy</div> <div>2:00 Wicked- TH</div> <div>3:30 Stepping Out</div>	<div>20</div> <div>First Day of Spring</div> <div>9:00 Neighbourhood Time</div> <div>10:30 For The Fun of Fit</div> <div>1:15 Horticulture Therapy</div> <div>2:00 Wicked- TH</div> <div>3:30 Stepping Out</div>	<div>21</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Brains and Banter</div> <div>11:15 Line Dancing- FC</div> <div>2:00 Soothing Sensations</div> <div>2:30 Art Therapy</div> <div>3:00 Musical Moments</div>	<div>22</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Circle of Friends</div> <div>2:00 Stepping Out</div> <div>3:00 Gerry Larkin- TH</div>
<div>23</div> <div>9:00 Neighbourhood Time</div> <div>10:30 For The Fun of Fit</div> <div>2:00 Church- TH</div> <div>3:30 Brains and Banter</div>	<div>24</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Express Yourself</div> <div>2:00 Stepping Out</div> <div>3:00 Golden Olympics- TH</div>	<div>25</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Brains and Banter</div> <div>11:00 Spiritual Visits</div> <div>2:00 Stepping Out</div> <div>3:00 Golden Olympics- TH</div>	<div>26</div> <div>9:00 Neighbourhood Time</div> <div>10:30 For The Soul</div> <div>11:15 Fun & Fit</div> <div>1:30 Music Therapy</div> <div>3:00 Golden Olympics- Outing</div>	<div>27</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Birthday Social-CC</div> <div>1:15 Horticulture Therapy</div> <div>2:00 Stepping Out</div> <div>3:00 Golden Olympics-TH</div>	<div>28</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Brains and Banter</div> <div>11:15 Line Dancing- FC</div> <div>2:00 Soothing Sensations</div> <div>2:30 Art Therapy</div> <div>3:00 Musical Moments</div>	<div>29</div> <div>Eid al-Fitr</div> <div>9:00 Neighbourhood Time</div> <div>10:30 In The Kitchen-CC</div> <div>2:00 Stepping Out</div> <div>3:00 Geri Defoe- TH</div>
<div>30</div> <div>9:00 Neighbourhood Time</div> <div>10:00 Movie Matinee- L</div> <div>11:00 Total Body Fitness</div> <div>2:00 Church-TH</div> <div>3:00 Stepping Out</div>	<div>31</div> <div>International Transgender Day of Visibilty</div> <div>9:00 Neighbourhood Time</div> <div>10:30 Express Yourself</div> <div>2:30 Caitlyn Jenner Doc- TH</div> <div>3:30 Stepping Out</div>	<div>Legend</div> <div>C- Community Center</div> <div>FC- Fitness Center</div> <div>MS- Main Street</div> <div>L- Library</div> <div>TH- Town Hall</div> <div>Residents Bill Of Rights</div> <div>23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential</div> <div>Note/Announcement:</div> <div>Programs subject to change</div>				

MARCH

In The Kitchen

- 4- Pancakes with Appleby- CC
- 6- Oreo Cookies and Milk- CC
- 13- Challah Bread with Appleby- CC
- 25- Chocolate Chip Cookies

Social's in Community Center

- 1- Timbits and Coffee
- 11- Wine and Cheese
- 15- Mini Muffins
- 27- Birthday Social
- 29- Samosas

Movie

Popcorn will be provided

Movies for the month:

- 2- The Cat In The Hat
- 16- Brooklyn
- 19- Wicked (First Half)
- 20-Wicked (Second Half)
- 30- It's Complicated



Pal Group Programs

Monday

Sweat Squad 1:30

Tuesday

Group Fitness 1:45

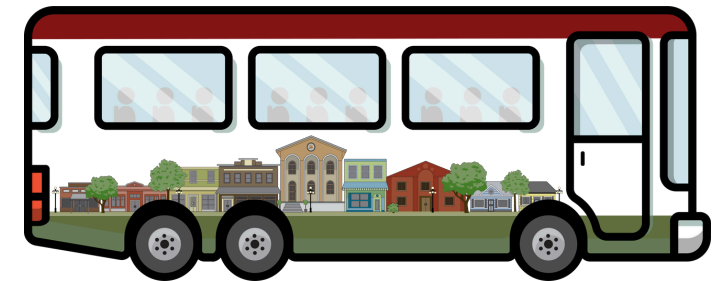
Thursday

Basketball 11:30

Yoga 1:45

Outings

- 12- Scenic Drive (3pm)
- 18- Chuck's Roadhouse (11am)
- 26- Dodgeball/Volleyball (2pm)



Diner's Club

- 25- McDonalds