

# FEBRUARY

## Neighbourhoods of Williamsburg and Becker

### Legend

C—Chapel

TH—Town Hall

MF— Main Floor

TS—Town Square

SC—Social Club

FE—Front Entrance

L—Library

EM—Emma's

HS—Hobby Shop

JPL — Jack Purcell Lounge

BP— Back Patio

FC—Fitness Centre

MFC — Main Floor Café

PC—Patio Courtyard

### Announcement:

Welcome to our new Recreation calendar! Please be sure to check the back of this page for additional program info and always check the daily activity boards for updates or changes to the activity schedule.

| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday  |
|--|--|--|--|---|--|---|
|  |  |  |  |   |  |   |
| <p><b>2 Groundhog Day</b><br/>           10:15 Daily Chronicle MFC<br/>           11:00 DrumFIT FC<br/>           2:15 Brain Game Package Pick-up HS<br/>           3:00 Spiritual Care Resource Pick-up C<br/>           4:00 Sunday TV Series: "Waiting for God" TH</p>  | <p><b>3</b><br/>           10:00 Better Balance (Standing) FC<br/>           11:00 Guided Meditation HS<br/>           1:30 Reminiscing Group L<br/>           2:00 Get Active (Seated) FC<br/>           2:30 Resident Euchre Group SC<br/>           3:30 Musical Bingo HS<br/>           7:30 Musical Mondays: "Julie Andrews' Favourite Songs" TH</p>                                      | <p><b>4</b><br/>           10:30 Meeting of Minds Discussion Group TH<br/>           10:30 Piano Music w/ Karen Guitard TS<br/>           2:30 Art Hour HS<br/>           3:30 Stretch Class FC<br/>           7:30 Trivia Night HS<br/>           7:30 Senior Fireside Chat: "Are credit cards a blessing for the world's economy?" TH</p>                              | <p><b>5</b><br/>           9:30 VON Exercise Class FC<br/>           10:15 Get Active (Standing) FC<br/>           10:30 Men's Conversation Connection C<br/>           3:00 Golden Oldies Sing-along SC<br/>           2:30 &amp; 7:30 Movie: "Guess Who's Coming to Dinner" TH</p>   | <p><b>6</b><br/>           10:00 Chair Yoga FC<br/>           10:30 Bible Study C<br/>           10:30 Giant Crossword L<br/>           2:30 TV Series: The Crown TH<br/>           3:00 Gentle Exercise FC<br/>           3:45 DrumFIT FC<br/>           7:30 Bingo! HS</p>  | <p><b>7</b><br/>           9:30 VON Exercise Class FC<br/>           2:30 Hand Therapy HS<br/>           2:30 Resident Euchre Group SC<br/>           2:30 &amp; 7:30 Movie: "High Society" TH</p>   | <p><b>8</b><br/>           10:15 Morning Smoothies MFC<br/>           11:15 Balloon Volleyball FC<br/>           1:30 Short Stories Pick-up HS<br/>           2:30 Movie Matinee: "Crocodile Dundee 1" TH<br/>           2:30 Balance Class FC<br/>           3:00 Happy Hour MFC</p> |
| <p><b>9 Super Bowl Sunday</b><br/>           10:15 Specialty Coffee MFC<br/>           11:00 DrumFIT FC<br/>           2:15 Brain Game Package Pick-up HS<br/>           3:00 Chapel Service C<br/>           3:30 Super Bowl Sunday Snack Stand TS<br/>           4:00 Sunday TV Series: "Waiting for God" TH</p> | <p><b>10</b><br/>           10:00 Better Balance (Standing) FC<br/>           10:30 Catholic Communion C<br/>           11:00 Guided Meditation TH<br/>           1:30 Shake Loose Game L<br/>           2:00 Get Active (Seated) FC<br/>           2:30 Resident Euchre Group SC<br/>           3:30 Musical Bingo HS<br/>           7:30 Musical Mondays: "Beethoven Piano Concertos" TH</p> | <p><b>11</b><br/>           10:30 Meeting of Minds Discussion Group TH<br/>           2:30 Art Hour: Valentine Suncatchers HS<br/>           3:30 Stretch Class FC<br/>           3:45 Outings Meeting HS<br/>           7:30 Trivia Night HS<br/>           7:30 Senior Fireside Chat: "What are the strengths and weaknesses of Canada's immigration policies?" TH</p> | <p><b>12</b><br/>           9:30 VON Exercise Class FC<br/>           10:15 Get Active (Standing) FC<br/>           10:30 Docuseries: "Secrets of Historic Britain" TH<br/>           10:45 Word Games HS<br/>           3:00 Happy Hour MFC<br/>           3-4 Bookmobile FE<br/>           2:30 &amp; 7:30 "Six Triple Eight" TH<br/>           Vendor: Creations Boutique 10-2 HS</p> | <p><b>13</b><br/>           10:00 Chair Yoga FC<br/>           10:30 Bible Study C<br/>           2:30 Resident Armchair Travel: Exploring the Virgin Islands w/ Morley Kipp TH<br/>           3:00 Gentle Exercise FC<br/>           3:30 Movie Crew Meeting HS<br/>           3:45 DrumFIT FC<br/>           7:30 Bingo! HS</p> | <p><b>14 Valentine's Day</b><br/>           9:30 VON Exercise Class FC<br/>           2:30 Hand Therapy HS<br/>           2:30 Resident Euchre Group SC<br/>           3:00 Valentine's Day Social w/ Music by Katie Lammert TS<br/>           7:15 Popcorn Pick-up TH<br/>           2:30 &amp; 7:30 Movie: "Sleepless in Seattle" TH</p> | <p><b>15</b><br/>           10:15 Morning Smoothies MFC<br/>           11:15 Balloon Volleyball FC<br/>           1:30 Short Stories Pick-up HS<br/>           2:30 Movie Matinee "Goldfinger" TH<br/>           2:30 Balance Class FC<br/>           3:00 Happy Hour MFC</p>         |

