Sunday	Monday	Tuesday		Wednesday		Thursday	Friday	Saturday
<b>MAF</b> Waldau	RCH			€- *	*		* *	<b>1</b> 10:00 Active Games 11:00 Music & Dancing 2:00 Neighbourhood Time 4:00 Express Yourself
2 10:00 TV church 11:00 Brain and Banter 2:00 Music & Dancing 3:00 Neighbourhood Time	3 10:00 Neighbourhood Time 11:00 Manicures 2:00 Armchair Travelogue 3:00 Me & You	4Shrove Tuesday9:45 Music Therapy2:00 Reading Circle3:00 Neighbourhood Time4:00 Hand Massage6:00 Movie night		5Ash Wednesday10:30 Catholic Mass- RV11:00 Horticulture1:00 Ash Wednesday Service2:00 Manicures3:00 Music & Dancing4:00 Neighbourhood Time		6 10:00 For the Fun of Fit 11:00 Neighbourhood Time 2:15 Music Therapy 4:00 Calm Colouring	7 10:00 For the Spirit 11:00 Manicures 2:00 Brain and Banter 3:00 Fun and Fitness -PAL 3:30 Entertainment with Hubert Hynes	8 International Women's Day 10:00 Active Games 11:00 Music & Dancing 2:00 Neighbourhood Time 4:00 St .Patrick Day Craft
<ul> <li>Daylight Saving Time Begins</li> <li>10:00 TV church</li> <li>11:00 Brain and Banter</li> <li>2:00 Music &amp; Dancing</li> <li>3:00 Neighbourhood Time</li> </ul>	<b>10</b> 10:00 Neighbourhood Time 11:00 Balloon Toss 2:00 Brain and Banter 3:00 Me & You	<b>11Timbit Day</b> 9:45 Music Therapy2:00 Timbit Social3:00 Neighbourhood Time4:00 Me & You6:00 Movie night		<b>12</b> 10:00 Neighbourhood Time 10:30 Lutheran Communion- PHCC 11:00 Exercise 2:00 Manicures 3:00 Music & Dancing		<b>13Purim</b> 10:00 For the Fun of Fit11:00 Neighbourhood Time2:15 Music Therapy4:00 Calm Colouring	<b>14</b> 10:00 For the Spirit 11:00 Manicures 2:00 Brain and Banter 3:00 Fun and Fitness -PAL 4:00 Neighbourhood Time	<b>15</b> 10:00 Active Games 11:00 Music & Dancing 2:00 Neighbourhood Time 4:00 Express Yourself
<b>16</b> 10:00 TV church 11:00 Brain and Banter 2:00 Music & Dancing 3:00 Neighbourhood Time	<ul> <li>17 St Patricks Day</li> <li>10:00 Neighbourhood Time</li> <li>11:00 Manicures</li> <li>2:30 St Patrick Social</li> <li>3:00 Me &amp; You</li> </ul>	<b>18</b> 9:45 Music Therapy 2:00 Reading Circle 3:00 Neighbourhood Time 4:00 Hand Massage 6:00 Movie night		<b>19</b> 10:00 Neighbourhood Time 11:00 Manicures 2:00 Entertainment with Kevin Coates 3:30 Music & Dancing		20 First Day of Spring 10:00 For the Fun of Fit 11:00 Neighbourhood Time 2:15 Music Therapy 4:00 Calm Colouring	21 10:00 For the Spirit 11:00 Manicures 2:00 Brain and Banter 3:00 Fun and Fitness -PAL 4:00 Neighbourhood Time	22 10:00 Active Games 11:00 Music & Dancing 2:00 Neighbourhood Time 4:00 Express Yourself
23 10:00 TV church 11:00 Brain and Banter 2:00 Neighbourhood Time 3:00 Me&You	24 10:00 City Drive 11:00 Manicures 2:00 Resident Meeting 3:00 Neighbourhood Time	25 9:45 Music Therapy 2:00 Reading Circle 3:00 Neighbourhood Time 4:00 Hand Massage 6:00 Movie night		26 10:00 Exercise 10:30 Protestant Communion- PC 11:00 Horticulture 2:00 Manicures 3:00 Neighbourhood Time		27 10:00 For the Fun of Fit 10:15 Resident Council Meeting 11:00 Java Music 2:15 Music Therapy 4:00 Calm Colouring	28 10:00 For the Spirit 11:00 Manicures 2:00 Brain and Banter 3:00 Fun and Fitness -PAL 3:30 Entertainment with Jontue	<b>29 Eid al-Fitr</b> 10:00 Active Games 11:00 Music & Dancing 2:00 Neighbourhood Time 4:00 Express Yourself
<b>30</b> 10:00 TV church 11:00 Brain and Banter 2:00 Neighbourhoood tTime 3:00 Me & You	31 International Transgender Day of Visibility 10:00 Neighourhood Time 11:00 Manicures 1:45 Food Committee-PCC 2:00 Brain and Banter 3:00 Me&You		Trussler Waldau Eby (EB) Strasbur Aberdee	(WD) Hay Ne g (SB) Kin	ndhills (SH) ysville (HV) wberry (NB) gsdale (KD) seville (RV)	Williamsburg/Becker (WB) Ret. Egerton (EG) Ret. Emmas (EM) Pinehaven Community Roc LTC Chapel Room (CR)	Ret. John Sween Room (JS) om (PC)	ey Community

# MARCH

## **Entertainment :**

Wed Mar 5 2:00 Clay Craft Program With Susan - Pinehaven Room Fri Mar 7 2:00 Hubert Hynes - Strasburg Fri Mar 7 3:30 Hubert Hynes Waldau Mon Mar 10 3:00 Henry Winter - Sandhills Wed Mar 12 2:00 PEGtalks - Haysville Wed Mar 12 6:15 Tom Denomme - Trussler Thurs Mar 13 2:00 Erin Marie - Aberdeen Thurs Mar 13 3:30 Erin Marie - Newberry Sun Mar 16 1:30 Apostolic Hymn Sing -Strasburg Mon Mar 17 2:00 ST. Patrick's Day Party -**Retirement Dining Room** Wed Mar 19 2:00 Waterloo Region Museum Program - Newberry Wed Mar 19 3:30 Kevin Coates - Kingsdale Sat Mar 22 2:00 Sing out with Beth and Cindy - Strasburg Tues Mar 25 2:00 Bob MacLean - Eby Tues Mar 25 3:30 Bob MacLean - Roseville Fri Mar 28 2:00 Jontue – Strasburg Mon Mar 31 2:00 Leavin Tracks - Haysville



### Monday, March 24th, 10:00 am

Please sign up with Simran Recreation Team Member.

We have set aside space in the Long-Term Care, Worship Space for those who would like a private place to pray. If our residents or team need anything else during this time, please let one of the Spiritual Care Leads know.

This time of reflection and preparation start on March 5th and leads up to Easter. Christians mark this with fasting, extra Bible Study and prayers. If additional support is needed please reach out to one of the Spiritual Care lads.

A celebration of the anniversary of Jayanthi, in 1836 who was a mystic and yogi ad known for his message of the harmony of religions.

#### **Religious Events in March**

#### Ramadan - Muslim

#### Lent - Christian

#### **Purim - Jewish**

This is a celebration of the story of Queen Esther who foiled a plot to kill all the Jews by the notorious Haman. The story is retold in pantomime style with lots of opportunity to boo the bad guys, applaud the good ones, and generally have a lot of fun. Everyone is invited to dress up in costume.

#### Shri Ramakrishna Jayanti - Hindu