

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MARCH

Strasburg



1
 9:45 Exercise
 10:30 Bingo
 1:30 Neighborhood time
 2:00 Pet Visits
 3:00 Express Yourself

2
 9:45 Exercise
 10:30 TV Church
 11:00 Short Stories
 1:30 Kick Ball
 3:00 Neighbourhood Times

3
9:30 Walmart Outing
 10:30 For the spirit
 1:30 Craft with Maria
 3:00 Planting Friendships
 3:00 Neighbourhood Time

4 Shrove Tuesday
 10:00 Total Body Fitness
 11:00 Church
 1:30 Nail Care
 2:30 Inspirational Chats
 3:30 Raise Your Voice
 6:15 Neighbourhood Time

5 Ash Wednesday
9:30 Dollar Store
 9:45 Zumba
 11:00 Hymn Sing
 1:30 Bingo
 3:00 Horticulture
 3:00 Neighbourhood Time

6
 9:45 Exercise
 9:45 Music Therapy
 10:15 Chime Choir
 1:30 Neighbourhood Time
 3:00 Word Games
 3:30 Tai Chi

7
 9:45 Exercise
 10:30 Art Group
 1:30 Table Ball
 2:30 Neighborhood Time

8 International Womens Day
 9:45 Exercise
 10:30 Bingo
 10:30 Bean Bag Toss
2:00 Women Who Made Made Difference in History
 2:00 Pet Visits

9 Daylight Saving Time
 9:45 Exercise
 10:30 TV Church
 11:00 Java Music
 1:30 Table Ball
 3:00 Neighbourhood Time

10
 9:45 Exercises
 10:30 For the spirit
 11:00 Table Ball
 1:30 Craft with Maria
 3:00 Planting Friendships
 3:00 Neighbourhood Time

11
 10:00 Total Body Fitness
 11:00 Church
 1:30 Nail Care
 2:30 Inspirational Chats
 3:30 Raise Your Voice
 6:15 Neighbourhood Time

12
 9:45 Zumba
 11:00 Hymn Sing
11:45 Swiss Chalet Order IN
 1:30 Bingo
 3:00 Horticulture
 3:00 Neighbourhood Time

13
 9:30 Exercise
 9:45 Music Therapy
 10:15 Chime Choir
 1:30 Horse Racing
 3:00 Neighbourhood Time
 3:30 Tai Chi

14 Holi
 9:45 Exercise
 10:30 Bowling
1:30 Holi Social
 3:00 Neighbourhood Time

15
 9:45 Exercise
 10:30 Bingo
 1:30 Express Yourself
 2:00 Pet Visits
 3:00 Neighbourhood Time

16
 9:45 Exercise
 10:30 TV Church
 11:00 Short Stories
1:30 Apostolic Hymn Sing
 3:00 Neighbourhood Time

17 St. Patricks Day
 9:45 Exercises
 10:30 For the spirit
 11:00 Table Ball
2:00 St. Patricks Social
 3:00 Neighbourhood Time

18
 10:00 Total Body Fitness
 11:00 Church
 1:30 Nail Care
 2:30 Inspirational Chats
 3:30 Raise Your Voice
 6:15 Neighbourhood Time

19
 9:45 Zumba
 11:00 Hymn Sing
 1:30 Bingo
 3:00 Neighbourhood Time

20 First Day of Spring
 9:45 Exercise
 9:45 Music Therapy
 10:15 Chime Choir
 1:30 Neighbourhood Time
 3:00 Spring Chat
 3:30 Tai Chi

21
 9:45 Exercise
 10:30 Art Group
 1:30 Table Ball
 2:45 Hand Waxing
 3:00 Neighbourhood Time

22
 9:45 Exercise
 10:30 Bingo
 11:00 Word Games
 2:00 Pet Visits
2:00 Sing Out
 3:15 Neighbourhood Time

23
 9:45 Exercise
 10:30 TV Church
 11:00 Java Music
 1:30 Kick Ball
 3:00 Neighbourhood Time

24
 9:45 Exercises
 10:30 For the spirit
 11:00 Table Ball
 1:30 Craft with Maria
 3:00 Planting Friendships
 3:00 Neighbourhood Time

25
 10:00 Total Body Fitness
 11:00 Church
 1:30 Nail Care
 2:30 Inspirational Chats
 3:30 Raise Your Voice
 6:15 Neighbourhood Time

