

APRIL

Tecumseh Neighbourhood

Wisdom of the Elder Question Series

How has continuous learning and personal growth impacted your overall well-being?



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Fitness Class 10:30 Zumba (Chapel)	2 10:00 Manicures 2:30 BINGO 6:00 Evening Fun!	3 9:30 Ceramics 10:30 In the Kitchen 2:00 Express Yourself 3:30 Fitness Class	4 10:00 Circle of Friends 2:30 Brains & Banter	5 Main Street Sale TODAY! 10:00 For the Fun of Fit 2:00 Social Time 6:00 Evening FUN!
6 9:00 Bunnies & Chicks(Library) 11:00 Hand Massages 2:00 Circle of Friends	7 10:30 Express Yourself 2:30 Music Therapy 6:00 Evening Fun	8 9:30 Fitness Class 10:30 Zumba (Chapel) 2:30 Java Time	9 Main Street Sale TODAY! (80s Workout Theme Day) 10:00 Manicures 2:30 Brains & Banter	10 10:30 In the Kitchen 2:00 Express Yourself 3:30 Fitness Class	11 10 :00 Circle of Friends 11:00 Chapel Service 2:30 For the Fun of Fit	12 10:00 For the Fun of Fit 2:30 Brains & Banter
13 Palm Sunday 10:00 Circle of Friends 2:30 Parkwood Gospel Church (Chapel)	14 10:30 For the Fun of Fit 2:30 Music Therapy 6:00 Evening Fun with Lynn	15 9:30 Fitness Class 10:30 Zumba (Chapel) 2:00 Catholic Mass (Chapel)	16 10:00 Manicures 2:00 Music with Bill	17 9:30 Ceramics 10:30 In the Kitchen 2:30 BINGO 3:30 Fitness Class 6:00 Evening FUN!	18 Good Friday 10:00 Good Friday Service 2:30 Brains & Banter 6:00 Evening FUN!	19 Pictures with the Easter Bunny 9:30am-11:30am - Library 2:00 Social Time
20 Easter Sunday 10:00 Brains & Banter 2:00 Express Yourself	21 Easter Monday 2:30 Musical Moments 6:00 Evening Fun	22 Earth Day 9:30 Fitness Class 10:00 Earth Day Event (MS) 2:00 Celebration of Life 2:30 Java Time !	23 10:00 Manicures 2:30 BINGO 6:30 Pub Night (Chapel) with Richard Senema	24 10:30 In the Kitchen 2:00 Express Yourself 3:30 Fitness Class 6:00 Evening FUN!	25 10:00 Circle of Friends 11:00 Chapel Service 2:30 Musical Moments	26 10:00 For the Fun of Fit 2:30 Brains & Banter 6:00 Evening FUN!
27 10:00 Circle of Friends 2:00 Banwell Community Church (Chapel) 6:00 Evening FUN!	28 Election Day 10:30 Express Yourself 2:30 Music Therapy 6:00 Evening Fun	29 8:00 Breakfast Bunch (CC) 9:30 Fitness Class 10:30 Zumba (Chapel)	30 10:00 Manicures 2:00 Music with Lee Wall			