

# Rymal Neighbourhood

# February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 9:30am Neighbourhood Time 11:00am Express Yourself <b>1:00pm Mary Poppins Performance (Ancaster Theatre)</b> <b>2:00pm Pub with Filipa Sousa - MS</b>
<b>2</b> 9:30am Neighbourhood Time 10:00am Church Service with Ankit - CH 10:00am Circle of Friends 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC	<b>3</b> 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy-TH 11:00am You & I 2:00pm Bingo - CC 3:30pm Soothing Sensations	<b>4</b> 11:00am Stay Strong - FC 1:00pm For the Soul with Janet 1:30pm You and I 3:00pm For the Fun of Fit 6:15pm Games Night - CC	<b>5</b> 9:30am Neighbourhood Time 11:00am Brains and Banter 2:00pm Tai Chi with Dan - FC 6:15pm Active Games-CC	<b>6</b> 9:45am Sing-a-long with Janet-CH 11:00am Fit to Function with Dan - FC 1:30pm Stepping Out <b>2:30pm Black History Month Presentation-TH</b> 6:15pm Trivia Night-CC	<b>7</b> <b>8:30am Men's Breakfast - CC</b> 9:30am Neighbourhood Time 11:00am Stay Strong - FC 2:00pm Circle of Friends 2:15pm Music Therapy with Jen	<b>8</b> 9:30am Neighbourhood Time 11:00am Express Yourself <b>2:00pm Entertainment with Jim Young on Carrington</b> 3:30pm Brains and Banter
<b>9</b> <b>Superbowl Sunday! Wear your Favourite Jersey!</b> 9:30am Neighbourhood Time 10:00am Church Service with Ankit - CH 10:00am Circle of Friends 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC <b>6:30pm Superbowl in the Lounge</b>	<b>10</b> 9:30am Neighbourhood Time <b>10:00am Walmart Outing</b> 10:30am Intergenerational Jamboree Music Therapy-TH 11:00am You & I 2:00pm Bingo - CC 3:30pm Soothing Sensations 6:15pm Musical Moments-CC	<b>11</b> <b>9:30am Grandfriends Visit-TH</b> 11:00am Stay Strong - FC 1:00pm For the Soul with Janet 1:30pm You and I 3:00pm For the Fun of Fit 6:15pm Games Night - CC	<b>12</b> 9:30am Neighbourhood Time 11:00am Brains and Banter 2:00pm Movie With Janet "An Affair to Remember"-TH 2:00pm Stepping out 2:00pm Tai Chi with Dan - FC 3:30pm Musical Moments 6:15pm Active Games-CC	<b>13</b> 9:45am Sing-a-long with Janet-CH 11:00am Fit to Function with Dan - FC <b>2:00pm Wentworth Choir Concert-TS</b> 3:15pm Residents' Council 6:15pm Trivia Night-CC	<b>14</b> <b>Happy Valentine's Day! Wear your Red &amp; Pink!</b> 9:30am Neighbourhood Time 11:00am In the Kitchen 11:00am Stay Strong - FC 3:30pm For the Fun of Fit	<b>15</b> 9:30am Neighbourhood Time 11:00am Express Yourself <b>2:00pm Valentine's Entertainment with Ron Tansley-MS</b> 3:30pm Brains and Banter
<b>16</b> 9:30am Neighbourhood Time 10:00am Church Service with Ankit - CH 10:00am Circle of Friends 2:30pm Virtual Church Service with Janet-TH 3:15pm Fellowship - CC	<b>17</b> <b>Happy Family Day!</b> 9:30am Neighbourhood Time 10:30am Bingo-CC <b>1:30pm Family Day Reptile Show!-MS</b> 3:30pm Soothing Sensations 6:15pm Musical Moments-CC	<b>18</b> 11:00am Stay Strong - FC 1:00pm For the Soul with Janet 1:30pm You and I 3:00pm For the Fun of Fit 6:15pm Games Night - CC	<b>19</b> 9:30am Neighbourhood Time 10:30am Roman Catholic Mass - CH 1:30pm Garden Club 2:00pm Tai Chi with Dan - FC 2:30pm Arm Chair Travel (Italy)-TH 3:30pm Musical Moments 6:15pm Active Games-CC	<b>20</b> 9:45am Sing-a-long with Janet-CH <b>10:00am Country Drive</b> 11:00am Fit to Function with Dan - FC 1:30pm Stepping Out 2:30pm Snack Battle (Italy)-CC 3:00pm Express Yourself 6:15pm Trivia Night-CC	<b>21</b> <b>9:30am Oakhill Student Visit-CC</b> 11:00am Stay Strong - FC 2:15pm Music Therapy with Jen <b>3:00pm Happy Hour with Bruce Tourney - MS</b>	<b>22</b> 9:30am Neighbourhood Time 11:00am Express Yourself <b>2:30pm Chinese New Year Presentation-TH</b> 3:30pm Brains and Banter
<b>23</b> 9:30am Neighbourhood Time 10:00am Church Service with Ankit - CH 10:00am Circle of Friends 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC	<b>24</b> 9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Music Therapy-TH 11:00am You & I 2:00pm Bingo - CC 3:30pm Soothing Sensations 6:15pm Musical Moments-CC	<b>25</b> <b>National Clam Chowder Day!</b> 11:00am Stay Strong - FC 1:00pm For the Soul with Janet	<b>26</b> 9:30am Neighbourhood Time <b>11:00am Celebration Of Life-TH</b> 2:00pm Stepping out 2:00pm Tai Chi with Dan - FC 3:30pm Musical Moments <b>5:00pm Diners Club (Fish n`Chips)-Ruby</b> 6:15pm Active Games-CC	<b>27</b> 9:45am Sing-a-long with Janet-CH 11:00am Fit to Function with Dan - FC 1:30pm Stepping Out 3:00pm Express Yourself 6:15pm Bingo-CC	<b>28</b> 9:30am Neighbourhood Time 11:00am In the Kitchen 11:00am Stay Strong - FC <b>2:00pm Birthday Bash - CC</b>	

CC - Community Centre

CH - Chapel

MS - Main Street