

Sunday

Monday

Tuesday

Wednesday

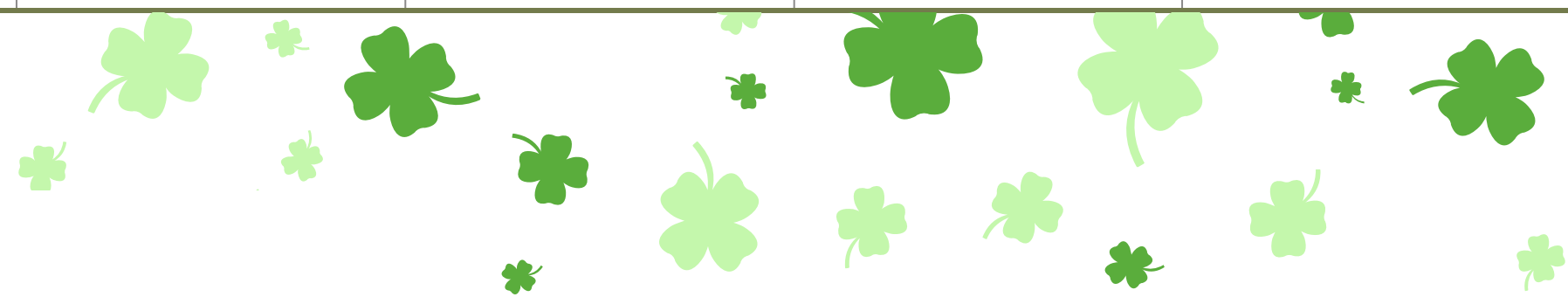
Thursday


Friday

Saturday

# MARCH

## Tecumseh Neighbourhood



<p><b>2</b> 10:00 On-line Church Service 2:30 Circle of Friends</p>	<p><b>3</b> 10:30 For the Fun of Fit 2:30 Music Therapy 6:00 Evening Fun!</p>	<p><b>4</b> 9:30 Fitness Class 10:30 Zumba (Chapel) 2:30 Picture Bingo</p>	<p><b>5</b> <b>Ash Wednesday</b> 10:00 Manicures 2:30 Express Yourself</p>	<p><b>6</b> 9:30 Ceramics (CC) 10:00 In the Kitchen 2:00 Brains &amp; Banter 3:30 Fitness Class</p>	<p><b>7</b> 10:00 Mental Aerobic 11:00 Chapel Service 2:30 BINGO 3:00 Fitness Class 6:00 Evening FUN!</p>	<p><b>1</b> 10:00 For the Fun of Fit 2:30 Brains &amp; Banter</p>
<p><b>9</b> 10:30 Musical Moments 2:00 For the Fun of Fit 3:00 Parkwood Gospel Church (Chapel)</p>	<p><b>10</b> 10:30 Express Yourself 2:30 Music Therapy 6:00 Evening FUN!</p>	<p><b>11</b> 9:30 Fitness Class 10:30 Zumba (BR Family Rm) 2:30 Java Music Club</p>	<p><b>12</b> Main Street Shopping Today! 10:00 Manicures 2:30 Express Yourself 6:00 Evening FUN!</p>	<p><b>13</b> 10:00 In the Kitchen 2:00 Music with Ernie 3:30 Fitness Class</p>	<p><b>14</b> 10:00 Picture Bingo 11:00 Chapel Service 2:30 For the Fun of Fit 6:00 Evening FUN!</p>	<p><b>8</b> 10:00 Main Street Strolls 2:30 Social Time 6:00 Evening FUN!</p>
<p><b>16</b> 10:00 On-line Church Service 2:30 Circle of Friends</p>	<p><b>17</b> <b>St Patrick's Day</b> 10:30 Brains &amp; Banter 2:30 Music Therapy 6:00 Evening Fun! - with Lynn</p>	<p><b>18</b> 8:00 Breakfast Bunch 9:30 Fitness Class 10:30 Zumba (Chapel) 2:00 Catholic Mass (Chapel)</p>	<p><b>19</b> 10:00 Manicures 2:00 March Madness Basketball Challenge on MS 6:30 Pub Night (Chapel) with Terry Raisbeck</p>	<p><b>20</b> 9:30 Ceramics (CC) 10:00 In the Kitchen 2:00 Circle of Friends 3:30 Fitness Class</p>	<p><b>21</b> 10:00 Mental Aerobic 2:30 BINGO 6:00 Evening FUN!</p>	<p><b>15</b> 10:30 For the Fun of Fit 2:30 Brains &amp; Banter</p>
<p><b>23</b> 10:30 Music &amp; Massage 2:00 Banwell Community Church (Chapel) 6:00 Evening FUN!</p>	<p><b>24</b> 10:30 In the Kitchen 2:30 Music Therapy 6:00 Evening Fun!</p>	<p><b>25</b> Main Street Shopping Today! 9:30 Fitness Class 10:30 Zumba (Chapel) 2:30 Java Music Club</p>	<p><b>26</b> 10:00 Manicures 2:30 BINGO 6:00 Evening FUN!</p>	<p><b>27</b> 10:00 In the Kitchen 2:00 Circle of Friends 3:30 Fitness Class</p>	<p><b>22</b> 10:00 Main Street Strolls 2:30 Social Time 6:00 Evening FUN!</p>	<p><b>28</b> 10:00 Brains &amp; Banter 11:00 Chapel Service 2:30 Musical Moments 6:00 Evening FUN!</p>
<p><b>30</b> 10:00 On-line Church Service 2:30 Circle of Friends</p>	<p><b>31</b> 10:30 Circle of Friends 2:30 Music Therapy 6:00 Evening Fun!</p>	<div data-bbox="1423 1697 3039 1971" style="border: 1px solid black; padding: 10px;"> <p><b>Wisdom of the Elder Question Series</b> What practices or attitudes helped you navigate difficult times and build resilience?</p>  </div>				

**Wisdom of the Elder Question Series**  
What practices or attitudes helped you navigate difficult times and build resilience?