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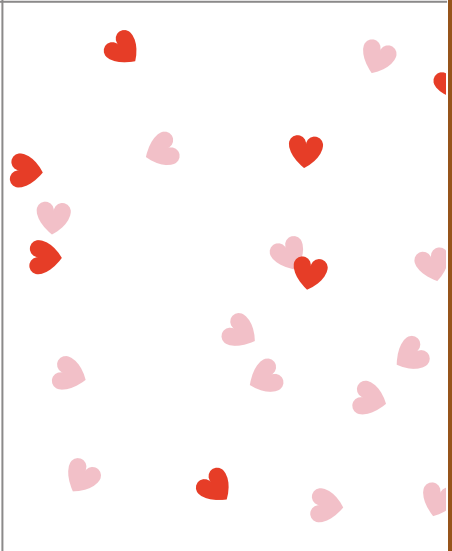
MFC — Main Floor Café

PC—Patio Courtyard

### February is:

Black History Month and Heart Month!

Check out our Black History Month films on Wednesdays

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday   |
|--|---|--|---|--|--|--|
| <p><b>16</b></p> <p>10:15 Specialty Coffee MFC<br/>11:00 DrumFIT FC<br/>2:15 Brain Game Package<br/>Pick-up HS<br/>3:00 Chapel Service C<br/>4:00 Sunday TV Series:<br/>"Waiting for God" TH</p> | <p><b>17 Family Day</b></p> <p>10:00 Better Balance<br/>(Standing) FC<br/>10:30 Catholic Communion C<br/>11:00 Guided Meditation TH<br/>2-4 Board Game Café MFC<br/>2:00 Get Active (Seated) FC<br/>2:30 Resident Euchre Group SC<br/>3:30 Musical Bingo HS<br/>7:30 Musical Mondays:<br/>"Charlie Pride Live in Canada"<br/>TH</p> | <p><b>18 National Wine Day</b></p> <p>10:30 Meeting of Minds<br/>Discussion Group TH<br/>10:30 Piano Music w/ Karen<br/>Guitard TS<br/>3:00 Wine &amp; Cheese Tasting HS<br/>*Sign-up Only<br/>3:30 Stretch Class FC<br/>7:30 An Evening of Robert<br/>Burns TH<br/>Vendor:<br/>Cameron Cards 10:30-2 TS</p>         | <p><b>19</b></p> <p>9:30 VON Exercise Class FC<br/>10:15 Get Active (Standing) FC<br/>10:30 Docuseries: "Secrets of<br/>Historic Britain " TH<br/>10:30 Men's Conversation<br/>Connection C<br/>10:45 Word Games HS<br/>3:00 Happy Hour w/ Music by<br/>Alchemy Unplugged MFC<br/>2:30 &amp; 7:30 Movie: "Selma" TH</p>     | <p><b>20</b></p> <p>10:00 Chair Yoga FC<br/>10:30 Bible Study C<br/>10:30 Giant Crossword L<br/>2:30 TV Series: The Crown TH<br/>3:00 Gentle Exercise FC<br/>3:00 Birthday Party HS<br/>4:15 DrumFIT FC<br/>7:30 Bingo! HS</p>       | <p><b>21</b></p> <p>9:30 VON Exercise Class FC<br/>2:30 Hand Therapy HS<br/>2:30 Entertainment: A Record<br/>Day Combo TH<br/>2:30 Resident Euchre Group SC<br/>7:15 Popcorn Pick-up TH<br/>7:30 Movie: "Top Gun<br/>Maverick" TH</p>      | <p><b>22</b></p> <p>10:00 Coldest Night of the<br/>Year Fundraiser MFC<br/>11:15 Balloon Volleyball FC<br/>1:30 Short Stories Pick-up HS<br/>2:30 Movie Matinee: "Peanut<br/>Butter Falcon" TH<br/>2:30 Balance Class FC<br/>3:00 Happy Hour MFC</p> |