26
 9:45 Zumba
 11:00 Hymn Sing
1:30 Resident Meeting
 3:00 Horticulture
 3:00 Neighbourhood Time

27 Resident Council
 9:30 Exercise
 9:45 Music Therapy
 10:15 Chime Choir
 1:30 Horse Racing
 3:00 Neighbourhood Time
 3:30 Tai Chi

28
 9:45 Exercise
 10:30 Bowling
2:00 Jontue
 3:15 Neighbourhood Time

29
 9:45 Exercise
 10:30 Bingo
 1:30 Express Yourself
 3:00 Neighbourhood Time

30
 9:45 Exercise
 10:30 TV Church
 11:00 Short stories
 1:30 Table Ball
 3:00 Neighbourhood Time

31
 9:45 Exercises
 10:30 For the spirit
 11:00 Table Ball
 1:30 Craft with Maria
 3:00 Planting Friendships

Newbery (NB) Sandhills (SH)
 Trussler (TL) Waldau (WD)
 Strasburg (SB) Haysville (HV)
 Aberdeen (AB) Eby (EB)
 Roseville (RV)
 Kingsdale (KD)

Ret. Williamsburg/Beckers (WB)
 Ret. Egerton (EG)
 Ret. Emmas (EM)

LTC Pinehave Community Room (PPC)
 LTC Chapel Room (CR)
 Ret. John Sweeney Community Room (JS)
 Ret. fireside Lounge (FS)
 Ret. Hobby Room (HR)

Never Iron a Four-leaf
 Clover you Don't want to
 Press your Luck

MARCH

Special Events for March

Date Event Time/Location

- March 5 Clay Crafting Program with Susan 2:00 Pinehaven room
March 7 Entertainment with Hubert Hynes 2:00 Strasburg
March 7 Entertainment with Hubert Hynes 3:30 Waldau
March 10 Entertainment with Henry Winter 3:00 Sandhills
March 11 Timbit Day All Neighbourhoods
March 12 PEGtalks 2:00 Haysville
March 12 Entertainment with Tom Denomme 6:15 Trussler
March 13 Entertainment with Erin Marie 2:00 Aberdeen
March 13 Entertainment with Erin Marie 3:30 Newberry
March 16 Apostolic Hymn Sing 1:30 Strasburg
March 17 St. Patrick's Day Party 2:00 Retirement Dining Room
March 19 Entertainment with Kevin Coates 2:00 Waldau
March 19 Entertainment with Kevin Coates 3:30 Kingsdale
March 19 Waterloo Region Museum Program 2:00pm Newberry
March 19 Entertainment with Tom Denomme 6:15 Eby
March 22 Sing Out with Beth and Cindy 2:00 Strasburg
March 25 Entertainment with Bob MacLean 2:00 Eby
March 25 Entertainment with Bob MacLean 3:30 Roseville
March 27 Entertainment with Tom Denomme 6:15 Newberry
March 28 Entertainment with Jontue 2:00 Strasburg
March 28 Entertainment with Jontue 3:30 Waldau
March 31 Entertainment with Leavin Tracks 2:00 Haysville

Ramadan

We have set aside space in the Long-Term Care, Worship Space for those who would like a private place to pray. If our residents or team need anything else during this time, please let one of the Spiritual Care Leads know.

Lent

This time of reflection and preparation start on March 5th and leads up to Easter. Christians mark this with fasting, extra Bible Study and prayers. If additional support is needed please reach out to one of the Spiritual Care lads

Purim - Jewish

This is a celebration of the story of Queen Esther who foiled a plot to kill all the Jews by the notorious Haman. The story is retold in pantomime style with lots of opportunity to boo the bad guys, applaud the good ones, and generally have a lot of fun. Everyone is invited to dress up in costume.

Shri Ramakrishna Jayanti - Hindu

A celebration of the anniversary of Jayanathi, in 1836 who was a mystic and yogi ad known for his message of the harmony of religions.

Holi

Holi is a popular and significant Hindu festival celebrated as the Festival of Colours, Love, and Spring. It celebrates the eternal and divine love of the deities Radha and Krishna.

Birthday for March



Ruth Jastrau	March 5th
Lynda Martininelli	March 7th
Allan Brown	March 11th
Bonnie Gannon	March 29th
Grace O'Krafka	March 30th

Bus Outing

March 3:	Walmart	9:30 am
March 5:	Dollar Store	9:30 am

Limited Number & Weather Permitted

