Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
MAF Trussler	RCH				* *	1 10:30 Rosary (PC) 2:00 Active Games 3:00 Hand Therapy	
2	3	4	5 Ash Wednesday	6	7	8 Women's Day	
10:15 Sunday TV Mass 10:45 TV Church Service 2:00 Baking	10:15 Exercises 11:00 Horticulture 1:30-3:00 For the Spirit 3:30 Decorating	10:00 Worship Service (EB) 11:00 Total Body Fitness 1:30 Manicures 3:00 Music Therapy	10:30 Catholic Mass 1:00 Ash Wednesday Service 2:45 Bowling	10:00 Total Body Fitness 2:00 Friendly Visits 3:00 BINGO (TL) 6:15 Movie Night	10:30 Exercises 11:30 Neighbourhood Time 2:00 Sing Along 3:30 Colour Me Calm	10:30 Creative Corner 2:00 Horseracing 3:00 Hand Therapy	
9 Daylight Saving Time	10	11 Timbit Day	12	13	14	15	
Begins 10:30 TV Church 11:00 Indoor Walks 2:00 Baking	10:15 Exercises 11:00 Horticulture 1:30-3:00 For the Spirit 3:00 Winter Stories	10:00 Worship Service (EB)11:00 Total Body Fitness1:30 Manicures3:00 Music Therapy	10:30 Lutheran Comm. 11:30 Brains & Banter 2:00 Zumba (NB) 6:15 Tom Denomme Performs	10:00 Total Body Fitness 2:00 Friendly Visits 3:30 Erin Marie Performs 6:15 Horseracing	10:30 Exercises 11:30 Neighbourhood Time 2:00 Shamrock Shake Social 3:30 Colour Me Calm	10:30 Creative Corner 2:00 Active Games 3:00 Hand Therapy	
16	17 St. Patrick's Day	18	19	20 First Day of Spring	21	22	
10:30 TV Church 11:00 Indoor Walks 2:00 Baking	10:30 Exercises 11:00 Horticulture 11:30 Irish Trivia 2:45 Hand Wax Therapy 3:00 St. Patrick's Social	10:00 Worship Service (EB)11:00 Total Body Fitness1:30 Manicures3:00 Music Therapy	10:30 Anglican Comm. 2:00 Musuem Presentation	10:00 Total Body Fitness 2:00 Friendly Visits 3:00 BINGO	10:30 Exercises 11:30 Neighbourhood Time 2:00 Sing Along 3:30 Colour Me Calm	10:30 Creative Corner 2:00 Horseracing 3:00 Hand Therapy	
23	24	25	26	27	28	29 Eid -al- Fitr	
10:30 TV Church 11:00 Indoor Walks 2:00 Manicures	10:15 Exercises 11:00 Horticulture 1:45 Food Comm. Meeting 1:30-3:00 For the Spirit 3:00 Winter Stories	10:00 Worship Service (EB) 11:00 Total Body Fitness 1:30 Manicures 3:00 Music Therapy	10:30 Yoga 10:30 Protestant Comm. 11:30 Brains & Banter 2:15 Bowling	10:00 Total Body Fitness2:00 Friendly Visits3:00 BINGO6:15 Tom Denomme Performs	11:00 Mall Bus Outing 3:30 Colour Me Calm	10:30 Creative Corner 2:00 Active Games 3:00 Hand Therapy	
30	31		Legend				
10:30 TV Church 11:00 Indoor Walks	10:15 Exercises 11:00 Horticulture					te/Announcement: e back of calendar for	
2:00 Baking	2:00 Tea & Treats		MF– Main Floor TS—Town Square		IFC — Main Floor Café Village C—Patio Courtyard	e Wide Events	
			SC—Social Club	JPL — Jack Purcell Lounge	,,,		

MARCH

Entertainment

Wed Mar 5 2:00 Clay Craft Program With Susan -Pinehaven Room Fri Mar 7 2:00 Hubert Hynes - Strasburg Fri Mar 7 3:30 Hubert Hynes Waldau Mon Mar 10 3:00 Henry Winter - Sandhills Wed Mar 12 2:00 PEGtalks - Haysville Wed Mar 12 6:15 Tom Denomme - Trussler Thurs Mar 13 2:00 Erin Marie - Aberdeen Thurs Mar 13 3:30 Erin Marie - Newberry Sun Mar 16 1:30 Apostolic Hymn Sing - Strasburg Mon Mar 17 2:00 ST. Patrick's Day Party -**Retirement Dining Room** Wed Mar 19 2:00 Kevin Coates - Waldau Wed Mar 19 2:00 Waterloo Region Museum **Program - Newberry** Wed Mar 19 3:30 Kevin Coates - Kingsdale Sat Mar 22 2:00 Sing out with Beth and Cindy -Strasburg Tues Mar 25 3:30 Bob MacLean - Roseville Fri Mar 28 2:00 Jontue – Strasburg Fri Mar 28 3:30 Jontue - Waldau Mon Mar 31 2:00 Leavin Tracks - Haysville

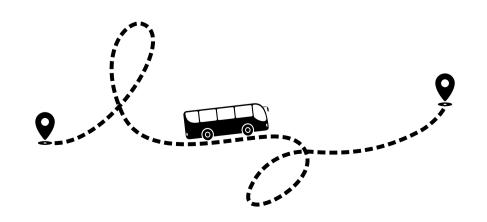
March Birthdays

11th - Shirley Steinberg 18th - Mildred Lee



Bus Outings with Newberry

Tues. 18th @1:30 - Butterfly Conservatory Fri. 28th @11 - Fairview Park Mall



Religious Events in March

Ramadan - Muslim

We have set aside space in the Long-Term Care, Worship Space for those who would like a private place to pray. If our residents or team need anything else during this time, please let one of the Spiritual Care Leads know.

Lent - Christian This time of reflection and preparation start on March 5th and leads up to Easter. Christians mark this with fasting, extra Bible Study and prayers. If additional support is needed please reach out to one of the Spiritual Care lads.

Purim - Jewish This is a celebration of the story of Queen Esther who foiled a plot to kill all the Jews by the notorious Haman. The story is retold in pantomime style with lots of opportunity to boo the bad guys, applaud the good ones, and generally have a lot of fun. Everyone is invited to dress up in costume.

A celebration of the anniversary of Jayanthi, in 1836 who was a mystic and yogi ad known for his message of the harmony of religions.

<u>Shri Ramakrishna Jayanti - Hindu</u>