| <p><b>23</b></p> <p>10:15 Specialty Coffee MFC<br/>11:00 DrumFIT FC<br/>2:15 Brain Game Package<br/>Pick-up HS<br/>3:00 Chapel Service C<br/>4:00 Sunday TV Series:<br/>"Waiting for God" TH</p> | <p><b>24</b></p> <p>10:00 Better Balance<br/>(Standing) FC<br/>10:30 Catholic Communion C<br/>11:00 Guided Meditation TH<br/>2:00 Get Active (Seated) FC<br/>2:30 Resident Euchre Group SC<br/>3:00 New Year Social w/ Music<br/>by Andy De Campos TS<br/>7:30 Musical Mondays:<br/>"Chords of the Chinese New<br/>Year" TH</p>     | <p><b>25</b></p> <p>10:30 Meeting of Minds<br/>Discussion Group TH<br/>10:30 Lunch Outing: Red<br/>Lobster *Sign-up Only<br/>2:30 Baking: Cupcakes<br/>3:30 Stretch Class FC<br/>7:30 Trivia Night HS<br/>7:30 Senior Fireside Chat:<br/>"Should we abandon the first<br/>past the post electoral system"<br/>TH</p> | <p><b>26 Pink Shirt Day</b></p> <p>9:30 VON Exercise Class FC<br/>10-12 Pink Shirt Day Bake<br/>Sale TS<br/>10:15 Get Active (Standing) FC<br/>10:30 Docuseries: " Secrets of<br/>Historic Britain" TH<br/>10:45 Word Games HS<br/>2:30 Residents' Council<br/>Meeting TH<br/>3-4 Bookmobile FE<br/>3:45 Happy Hour MFC</p> | <p><b>27</b></p> <p>10:00 Chair Yoga FC<br/>10:30 Bible Study C<br/>2:30 Java Music Club L<br/>3:00 Gentle Exercise FC<br/>3:45 DrumFIT FC<br/>7:30 Bingo! HS</p> <p>Provincial Election<br/>9:00 AM to 9:00 PM<br/>in Town Hall</p> | <p><b>28</b></p> <p>9:30 VON Exercise Class FC<br/>2:30 Hand Therapy HS<br/>2:30 Resident Euchre Group SC<br/>7:15 Popcorn Pick-up TH<br/>2:30 &amp; 7:30 Movie: "Rescued<br/>by Ruby" TH</p> <p>Vendor:<br/>Adrian's Fashions 10-2 HS</p> |    |

### Meetings:

*Outings Meeting* - Tuesday, February 11 at 3:45 PM - Hobby Shop

*Movie Crew Meeting* - Thursday, February 13 at 3:30 PM - Hobby Shop

\*Everyone is welcome to attend

### Outings:

*Red Lobster* - Tuesday, February 25 - Leaving at 10:30 AM

\*Sign-up outside the Hobby Shop

*Independent Shopping Shuttle* - Thursdays at 10:00 AM and 2:00 PM

\*No Shopping Shuttle Thursday, February 20

### Highlights:

*Valentine's Day Social* - Friday, February 14 at 3:00 PM - Main Floor Café

*Family Day Board Game Café* - Monday, February 17 from 2:00 PM - 4:00 PM - Main Floor Café

*Wine and Cheese Tasting* - Tuesday, February 18 at 3:00 PM - Hobby Shop \*Sign-up outside the HS

*An Evening of Robert Burns* - Tuesday, February 18 at 7:30 PM - Town Hall

*Neighbourhood Birthday Party* - Thursday, February 21 at 3:00 PM - Hobby Shop

*Coldest Night of the Year Fundraiser* - Saturday, February 22 at 10:00 AM - Main Floor Café

*New Year Social* - Monday, February 24 at 3:00 PM - Town Square

*Pink Shirt Day Bake Sale* - Wednesday, February 26 from 10:00 AM - 12:00 PM - Town Square

*Residents' Council Meeting* - Wednesday, February 26 at 2:30 PM - Town Hall

### Provincial Election

Thursday, February 27

9:00 AM - 9:00 PM

in Town Hall

### Please Note:

Program dates, times,  
and locations are  
subject to change.