Sunday Monday Tuesday Wednesday Thursday Friday Saturday

MARCH

Lasalle Neighbourhood



2	3	4	5 Ash Wednesday	6 National Oreo Cookie Day	7	8 International Women's Day
10:00 On-Line Church 11:00 Hymn Sing	9:30 Fitness Class 11:00 Music Therapy	10:30 Zumba (Chapel)	11:00 Chapel Service 2:00 Axe Throwing	9:30 Fitness Class 10:30 Ceramics (CC)	10:00 Word in a Word 2:00 In the Kitchen	10:00 Ladies' Tea & Chats
2:00 Parachute Fun	2:00 "Three" Game	2:00 Crafty Creation	6:15 Cheeto's and Chats	2:00 Java Music Club 6:00 Oreo's & Trivia	'Rice Krispies' 3:00 Greenhouse Club	2:00 Crafty Creation 'Name Art'
9	10	11	12 Main Street Shopping Today!	13	14	15
10:00 History of Sports Cars 2:00 Armchair Travel	9:30 Fitness Class 11:00 Music Therapy 2:00 Shamrock Shakes & Crafts	10:30 Zumba (BR Family Rm) 2:00 Reminiscing "Tools"	10:00 Trivia 11:00 Chapel Service 2:00 Main Street Chats	9:30 Fitness Class 2:00 Shoot the Moon 3:00 Music with Ernie 6:00 Moon Pies & Trivia	10:00 You Be the Judge 2:00 BINGO 3:00 Greenhouse Club	10:00 Manicures 2:00 Crafty Creation "Paper Flowers"
10:00 On-Line Church 11:00 Green Word List 2:00 Bowling	9:30 Fitness Class 11:00 Music Therapy 2:00 St. Patrick's Social	8:00 Breakfast Bunch (CC) 10:30 Zumba (Chapel) 2:00 Catholic Mass (Chapel) 2:00 Music & Massage	2:00 March Madness Basketball Challenge on MS 6:30 Pub Night (Chapel) with Terry Raisbeck	9:30 Fitness Class 10:30 Ceramics (CC) 2:00 Spreading Happiness 2:00 Resident Council (Chapel) 6:00 Evening FUN!	10:00 Armchair Travel 'Amazon Rainforest' 2:00 Java Music Club 3:00 Greenhouse Club	10:00 Table Tennis 2:00 In the Kitchen 'Rainbow Cookies'
10:00 Fun and Games 2:00 Armchair Travel	9:30 Fitness Class 11:00 Music Therapy	Main Street Shopping Today! 10:30 Zumba (Chapel)	10:00 Sensory Baking 11:00 Chapel Service	9:30 Fitness Class 2:00 Grand Slam Shuffle Game	10:00 Colouring & Chats 2:00 BINGO 3:00 Greenhouse Club	10:00 Painting Pals 2:00 Coca Cola History & Treats
'Dubai' 2:00 Banwell Community Church (Chapel)	2:00 Colour Your World	2:00 Food Committee (Chapel) 2:00 Main Street Chats	2:00 Decorating Cupcakes	3:00 Baseball Bloopers 6:00 Baseball Trivia	5.00 Greenhouse Club	

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10:00 On-Line Church 11:00 Hymn Sing 2:00 Crafty Creations

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9:30 Fitness Class 11:00 Music Therapy 2:00 Painting Pals

Wisdom of the Elder Question Series

What practices or attitudes helped you navigate difficult times and build resilience?

